**Where to get suits, caps, and goggles**

***Ordering Online***

There are also several places to buy swim equipment online.  Swimoutlet.com has good prices on suits, goggles, and caps (and free shipping over $49 with a 10% discount on your first order).  Metroswimshop.com also has good prices (with free shipping over $40).  If you buy from Metroswimshop.com, make sure to use the promo code "swim10" which will give you 10% off your total order (there are also daily discounts ranging from 15% to 20%--look on the home page for them).

If you go to either of these sites, you are likely to be overwhelmed by the choices and sizing.  So, here's a short tutorial:

Most girls wear sizes ranging from 22 to 32.  Generally a size 22 corresponds to a girl size 6, a 24 to a size 8, a 26 to size 10, a 28 to size 12, and a 30 for a size 14-16.  Sizing depends somewhat on the suit brand and most will provide sizing charts.  Speedo and The Finals brands runs a bit smaller than other brands (such as TYR, Sporti, Waterpro).  If you buy from swimoutlet.com, follow these clicks to get to suits that will work well for girls:  Swimwear🡪Women🡪Competition Swimwear🡪and then sort by "Price: low to high".   Generally Speedo, TYR, and The Finals suits hold up a bit longer (and are more expensive) than Sporti, Waterpro, and ClubSwim--but all these brands will last through the season. Girl suits range in price from $16 to $70.

Boys suits are a bit easier to size because the size designates waist circumference.  Most 8 year olds will wear around a 24, 10 year olds a 24-28, etc.  If you buy from swimoutlet.com, click:  Swimwear🡪Men🡪Jammers🡪and then sort by "Price: low to high."   Jammers are the knee length tight suits that most boys are comfortable wearing.  Boys suits range in price from $15 to $50.  Boys can also wear the brief type suits—these are making a comeback.

Goggle brands that fit younger kids are *TYR Swimple*, *TYR Flexframe*, *Speedo Skoogles*, and *Sporti Cabo Jr.* (for the smallest kids).  For bigger kids (10 and over), *Speedo Vanquisher Jr*. is a great choice, as is the *TYR Tracer*.  Even bigger kids (generally 13 and older) fit into *Vanquisher Women’s* or *Vanquisher* goggles (*Vanquisher Women’s* are slightly smaller than the *Vanguisher*). Goggles generally cost between $8 and $20 (depending on style and brand).  Practice caps come in lots of colors and designs--generally silicone caps are thicker and don't pull hair as much as latex ones, but cost a bit more.  Caps are relatively cheap ($4 to $14 depending on type and brand).  Kids should wear a STORM cap at all swim meets.

If you have any questions about swimsuit styles, brands, or sizing, please contact Julie Woodzicka ([woodzickaj@wlu.edu](mailto:woodzickaj@wlu.edu)).

***At the Bubble Pool***

Each swimmer is required to buy a STORM swim cap to wear to swim meets and can be purchased from Leslie Ayers.