

**REDWOOD EMPIRE AQUATICS LEAGUE CHAMPIONSHIPS  
PACIFIC SWIMMING SHORT COURSE MEET  
AUGUST 3-5, 2018  
CLUBS: LCCC, NVST, SASO, SON, SRN, SSS, UD, VJO, WA**



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **18-102**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<i>Meet Referee:</i> Phil Grant	<i>Head Starter:</i> Sarah Obbagy
<i>Meet Marshal:</i> Ricardo Rico	<i>Admin Official:</i> Barb DeVries
<i>Meet Director:</i> Beth Kalinowski <a href="mailto:meetdirector@westsideaquaducks.com">meetdirector@westsideaquaducks.com</a> 508-963-4376 before 8 pm	

**LOCATION:** Petaluma Swim Center, 900 E. Washington Street, Petaluma CA 94952

**DIRECTIONS:** From US 101, exit East Washington Street; travel westbound for ¼ mile, turn left at Ellis Street. The Swim Center is visible from East Washington Street. Please park in the parking lot section next to Washington Street (around "Java Hut") or behind the Swim Center. Pool parking lot is only for officials who are working the meet

**COURSE:** OUTDOOR 25 YARD pool with up to eight (8) lanes available for competition. Additional 20-yard lanes shall be available for warm-up/warm down throughout the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 14'0" at the start end and 14'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

**TIME:** Meet shall begin at 5:00 PM Friday with warm-up from 4:00-4:45 PM. Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. Finals may not begin less than one hour after the completion of the last preliminary heat that day.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- All events are timed finals.
- Athletes may compete in 1 event on Friday and up to 3 events per day on Saturday and Sunday, not including relays. Athletes exceeding these limits will be required to scratch down to the allowable limit and will not be eligible for any refunds.
- All 8 & under events will be swum together as Timed Finals during the Preliminaries. 8-UN will be awarded and scored as 6-UN and 7-8.
- The following events will be swum as Timed Finals during the Preliminaries: 10 & U 200 Free; 11-12 200 IM; 11-12 200 Free; 13-OV 400 IM, 200 Back, 200 Fly, and 200 Breast, 11-OV 500 Free.
- The 400 IM and 500 Free will be swum as Timed Finals, fastest to slowest, alternating women's and men's heats. Genders may be combined at the discretion of the Meet Referee and Meet Director.
- Friday Events: 500 Free athletes shall provide their own timers and lap counters. 400 IM, 200 Free, 200 IM athletes shall also provide their own timers.
- All remaining events will be swum as Preliminaries and Finals.
- The 8 fastest times from the Preliminaries will qualify for the Championship Finals and the next 8 fastest times from the Preliminaries will qualify for Consolation Finals.
- Individual Events for 13-OV age groups will be swum together in Preliminaries, but will be swum and scored as 13-14 and 15-OV during Finals.

- If local conditions warrant it, the meet referee, with the concurrence of the meet director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations.
- All events will be swum in event order and in a "FAST to SLOW" sequence with the options of reversing the sequence at the discretion of the Meet Referee and Meet Director.
- At the discretion of the Meet Referee, events and heats may be combined.
- **All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may be used to prove registration status.**

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Athletes shall be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- The meet is open to all qualified athletes of clubs in the Redwood Empire Aquatic League (REAL): **LCCC, NVST, SASO, SON, SRN, SSS, UD, VJO, WA**. Unattached athletes, practicing with a REAL member club are eligible to swim in prelims and timed finals but are not eligible to score points, receive awards, participate in relays, or to qualify for finals in a preliminary and final event. Unattached athletes competing in timed finals will be treated as exhibition athletes for purposes of scoring.
- Entries with **"NO TIME" shall be ACCEPTED.**
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Relays shall be pre-entered with club entries but charged at the conclusion of the meet based on results.
- Athletes 19 years of age and over may compete in 13 & over events and score points.
- Age on the first day of the meet shall determine the athlete's age for the entire meet.

**ENTRY FEES:** \$5.50 per event plus an \$8.00 participation fee per athlete. Relays are \$16.00 per relay. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made except mandatory scratch downs. Make check payable to: Aquaducks, Inc.

**ENTRIES: CLUB ENTRIES ONLY.** All entries shall be submitted only by the club entry representatives. Club Manager entry file is REQUIRED. All entries shall be submitted using a Club Manager CL2 or HY3 electronic file. Entries must include: Full legal name, age, USA Swimming Registration Number, home club code, and LSC code.

**CLUB ENTRY REPRESENTATIVE:** The person submitting a club's entries is the club entry representative and the received email implies the official signature of the club entry representative. Said person will be responsible for all fines and penalties resulting from inaccurate times and unregistered athletes. Whether entries are submitted electronically or on paper, by the action of entering the athlete in the meet, the submitter certifies that the athlete is a registered member of USA Swimming and that all times stated in the entry are true and correct.

**EMAILED OR HAND DELIVERED ENTRIES:** Entries shall be emailed or hand delivered by Wednesday, July 25<sup>th</sup>, 2018. No late entries shall be accepted. Requests for confirmation of receipt of entries should be included in the body of the entry email.

