

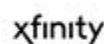


**Santa Clarita, CA
West Fargo, ND
Huntsville, AL
July 28-July 31 (Wed-Sat)**

**Richmond, VA
July 29-August 1 (Thu-Sun)**

The entry deadline is 11:59 pm Mountain Time on Tuesday, July 20, 2021 or until the site's capacity has been reached.

(these events will be capped at 800 swimmers)





2021 USA Swimming Futures Championships (these events will be capped at 800 swimmers)

Please note that information in this document may be modified to meet current local, state, and federal COVID-19 protocols, including capacity limits, event postponement or cancellation.

Swimmers may enter the Futures Championships through USA Swimming's Online Meet Entry (OME) system at (usaswimming.org/ome) beginning Monday, May 24, 2021 at 11:00 am Mountain Time. Swimmers must compete in the specific Futures Championships designated for the LSC in which they are registered.

The entry deadline is 11:59 pm Mountain Time on Tuesday, July 20, 2021 or until the site's capacity limit has been reached. The qualification period is June 1, 2019 through the entry deadline. Entries are not accepted until they have been officially submitted in the OME system.

COVID-19 INFO

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND THE LOCAL SWIMMING COMMITTEE (LSC) AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Every club planning to attend this competition must develop a "Return to Competition" plan. Return to competition can only occur when and if your local authorities have deemed it safe to return to competition. USA Swimming in no way endorses conducting practice or competition in violation of any local, state, or federal guidelines. For additional information please consult usaswimming.org and/or your LSC.

SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or

knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training (“APT”) to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 30 days prior to the start of the competition, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after 30 days prior to the start of the competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other’s property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

LOCATION Please refer to the enclosed map to determine in which Futures Championship site each LSC is eligible to participate.

SANCTION This meet is held under the sanction of USA Swimming. If an athlete establishes a Paralympic or USMS record, it is up to that swimmer to request all necessary information and signatures prior to the end of the session in which the performance occurred.

ELIGIBILITY These events are open to swimmers who are 2021 Premium or Outreach members of USA Swimming, and who have achieved the published time standard in one or more events.

FORMAT These championships will be conducted in LCM. The 800m and 1500m freestyle and all relays will be timed final events. All other individual events will be conducted as preliminaries and finals with the fastest 32 swimmers from preliminaries advancing to finals. The order of the final events shall be “D”, “C”, “B” and “A”. The “C” and “D” Finals will be limited to the top 18-Under swimmers that do not qualify for the “A” or “B” Finals. At the Meet Referee’s discretion, preliminary sessions may be conducted in flights. Information on flighting, if any, will be provided at the Technical meeting. A Ready Room may be used to assemble and parade “A” finalists and the fastest seeded heats of 800m and 1500m freestyle swimmers. These swimmers must report to the Ready Room no later than five minutes preceding the “Parade Time” for the event. All other heats will report directly to the starting blocks for their events. At the referee’s discretion, prelims may be flighted or use fly-over starts.

SCHEDULE Prelims: 9:00 am, Finals: 5:00 pm

The venue will be available for practice Noon-8:00 p.m. the day prior to competition, and 7:00am – until one hour after the conclusion of the evening session on competition days.

