



2019-2020 Stingrays Short Course Meet Schedule

DATE	MEET NAME/DESCRIPTION	LOCATION	MEET LEVEL
*October 19-20	RAYS Great Pumpkin Splash	JRSSC – Stafford, VA	All Levels/All Ages
November 9-10	WAC Meet	CSAC – Richmond, VA	All Levels/All Ages
November 22-24	SDS Swim & Rock Meet	Oak Marr RC – Oakton, VA	11 & up – AG I-SR Groups only Prelim/Finals
December 6-8	VSTP Invite	WARF – Warrenton, VA	Massad Y and JRSSC will attend All Levels/All Ages - Prelim/Finals
December 6-8	STAT Invite	JRSSC – Stafford, VA	Rosner Y and King George Y will attend All Levels/All Ages - Prelim/Finals
December 11-14	Junior Nationals	Georgia Tech U – Atlanta, GA	Qualifying Times – Prelim/Finals
December 12-15	NBAC Christmas Invite	St. Mary's College, MD	13 & Over – 4+ A times, 12 & Under – 2+ A times First come/First serve, 80-100 swimmers; Prelim/Finals
*January 11-12	RAYS Jeff Rouse Meet	JRSSC – Stafford, VA	All Levels/All Ages
January 25-26	WAC Meet	CSAC – Richmond, VA	All Levels/All Ages
February 14-16	District 12 & Under Champs	Colgan HS – Manassas, VA	12 & Under; No AG Champ times Prelim/Finals
*Feb 28-March 1	RAYS Region 13 & Older Champs	JRSSC – Stafford, VA	13 & Older; No AG/SR CH times Prelim/Finals
March 5-8	Senior Champs	CSAC – Richmond, VA	Qualifying Times – Prelim/Finals
March 12-15	Age Group Champs	Christiansburg AC - VT	Qualifying Times/14 & Under Prelim/Finals
March 17-21	NCSA Junior Nationals	Orlando, FL	Qualifying Times – Prelim/Finals
March 26-29	SC Super Sectionals	Christiansburg AC - VT	Qualifying Times – Prelim/Finals

***All meets listed in red are meets hosted by the Stingrays. Parent volunteers will be required.**

For any away meets, the pool address will be provided within each Meet Announcement so you may make your own reservations.
Team Meet Hotel Blocks will be on the website – www.swimrays.org – to use at your convenience.