



### ONGOING REGISTRATION

Online registration for the 2016-2017 season will begin in July 2016. New members are encouraged to attend the Annual Open House on Saturday, Aug. 27, 2016 from 10:00am-2:00pm. The 2016-2017 season begins Tuesday, September 6, 2016. Visit [www.VirginiaGators.org](http://www.VirginiaGators.org) for more information.

### CLUB COMMUNICATIONS

Club communications about meets, practice schedules and other events are sent via email and will be posted on our website. Member information and billing will be managed through member accounts on our website.

### PARENTS MAKING A DIFFERENCE

As a parent-run club, we rely on family service/volunteer hours to run the club. Each family with a swimmer in a Full 9- or 12-month program is required to provide a minimum of 5 service hours, annually. This requirement can be satisfied by timing at meets, officiating, working event parties, public relations, marketing activities or chairing a committee. Families in all programs must volunteer to time when their swimmers participate in meets. Members can opt-out of this volunteer requirement with a \$100 payment. Whether you are a veteran swim team family or new to the sport, there is a place for you!

### IT'S EASY TO SUPPORT GATORS

We hold a club-wide raffle every fall that is our major annual fundraiser. All Gator families are required to sell a certain number of tickets per swimmer with the maximum requirement capped at 8 tickets per family. Full Plan National swimmers are obligated to sell 8 tickets, Full Plan Senior swimmers are obligated to sell 6 tickets, Full Plan Junior swimmers are obligated to sell 4 tickets, and Enrichment/Competitive/Fundamental swimmers and Flex Plan swimmers in all groups are obligated to sell 2 tickets. More information on the raffle can be found on our website under the "Support" tab.

### CLUB STRUCTURE

Our Club is a registered 501(c)3 non-profit organization that is governed by a Board of Directors consisting of the Head Coach, four officers, and members-at-large. The Board addresses all issues affecting the welfare of the Club and makes decisions for the benefit of its members including program management and design, managing finances, setting dues and fees, hiring and evaluating coaches, organizing volunteers, organizing participation in swim meets, staging special events and much more. As a non-profit, volunteer Board, we seek to benefit from our members' backgrounds and diverse set of skills. Parents interested in joining the Board are encouraged to contact the Board President or Secretary.

SCHEDULE						
Program	Mon	Tue	Wed	Thu	Fri	Sat
<b>Fundamentals</b> Ages 5-9 Choose A or B	4:00-5:00p Group A	4:00-5:00p Group B	4:00-5:00p Group A	4:00-5:00p Group B	4:00-5:00p Grps. A & B	-
<b>Competitive</b> Ages 6-10	4:00-5:00p	4:00-5:00p	4:00-5:00p	4:00-5:00p	4:00-5:00p	12:00-1:00p
<b>Enrichment</b> Ages 9-13	5:00-6:30p	-	5:00-6:30p	-	5:00-6:30p	-
<b>Junior</b> Ages 9-13	5:00-6:30p	5:00-6:30p	5:00-6:30p	5:00-6:30p	5:00-6:30p	11:30-1:00p
<b>Senior</b> Ages 13-18	6:30-8:30p	6:30-8:30p	6:30-8:30p	6:30-8:30p	6:30-8:30p	10:00-12:00n
<b>National*</b> Ages 14-18	5:30-7:30a 4:30-6:00p	5:30-7:30a 4:30-6:00p	5:30-7:30a 4:30-6:00p	5:30-7:30a 4:30-6:00p	5:30-7:30a 4:30-6:00p	8:00-10:30a
<b>HS Prep.</b> Sep.-Nov. 9 <sup>th</sup> -12 <sup>th</sup> Graders	6:30-8:30p	6:30-8:30p	6:30-8:30p	6:30-8:30p	6:30-8:30p	-
<b>Summer Prep</b> Age 10&U Apr.-May Age 12&U Age 13&O	4:00-5:00p 5:00-6:30p 6:30-8:30p	4:00-5:00p 5:00-6:30p 6:30-8:30p	4:00-5:00p 5:00-6:30p 5:00-6:30p	4:00-5:00p 5:00-6:30p 6:30-8:30p	4:00-5:00p 5:00-6:30p 6:30-8:30p	- 6:30-8:30p
<b>Summer Gators</b> Jun.-Jul. Ages 7-18	-	7:30-9:00p	-	7:30-9:00p	-	7:30-9:00p

\*National swimmers attend dryland and technique training (4:30-6:00pm), as determined by head coach.

