



2020-2021 Stingrays Long Course Meet Schedule

Date	Meet Name/Description	Location	Meet Level
April 30-May 2	Helen Wang Sunflower Classic	JRSSC – Stafford, VA	All Levels/All Ages
May 13-16	Super Sectional Meet	CSAC – Richmond, VA	Qualifying Times – Prelims/Finals
June 5-6	Nova South Meet	CSAC – Richmond, VA	All Levels/All Ages
June 18-20	Quad Meet	CSAC – Richmond, VA	All Levels/All Ages – Prelim/Finals
June 25-27	WST Meet	Jim Barnet Park - Winchester, VA	All Levels/All Ages
July 9-11	Summer Awards (RAYS)	JRSSC – Stafford, VA	All swimmers with times slower than qualifying times for AG & SR Champs
July 15-18	Long Course Senior Champs	Liberty University – Lynchburg, VA	Qualifying Times – Prelims/Finals
July 22-25	Long Course Age Group Champs	CSAC – Richmond, VA	Qualifying Times – Prelims/Finals
July 29-August 1	USA Swimming’s Futures Champs	CSAC – Richmond, VA	Qualifying Times – Prelims/Finals

All meets listed in red are meets hosted by the Stingrays. Parent volunteers will be required. For any away meets, the pool address will be provided within each Meet Announcement so you may make your own reservations. Team Meet Hotel Blocks will be on the website – www.swimrays.org – to use at your convenience.