

SHORT COURSE JUNIOR OLYMPIC CHAMPIONSHIPS

Hosted by PIEDMONT SWIM TEAM

co-sponsored by Pacific Swimming

NOVEMBER 30 TO DECEMBER 2, 2018

Enter Online: <http://ome.swimconnection.com/pc/PST20181130>



SANCTION: Held under USA/Pacific Swimming Sanction No. **18-150**

In granting this sanction it is understood and agreed that USA Swimming, Pacific Swimming and Piedmont Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on MeetMobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

| | |
|--|-----------------------------------|
| Meet Referee: Eric Fetterman | Head Starter: Sarah Obbagy |
| Meet Marshal: Andreas Oesterer | Admin Official: Tom Cross |
| Meet Director: Amy Aubrecht/ Stefan Bill – meetdirector@piedmontswimteam.org | |

LOCATION: Soda Aquatic Center at Campolindo High School, 300 Moraga Road, Moraga, California.

DIRECTIONS: From Highway 24 Westbound – take Central Lafayette exit, turn right on Deer Hill Rd., right on First St., right on Mount Diablo Blvd., left on Moraga Rd., and right on Campolindo Dr. From Highway 24 Eastbound – take Orinda exit, right on Moraga Way, left on Glorietta Blvd., right on Rheem Blvd., left on Moraga Rd., left on Campolindo Dr. Pool is located behind high school. Parking lot is located on left. Do not park where “No Parking” or “Permit Parking Only” signs are posted. There is absolutely no parking anywhere on or along the fire road that leads from the parking lot to the swimming pool. You will be ticketed or towed. No parking is allowed in Carroll Ranch, where the streets are privately-owned.

COURSE: Outdoor 25-yard x 50 meter pool with up to 16 lanes available for competition. An additional 6 lanes will be available for warm-up pool throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3 is 7’0” at the start and turn end. In accordance with Article 104.2.2C(4), the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 5:00 p.m. on Friday, and 9:00 a.m. on Saturday and Sunday. Warm-up will be from 4:00 to 4:50 p.m. on Friday, and 7:30 a.m. to 8:45 a.m. on Saturday and Sunday. Finals start and associated warm-up time will be determined by Meet Referee on Saturday and Sunday.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are preliminaries and finals (Exception – 10&U 500 Free, 11-12 500 Free, 13-14 500 Free, 10&U 200 IM, 11-12 400 IM, 13-14 400 IM and 1650 Freestyle)
- All preliminary events shall swim fast to slow with the first three heats circle seeded.
- Athletes may compete in a maximum of three (3) individual events per day and a maximum of seven (7) individual events, plus relays for the entire meet.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Preliminary events will be swim as combined age groups 10&U, 11-12 & 13-14.
- Championship Finals only with the top 10 athletes in 10&U, 11’s, 12’s, 13’s and 14’s year olds qualifying for each final.
- Athletes shall provide their own lap counters for the 10&U 500 Free, 11-12 500 Free, 13-14 500 Free, and 11-14 1650 Free.

- Athletes shall provide their own timers for the 10&U 500 Free, 11-12 500 Free, 13-14 500 Free, 10&U 200 IM, 11-12 400 IM, 13-14 400 IM and 11-14 1650 Free.
- Meet Entry may close prior to the entry deadline due to timeline considerations. If deemed necessary, closing the meet shall be determined by the Pacific Age Group Committee with input from the Meet Referee.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Coaches, parents and siblings are not allowed in any of the swimming pools.
- Except for coaches, there will be NO team or individual set-up/camping on the pool deck or within the high school area. Team and Individual set-up will only be on the designated grass area outside of the pool and school area. All shelters must be properly secured. No tarps allowed to be left on the grass overnight.

ELIGIBILITY:

- Athletes shall be current members of USA Swimming and shall enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Meet is open to Pacific Swimming Athletes only.
- Athlete's shall have met the "JO" time standard in every event entered. Entries with "NO TIME" shall be rejected.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The athlete's age shall be the age of the athlete on the first day of the meet.

PROOF OF TIME: Proof of time shall be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Entry times must have been achieved after **June 3, 2017** and prior to the closing date of entries for the meet **November 21, 2018 AT 11:59 PM PST**. If a time cannot be proven prior to the meet, the athlete shall not be allowed to check-in for the event until the entry time has been proven. When possible, the coaches shall be notified of the athletes who have not proven their entry time. No refunds shall be given if a time cannot be proven.

ENTRY FEES: \$7.50 per individual event, \$8.00 participation fee per athlete. All entry fees shall be included with entry. No refunds shall be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/PST20181130> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **November 21, 2018.**

MAILED OR HAND DELIVERED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by midnight, Monday, **November 19, 2018** or hand delivered by 6:30 p.m. Wednesday, **November 21, 2018.** No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Piedmont Swim Team

**Mail or hand deliver entries to: Amy Aubrecht
72 Wildwood Avenue
Piedmont, CA 94610**

SEEDING: Event seeding shall be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters - USA Swimming rules 207.11.7B. **See Rules for distance events seeding.**

CHECK-IN: The meet shall be deck seeded. Athletes shall check-in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCHES:

- Pacific Swimming scratch rules shall be enforced. A copy shall be posted at the clerk-of-course.
- Athletes entered in a timed final event that is Deck Seeded who have checked in for that event, shall compete in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to compete in an event shall result in being barred from their next individual event.
- Athletes entered in a preliminary individual event in a Preliminaries and Finals meet that is deck seeded who have checked in for that event, shall compete in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to compete in an event shall result in being barred from their next preliminary individual event.
- Any athlete qualifying for finals in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers following their individual preliminary event.
- Any athlete qualifying for finals in an individual event who fails to report to the blocks in said final race prior to calling the alternate shall be barred from the remainder of any final events for that day. Should the athlete have no additional final events for that day they will be barred from their next preliminary event.
- If the No-Show occurs on the last day that the athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The fine will be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment

AWARDS: First through tenth place will be awarded for ages 10 & Under, 11, 12, 13 and 14. Individual High Point awards will be given to highest scoring female and male in each age (10 & Under, 11, 12, 13 and 14). All awards must be picked up at the meet. We will not mail or distribute awards after the meet.