**Make check payable to: AQUADUCKS, INC.**

**Email entries to: [meetdirector@westsideaquaducks.com](mailto:meetdirector@westsideaquaducks.com)**

**CHECK-IN:** The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

**SCRATCHES:**

- Athletes will not be penalized for missing preliminary events.
- Any athlete qualifying for any level of finals in an individual event who may not wish to swim in finals must either scratch or declare intent to scratch from that final within 30 minutes after the announcement of qualifiers. An athlete who declares intent to scratch must declare their final intention within 30 minutes after their last individual preliminary event.
- Any athlete qualifying for a consolation final or final race in an individual event who fails to show up in said consolation final or final race prior to calling the alternate shall be barred from their next final event for that day. Should the Athlete have no additional final events for that day they will be barred from their next preliminary event.

**RELAY SCRATCHES:** Any relay club entered in a relay event that fails to compete in or report for that event shall not be penalized.

**AWARDS:** Individual: Distinctive pins for 1st – 8th place; Ribbons for 9th – 16th place. Relays: Distinctive pins for 1st – 3rd place. Club: 1st place club receives Perpetual Banner; 2nd and 3rd place Clubs receive Banners. A selection committee comprised of a parent and athlete representative from each club and the Meet Referee shall vote for Club Spirit Award. Awards not picked up by the end of the meet will be sent to the club representative.

**SCORING:** Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
Relay Events: 40-34-32-30-28-26-24-22

**ADMISSION:** Free. A 3-day meet program will be available for \$5.00

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

**EVENT SUMMARY**

FRIDAY		
10 & UN	11-12	13-OV
200 FR*	200 IM*	400 IM*
	500 FR*	500 FR*

SATURDAY					SUNDAY			
8 & UN	9-10	11-12	13 & OV		8 & UN	9-10	11-12	13 & OV
25 BACK*	50 BACK	200 FREE*	200 FLY*		25 FREE*	100 IM	100 IM	200 FREE
25 BREAST*	50 BREAST	100 BACK	100 BREAST		25 FLY*	50 FLY	100 BREAST	100 BACK
50 FREE*	100 FREE	50 BREAST	200 IM		100 IM*	50 FREE	50 BACK	50 FREE
100 M.R.	200 M.R.	50 FLY	100 FREE		100 FR-R+	200 FR-R+	100 FLY	100 FLY
		100 FREE	200 BACK*				50 FREE	200 BREAST*
		200 M.R. %	200 M.R.%				200 FR-R%	200 FR-R%

**EVENTS**

<b>Friday, August 3, 2018</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
1*	11-12 200 I.M.	2*
3*	13-OV 400 I.M.	4*
5*	10 & U 200 FREE	6*
7*	11-OV 500 FREE	8*

<b>Saturday, August 4, 2018</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
105*	11-12 200 FREE	106*
107*	13&OV 200 FLY	108*
109*	8&UN 25 BACK	110
111	11-12 100 BACK	112*
113	13&OV 100 BREAST	114
115	9-10 50 BACK	116
117	11-12 50 BREAST	118
119*	8&UN 25 BREAST	120*
121	13&OV 200 IM	122
123	9-10 50 BREAST	124
125	11-12 50 FLY	126
127*	8&UN 50 FREE	128*
129	13&OV 100 FREE	130*
131	9-10 100 FREE	132
133	11-12 100 FREE	134
135*	13&OV 200 BACK	136*
137+	8&UN 100 MED Relay	138+
139+	9-10 200 MED Relay	140+
101%	11-12 200 MED Relay	102%
103%	13&OV 200 MED Relay	104%

<b>Sunday, August 5, 2018</b>		
<b>EVENT #</b>	<b>EVENT</b>	<b>EVENT #</b>
205	11-12 100 IM	206
207	13&OV 200 FREE	208
209	11-12 100 BREAST	210
211*	8&UN 25 FREE	212*
213	13&OV 100 BACK	214
215	9-10 100 IM	216
217	11-12 50 BACK	218
219*	8&UN 25 FLY	220*
221	13&OV 50 FREE	222*
223	9-10 50 FLY	224
225	11-12 100 FLY	226
227*	8&UN 100 IM	228
229	13&OV 100 FLY	230*
231	9-10 50 FREE	232
233	11-12 50 FREE	234
235*	13&OV 200 BREAST	236
237+	8&UN 100 FREE Relay	238+
239+	9-10 200 FREE Relay	240+
201%	11-12 200 FREE Relay	202%
203%	13&OV 200 FREE Relay	204%

<b>*Event swum as Timed Finals</b>	<b>+Event swum at the end of Preliminaries</b>	<b>%Event swum at the beginning of finals</b>
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**NOTE: 13&OV events will swim together in Preliminaries, but will be swum and scored as 13-14, 15&OV in finals. 11&OV and 13&OV timed finals will swim together, but will be scored separately (11-12, 13-14, 15&OV).**