SEEDING	Events shall be seeded in order of LCM, SCM, SCY, non-conforming LCM, non-conforming SCM, non-conforming SCY and then any bonus entries in the same order.
TECHNICAL MEETING	There will be a virtual (Zoom-based) technical meeting the evening prior to Day 1 events at 7:00 p.m. Details will be sent to each coach. Coaches are encouraged to check the USA Swimming website for last minute details about the event. Participating coaches and athletes are responsible for all information in this document, distributed at the technical meeting, and posted on the event website.
DISTANCE EVENTS	<p>The 800m and 1500m freestyle events will be swum as timed finals. Swimmers may qualify for these events using any of the 800m/1000yd or 1500m/1650yd qualifying standards (i.e. the conforming or non-conforming distance event standards).</p> <p>All but the fastest-seeded heats of women's and men's distance freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the second-fastest seeded heat of men's distance events scheduled to finish approximately one hour prior to the start of the evening session, preceded by the second-fastest seeded women's heat, alternating back to the start time. Any remaining heats of distance freestyle events will swim fastest to slowest, alternating women, then men, starting approximately 10 minutes after the completion of the evening session.</p> <p>The fastest-seeded heats of women's and men's distance freestyle events will be swum in event order during the finals session.</p> <p><i>Positive check-in for the distance events must be submitted by email to the site's Administrative Referee prior to the deadlines.</i></p>
RULES	<p>Unless otherwise noted herein, this meet shall be conducted in accordance with current USA Swimming Rules and Regulations. A Meet Committee consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review conflicts arising from administrative matters.</p> <p>It is understood and agreed that USA Swimming, the Meet Host(s), Facility Owner(s), and the LSC shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>Eligibility and Technical juries consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review protests within their jurisdiction as defined in USA Swimming Rules.</p>
WARM UP	Only feet-first entries are allowed during warm-ups, except in designated lanes and times. No equipment (fins, snorkels, hand paddles, etc.) is permitted in the competition pool at any time. Violations may result in disqualification from next individual event or expulsion from the meet. More detailed warm up procedures will be distributed at registration and during the Technical Meeting.
SCORING AND AWARDS	Team scores will be kept and awarded. Team awards will be presented to the top three teams in Men's, Women's, and Combined categories. Team scoring will be as outlined in the USA Swimming Rules and Regulations. Medals will be awarded to all place winners in the "A" final. All medalists in each event should report to the Awards Staging Area in full team warm-up attire immediately following the "A" Finals for their event. Individual High Point Awards will be given to the top scoring male and female.
MEMBERSHIP REQUIREMENT	<p>All persons expecting to receive a deck pass must show a current USA Swimming membership card and be prepared to show acceptable identification (driver's license, passport, etc.) if requested. Non-members who have successfully completed the Athlete Protection Training (APT) course and a USA Swimming background check may join on site at the registration check-in desk. Information regarding the APT course and the background check will be available at meet check-in and is also online at usaswimming.org/protect. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.</p> <p>No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer must be assigned a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.</p>
SWIMS DATABASE	<p>Times from the following will be in SWIMS, the national times database. Times in the database are not automatic entries to meets.</p> <ul style="list-style-type: none"> A. USA Swimming Sanctioned competition B. USA Swimming Approved competition - Check two weeks before the competition to assure the meet has been approved by the LSC, and prior to the start of the competition, ask the Meet Director for the procedure for getting a time into SWIMS.

- C. USA Swimming Observed swims - Be sure a proper request for an Observed Swim is made according to guidelines appearing in the USA Swimming SWIMS Time Module Policy Manual, and prior to the start of the meet, verify that proper procedures are in place for the Observed swim.
- D. The time of any swimmer recorded while legally representing a USA Swimming club, secondary school, college, or university within the appropriate time frame, may be used in proving relay entry times. That swimmer does need to be entered in the championship in question or currently representing that club. Relay times belong to the team. Individual times belong to the swimmer.

Times submitted to the USA Swimming SWIMS database no later than 20 days prior to the Championships will be in the database. If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards) and it was swum in the appropriate qualifying period, it is considered a proven official time. Entry times not proven by the scratch deadline for the event will be considered as false or incorrect times and are subject to action under provisions of the USA Swimming Rules and Regulations.

SWIMS data entry from meets in which time standards were met must be requested from the SWIMS Time Official in the LSC in which the meet was held. LSC officials may charge a fee for data entry requested after the meet ends. These times will not be automatically placed in the database. Times from all major international championships will be automatically entered in the database. Relay lead offs and/or intermediate split times must be requested from the SWIMS Time official in the LSC where the time was achieved. Requesting SWIMS data entry won't enter a swimmer into a competition nor place a club on the USA Swimming mailing list.

**RESPONSIBILITY
CLAUSE**

The coach, swimmer or swimmer representative who enters a USA Swimming Championship thereby attests that all times stated are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$100 penalty payable to USA Swimming for each such time entered, unless absolved of the fine by USA Swimming or Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by USA Swimming. Such penalty shall also be levied against any USA Swimming verification officer who knowingly entered such a false time(s) into the SWIMS Database. Appeal of fines must be made to the Meet Referee or designee and/or Board of Review. Any appeal of the decision of USA Swimming shall be in accordance with the provisions of Part Four of the USA Swimming Rulebook.

ENTRIES

All entries must be made online at usaswimming.org/ome. You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover. For questions about OME, please refer to the specific Futures site page included with this information.

OME is not an eligibility report. It is the coach's responsibility to know for which events his or her athlete is qualified. Events can be added to the entries however you may not delete an online entry once it has been submitted/paid for. Once entries are completed, a confirmation will be sent via e-mail. All confirmations should be printed and brought to the meet. All entry times (including scratched events) must be proven, and USA Swimming reserves the right to challenge any submitted time. Drug waiver forms will automatically be sent via e-mail after the entry deadline closes and should be filled out and brought to the meet.