### SWIM MEETS FOR ALL LEVELS

Our club participates in USA Swimming-sanctioned swim meets on a monthly basis. Short-course meets are held October-March and long-course meets are held April-July. Swimmers are highly encouraged, but not required, to attend swim meets. Visit the "Meets and Events" tab on our website for more information.

### PLACEMENT RECOMMENDATIONS

Evaluation and placement for new members are not required but Head Coach, J.J. Bean, or one of our assistant coaches will be happy to make a recommendation based on the physical readiness and maturity of the swimmer. Evaluations are offered during the summer at the Head Coach's convenience and during the Open House on Sat., August 27, 2016. Previous members will receive placement recommendation based upon a review and evaluation of each swimmer's performance and attendance over the past year.

### DEDICATED FACILITY

All programs are held in a dedicated facility, a 6-lane, 25-meter pool, at the Fairview Swim and Tennis Club, located at 707 Belvedere Blvd., Charlottesville, VA 22901. To provide year-round swimming, an air-supported dome, also known as "The Bubble", is assembled and inflated over the pool from September-May to form the GatorDome.

FEES					
Program	Full Plan 9- and 12-Month Commitment <sup>(A)</sup>		Flexible Plan <sup>(C)</sup> Month-to-Month Commitment		Seasonal Program Payments
	Lump-Sum Payment <sup>(B)</sup>	Monthly Installment Payment 9 mos. 12 mos.	Monthly Payment		
<b>Fundamentals</b>	\$799	\$99	-	\$118	-
<b>Competitive</b>	\$1,191	\$147	-	\$176	-
<b>Enrichment</b>	\$969	\$120	-	\$144	-
<b>Junior</b>	\$1,446	\$179	-	\$214	-
<b>Senior</b>	\$1,573	\$194	-	\$233	-
<b>National</b>	\$2,268	-	\$210	\$273	-
<b>High School Prep</b>	-	-	-	-	\$500
<b>Summer Prep</b>	Age 10&U	-	-	-	\$250
	Age 12&U	-	-	-	\$275
	Age 13&O	-	-	-	\$350
<b>Summer Gators</b>	-	-	-	-	\$225

(A) After 30 days of membership, Full Plan members are committed to paying: entire amount of their lump sum or monthly installment payment plan, annual registration fees, meet and other fees accrued, along with satisfying the annual fundraising and volunteer requirements.

(B) A 10% discount is reflected in the Lump-Sum Fee for the Full Programs

(C) A minimum 3-month commitment is required for all Flex Plan (Month-to-Month) participants. Flex Plan fees will be billed upfront for the first three months and then additional months will be paid until the swimmer chooses to suspend their membership.

**NOTE:** All swimmers pay an annual \$120 Registration fee that covers administrative costs, Gator cap and t-shirt and USA Swimming registration and insurance.

### PAYMENT OPTIONS

The Full Plan offers a lump-sum payment option, discounted by 10%, for swimmers in a 9- or 12-month program. The Flex Plan is designed for swimmers that, for example, may play other sports but would like to swim at least three months during the season. Flex Plan fees will be billed upfront for the first three months and then additional months will be paid until the swimmer chooses to suspend their membership. In addition to the Program Fees, there is an annual per swimmer USA Swimming and Gator registration fee to cover registration, insurance and other administrative expenses. Additional fees such as meet entry fees, lodging, transportation and other meet costs are not included in program fees and are billed separately.

