**Swimmer’s Code of Conduct**

Swimmers will abide by these rules:

* Will always respect and show courtesy to teammates and coaches.
* Will demonstrate good sportsmanship at all practices and meets.
* Will set a good example of behavior and work ethic for younger teammates.
* Will be respectful of teammates’ feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
* Will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
* Will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
* If there is a disagreement with an official’s call, the coach and not the swimmer will approach the official directly.
* Will obey all of USA Swimming’s rules and codes of conduct.