A swimmer may enter any number of individual events in which the qualifying time standard has been met, however a swimmer may only swim three (3) individual events per day (including time trials), and a total of six (6) events (not including time trials) during the meet. All entry times, including bonus events, must be proven. Bonus events will be permitted for this meet according to the following:

- Any athlete who qualifies for one individual event will be permitted to enter and swim in up to two bonus events;
- Any athlete who qualifies for two individual events will be permitted to enter and swim one additional bonus event;
- Any athlete who qualifies for more than two individual events, will not be permitted to enter bonus events;
- There will be no qualifying standards for bonus events, however, a provable entry time must be included.

ENTRY FEES

Individual Events	\$20.00
Relays	\$40.00 per event
Coach/Team Staff Credential	\$20.00 per person

**NEW QUALIFYING
SWIMS**

Swims achieving the qualifying time standards for the first time from Wednesday, July 21, 2021, through Sunday, July 25, 2021, may be entered through OME under the title "2021 Futures: New Qualifying Swims". These entries must be submitted no later than 11:59 pm Mountain Time on Monday, July 26, 2021, and cannot be used to improve the seed time of a prior entry. Bonus events for new qualifiers must be entered by override using any proven time from the meet's qualifying period. Normal entry fees apply.

LATE ENTRIES

Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:

- Late entries must be submitted through the On-Line Meet Entry system (OME);
- These entries must be received no later than 11:59 pm Mountain Time on the Monday, July 26, 2021;
- The team or athlete must pay a one-time processing fee of \$150.00, and pay entry fees of \$40 per individual event and \$80 per relay event.

RELAYS

All relays will be timed final events. All but the fastest two seeded heats will be swum in the preliminary sessions. The fastest two seeded heats will be swum at the end of that day's finals session. Relay-only swimmers will be allowed in this meet and may swim in time trials. Each team may enter a maximum of two relays in each event.

If entering with a time achieved as a relay (team time), the four swimmers that actually achieved the time must be listed. If the entry is an aggregate, each swimmer must be listed with their individual times, and only those swimmers who may be competing should be entered. Once the relay team or teams have been proven, any swimmer listed by that organization on the entry is eligible to compete on that relay team. Relay teams may be entered at the listed provable time or at the lowest priority non-conforming time standard. If entering an A and B relay, eight (8) different swimmers must be entered. The same swimmer may not be used twice in an event, or to prove an entry time.

All relay cards are due to the Administrative Referee by 10:30 a.m. or 6:30 p.m. in the session in which the relay will be swum.

Relay Cards must be submitted by email to the site's Administrative Referee prior to the deadlines.

COACH CREDENTIALS

Credentials for coaches, managers and chaperones may be purchased for \$20/each for those persons listed on the submitted team entry through OME, according to the following formula, whether comprised of one or both sexes. Managers and trainers must be included in this formula and on the entry form to receive a deck pass. Athletes entered in the meet will receive a deck pass as part of their entry fee. All others will be required to purchase individual tickets. Non-athlete credentials may be limited due to venue capacity limits.

- 1-3 swimmers in individual events; 1 deck pass.
- 4-6 swimmers in individual events; 2 deck passes.
- 7-9 swimmers in individual events; 3 deck passes.
- 10 or more swimmers in individual events; 4 deck passes.
- Unattached swimmers with a team shall be included in above schedule even if listed on separate entry blank.
- Unattached swimmers not with a team: 1 deck pass.

SWIMMERS WITH DISABILITIES

Coaches entering swimmers with disabilities that require any accommodations, including the need for any personal assistants and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the meet director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

CHECK-IN

Any unproven entries must be cleared prior to the scratch deadline or the swimmer will be scratched from the event. If an entry cannot be proven, the coach is subject to a \$100 fine. All swimmers entered in the 800m and 1500m Freestyle events must be positively checked-in prior to the scratch deadline in order to compete in the event. Swimmers entered in these events may, when they check-in, indicate their preference to swim the event in the preliminary session. The fastest heat of swimmers that state no preference shall be seeded to compete in the finals session. In order to make their designation, swimmers or their coaches must mark on the positive check-in sheet their preference to swim during preliminaries. The swimmers or coach should clearly write "AM" next to their name when they check-in if they desire to swim in the preliminary session.

Positive check-in must be submitted by email to the site's Administrative Referee prior to the deadlines.

REGISTRATION

Registration will be open Noon-8:00 p.m. the day prior to competition, 7:00 a.m. – the end of finals on Day 1, and 7:00 a.m. – conclusion of preliminaries on Days 3 and 4.