### DISCOUNTS AVAILABLE

A 10% discount is reflected in the Lump-Sum Fee for Full Plan. A 5% Military discount is offered to active members of the military and their families. We also offer family discounts: 15% discount for 2<sup>nd</sup> swimmer, 20% discount for 3<sup>rd</sup> swimmer, and 30% discount for 4<sup>th</sup> swimmer.

### PAY FEES ONLINE

With the exception of Lump-Sum payments, which may be paid by check, all fees must be paid by credit card or ACH from a bank account. There are no additional finance charges for payments made by credit card or ACH. Program fees are billed on the 1<sup>st</sup> day of each month and are payable no later than the 21<sup>st</sup> day of that month.

**Programs, Schedules & Fees**  
September 2016-August 2017



**Virginia Gators**  
of Charlottesville

# VIRGINIA GATORS OF CHARLOTTESVILLE

*Dedicated to developing swimmers' skills  
and a lifelong love for swimming*

## PROGRAMS

**Fundamentals** (Age: Beginner-9) Focus is on technique to build the fundamentals of all four competitive strokes, starts and turns, and basic training concepts. At a minimum, swimmers should be able to complete one length of the pool unassisted.

**Competitive** (Age: 6-10) Fine-tune stroke mechanics, enhance core stability and build strength at a level appropriate to their goals, age, experience and commitment level. Participation in swim meets is recommended.

**Enrichment** (Age: 9-13) Swimmers work on stroke technique, starts and turns, race strategies, and are introduced to endurance and nutritional training concepts. Participation in swim meets is encouraged.

**Junior** (Age: 9-13) Goal-oriented swimmers focus on fundamentals, technique, race strategies, and training concepts. Swimmers are encouraged to attend at least three practices per week and participate in swim meets.

**Senior** (Age: 13-18) Committed swimmers with a desire to progress to the highest training levels work to fine-tune stroke mechanics, overall conditioning and racing techniques. Swimmers are encouraged to participate in meets including championship meets.

**National** (Age: 14-18) This group is for swimmers with a record of advanced training, demonstrated emotional maturity and the commitment to achieving their maximum potential. Swimmers should be prepared to commit to 6 morning practices per week, plus, afternoon dryland and technique sessions, as determined by the head coach. A year-round commitment is strongly encouraged with a focus on preparation for success at nationally recognized meets and a successful collegiate experience. Participation in most meets is recommended. Interested swimmers should contact the Head Coach.

**High School Prep Program** (Sep.-Nov.) A 10-week program to prepare swimmers in 9<sup>th</sup>-12<sup>th</sup> grade for their high school swim season.

**Summer Prep Program** (Apr.-May) A 7-week program to prepare swimmers, ages 6-18, for a great JSL summer season.

**Summer Gators** (Jun.-Jul.) A summer program for swimmers to continue their work on technique, strategy and endurance. Participation in Long Course meets is encouraged.

The Virginia Gators of Charlottesville is a year-round swim club, dedicated to promoting competitive and recreational swimming in Central Virginia. We are recognized as a Level 1, Silver Medal, USA Swimming club, among the top 100 Competitive Swim Programs in the Nation. The Gators provides a professionally-coached program serving all levels of swimmers from novice to national, ages 5 to 18. We have established a solid history of producing great swimmers who learn team work, discipline, time management, and many other important life skills.

- Year-round programs for ages 5-18
- Wide-range of beginner-elite programs
- The most practice options in our area
- Over 75 years of elite coaching experience
- Our own, dedicated pool facility
- Ongoing registration
- New swimmers welcome
- The only local Level 1 USA Swimming Club
- Silver Medal Club, top 100 in the Nation



## PROGRAMS, SCHEDULES & FEES

### SEPTEMBER 2016-AUGUST 2017



[www.VirginiaGators.org](http://www.VirginiaGators.org)



[CvilleGators@gmail.com](mailto:CvilleGators@gmail.com)



Virginia Gators of Charlottesville



@CvilleGators



434.218.2487



707 Belvedere Blvd.,  
Charlottesville, VA 22901