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|-----------------|------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|------------------------|
| SCORING: | <u>Place</u> | <u>1st</u> | <u>2nd</u> | <u>3rd</u> | <u>4th</u> | <u>5th</u> | <u>6th</u> | <u>7th</u> | <u>8th</u> | <u>9th</u> | <u>10th</u> |
| | Individual Event | 11 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |

ADMISSION: Free. A 3-day meet program will be available for purchase.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Lunch and limited hospitality will be available to all working officials and coaches.

EVENTS

| Friday, November 30, 2018 | | |
|---------------------------|-----------------|---------|
| Event # | Event | Event # |
| 1 | 10&U 500 Free* | 2 |
| 3 | 11-12 500 Free* | 4 |
| 5 | 13-14 500 Free* | 6 |
| 7 | 10&U 200 IM* | 8 |
| 9 | 11-12 400 IM* | 10 |
| 11 | 13-14 400 IM* | 12 |

* Timed final event.

Athletes shall provide their **own timers** for the 10&U 500 Free, 11-12 500 Free, 13-14 500 Free, 10&U 200 IM, 11-12 400 IM and 13-14 400 IM.

Athletes shall provide their **own lap counters** for the 10&U 500 Free, 11-12 500 Free and 13-14 500 Free.

| Saturday, December 1, 2018 | | |
|----------------------------|------------------|---------|
| EVENT # | EVENT | EVENT # |
| 13 | 11-12 200 Breast | 14 |
| 15 | 13-14 100 Free | 16 |
| 17 | 10&U 100 Free | 18 |
| 19 | 11-12 100 Free | 20 |
| 21 | 13-14 200 Breast | 22 |
| 23 | 10&U 50 Back | 24 |
| 25 | 11-12 50 Back | 26 |
| 27 | 13-14 200 Back | 28 |
| 29 | 10&U 100 IM | 30 |
| 31 | 11-12 100 IM | 32 |
| 33 | 13-14 200 IM | 34 |
| 35 | 10&U 50 Breast | 36 |
| 37 | 11-12 50 Breast | 38 |
| 39 | 13-14 100 Fly | 40 |
| 41 | 11-12 200 Back | 42 |
| 43 | 10&U 100 Fly | 44 |
| 45 | 11-12 100 Fly | 46 |
| 101 | *11-14 1650 Free | |

| Sunday, December 2, 2018 | | |
|--------------------------|------------------|---------|
| EVENT # | EVENT | EVENT # |
| 47 | 11-12 200 IM | 48 |
| 49 | 13-14 200 Free | 50 |
| 51 | 10&U 200 Free | 52 |
| 53 | 11-12 200 Free | 54 |
| 55 | 13-14 200 Fly | 56 |
| 57 | 10&U 50 Fly | 58 |
| 59 | 11-12 50 Fly | 60 |
| 61 | 13-14 100 Back | 62 |
| 63 | 10&U 100 Back | 64 |
| 65 | 11-12 100 Back | 66 |
| 67 | 13-14 100 Breast | 68 |
| 69 | 10&U 100 Breast | 70 |
| 71 | 11-12 100 Breast | 72 |
| 73 | 13-14 50 Free | 74 |
| 75 | 11-12 50 Free | 76 |
| 77 | 10&U 50 Free | 78 |
| 79 | 11-12 200 Fly | 80 |
| | *11-14 1650 Free | 102 |

1650 Freestyle event shall swim after the conclusion of the last trial event and before the starts of the finals session. Athletes in these events shall provide their own timers and lap counters.

Events will be swum by age group during prelims, and separated out to single age during finals.

Time standards are located on the PC website: <http://www.pacswim.org/swim-meet-times/standards>

2018 JUNIOR OLYMPIC SHORT COURSE CHAMPIONSHIP

Hosted by Piedmont Swim Team

November 30 to December 2, 2018

To be accepted, all entry information must be completely filled out. Please print!

| | | | | | |
|----------------------------|-----------------------|----------------------------------|---|---------------|---------------|
| Last Name | | | First Name | | Init. |
| LSC | Club Abbr. | Club Name | | | |
| Age | Age Group | USA Swimming Registration Number | | Gender M F | Date of Birth |
| Event Number | Qualifying Entry Time | (LCM /SCY) | Distance/Stroke | | |
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| Athlete's Address: | | | Total Entries _____ x \$7.50 US Dollars | | \$ |
| Athlete's Phone # | | | Participation Fee | | \$8.00 |
| Athlete's/ parent's email: | | | ----- | | ----- |
| Athlete's Coach: | | | Total Due | | \$ |

IMPORTANT!

Please PRINT clearly. Be sure to include all information. All entry times must be at least "JO" time standard for each event. Entries with "NO Time", the omission of a time, or a time slower than a "JO" time **will not** be accepted.

All clubs will be assigned Timer Assignments by the Meet Director. Athletes are required to provide their own timers for all Friday Evening Events and the 1650 Freestyle. Athletes are required to provide their own lap counters for the 500 Freestyle and 1650 Freestyle. Parents, please take your turn at timing, we cannot make this possible without your help. Thank you.