SCRATCHES

Day 1 Events: Scratch Box closes 15 minutes after the conclusion of the technical meeting. All subsequent day's events scratches are due 30 minutes after the start of the previous evening's finals.

This competition will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations. The penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched will be one of the following:

- Being barred from all further individual and relay events of that day as prescribed in section 207.11.6, or;
- Payment of a fine of \$200 payable to event host.

Scratches must be submitted by email to the site's Administrative Referee prior to the scratch deadlines.

TIME TRIALS

Time Trials may be conducted at the discretion of the Meet Referee. Entry fees for time trials will be the same as the meet entry fees. Each swimmer is limited to a maximum of two time trials during the course of the Championships, and time trials will count toward the swimmer's individual event total for each day, but not the meet total. Athletes may need to provide their own lane timer and lap counter for time trial events. Relay-only swimmers will be allowed to swim in time trials.

Time Trial entries will be accepted through USA Swimming's Online Meet Entry (OME) system. Time Trial entries will be accepted for that day's session and will close at 10 a.m. each day.

Time Trials, if conducted, will begin approximately 15 minutes after the conclusion of the preliminary session.

SAFETY

Marshals will be in place during warm-up periods and USA Swimming safety rules will be in effect. A warm-up schedule will be posted in the venue. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance with USA Swimming safety procedures. Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. The main competition pool will be reserved the last 60 minutes for swimmers competing in that session's events.

OFFICIALS' INFORMATION

A meeting for officials may be held prior to each session either in-person or virtually. This meet has been designated as a National Qualifying Meet to all officials who wish to and are eligible to be evaluated for advancement or re-certification. Request for evaluation should be made to the Meet Referee.

BROADCAST STATEMENT

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

IMAGE AUTHORIZATION

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

LIABILITY

USA Swimming, the LSC, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.

DOPING CONTROL

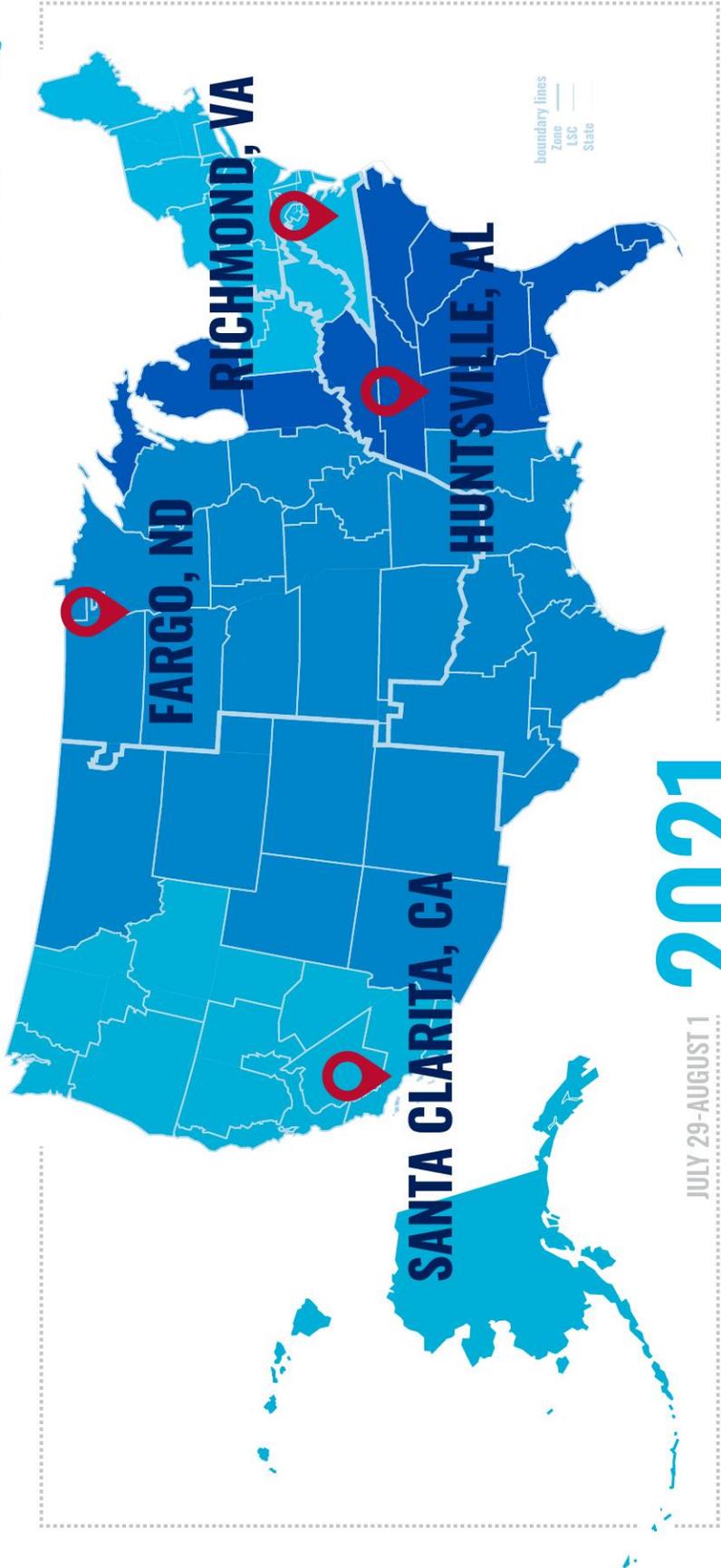
Doping Control may occur at this competition. All athletes competing in the meet are eligible to be tested. All athletes should check the status of all medications they consume at the US Anti-Doping Agency's (USADA) Drug Reference website (usantidoping.org/dro). Documentation may be required to be submitted well in advance of the meet.

