2019-2020 Stingrays Short Course Meet Schedule

Date	Meet Name/Description	Location	Meet Level
*October 19-20	RAYS Great Pumpkin Splash	JRSSC – Stafford, VA	All Levels/All Ages
November 9-10	WAC Meet	CSAC – Richmond, VA	All Levels/All Ages
November 22-24	SDS Swim & Rock Meet	Oak Marr RC – Oakton, VA	11 & up – AG I-SR Groups only Prelim/Finals
Dec 6-8	VSTP Invite	WARF – Warrenton, VA	Massad Y and JRSSC will attend All Levels/All Ages Prelim/Finals
Dec 6-8	STAT Invite	JRSSC – Stafford, VA	Rosner Y and King George Y will attend – All Levels/All Ages Prelim/Finals
December 11-14	Junior Nationals	Georgia Tech U – Atlanta, GA	Qualifying Times – Prelim/Finals
December 12-15	NBAC Christmas Invite	St. Mary's College, MD	13 & Over – 4+ A times 12 & Under – 2+ A times First come/First serve 80-100 swimmers; Prelim/Finals
*January 11-12	RAYS Jeff Rouse Meet	JRSSC – Stafford, VA	All Levels/All Ages
January 25-26	SRVA Meet	CSAC – Richmond, VA	All Levels/All Ages
February 14-16	District 12 & Under Champs	Colgan HS – Manassas, VA	12 & Under; No AG Champ times Prelim/Finals
*Feb 28-March 1	RAYS Region 13 & Older CH	JRSSC – Stafford, VA	13 & Older; No AG/SR CH times Prelim/Finals
March 5-8	Senior Champs	CSAC – Richmond, VA	Qualifying Times – Prelim/Finals

March 12-15	Age Group Champs	Christiansburg AC - VT	Qualifying Times/14 & Under Prelim/Finals
March 17-21	NCSA Junior Nationals	Orlando, FL	Qualifying Times – Prelim/Finals
March 26-29	SC Super Sectionals	Christiansburg AC - VT	Qualifying Times – Prelim/Finals

All meets listed in red are meets hosted by the Stingrays. Parent volunteers will be required.

For any away meets, the pool address will be provided within each Meet Announcement so you may make your own reservations. Team Meet Hotel Blocks will be on the website – www.swimrays.org – to use at your convenience.