**ORDER OF
EVENTS**

Women	Day 1	Men
1	200 Meter Freestyle	2
3	100 Meter Breaststroke	4
5	200 Meter Butterfly	6
7	800 Meter Freestyle	-
-	1500 Meter Freestyle	8
Day 2		
9	100 Meter Freestyle	10
11	400 Meter Individual Medley	12
13	100 Meter Backstroke	14
15	800 Meter Freestyle Relay	16
Day 3		
17	400 Meter Freestyle	18
19	100 Meter Butterfly	20
21	200 Meter Breaststroke	22
23	400 Meter Freestyle Relay	24
Day 4		
25	200 Meter Individual Medley	26
27	50 Meter Freestyle	28
29	200 Meter Backstroke	30
31	1500 Meter Freestyle	-
-	800 Meter Freestyle	32
33	400 Meter Medley Relay	34



FUTURES CHAMPIONSHIPS



2021

JULY 29-AUGUST 1



JULY 28 - JULY 31 (WED-SAT)

**CANYONS AQUATIC CLUB/ SANTA CLARITA AQUATIC CENTER
20850 CENTRE POINTE PARKWAY
SANTA CLARITA, CA 91350**

EVENT PERSONNEL

Referee:	Dana Covington	danacov@comcast.net
Administrative Referee:	Trish Martin	pksmartin13@gmail.com
Meet Director:	Sean Kakamu	seank@canyons.org

OME

Questions about OME and proof of times for this Futures site should be directed to the Administrative Referee.

ABOUT THE FACILITY

POOL: Santa Clarita Aquatic Center, 20850 Centre Pointe Parkway, Santa Clarita, CA 91350

DIRECTIONS: 14 FWY NORTH: Take GOLDEN VALLEY exit. Left on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway. From 14 FWY SOUTH: Take GOLDEN VALLEY exit. Right on GOLDEN VALLEY. Right on CENTRE POINTE PARKWAY. Right into second driveway.

COURSE: The Santa Clarita Aquatic Center competition pool is an outdoor 25 yard (20 lane) x 50 meter (8 lane) pool. A separate warm-up/warm-down 8-lane, 25-meter course pool will be open during the meet. Competition courses have been certified in accordance with 104.22.2(C). Pool depth at start and turn end is 7'6". Daktronics timing system with video scoreboard. Track start and backstroke wedges on all starting blocks.

LOCKERS

Two full locker rooms for Women and Men on site. Each has lockers with locks can be used during the meet but not overnight. There is a third bathroom facility for non-athlete members and spectators only.

MEDICAL ASSISTANCE

The City of Santa Clarita certified Lifeguards will be on duty during the duration of the meet, including warm-up designated times.

Emergency: Dial 911 / Notify Lifeguard (if applicable) – City of Santa Clarita Lifeguards
Medical Assistance or First Aid: Notify Lifeguard / Call 911 / Control crowds around victim / await assistance from first responders
Medical Emergency: Call 911
Fire Department: Los Angeles County Fire Department – 27223 Henry Mayo Drive, Valencia, CA 91355 – Call 911 / (661)257-4144
Closest Hospital: Henry Mayo Hospital – 23845 McBean Parkway, Valencia, CA 91355 – Call 911 / (661) 200-2000
Closest Urgent Care: Facey Immediate Care – 26357 McBean Parkway #120, Valencia, CA 91355 (661)222-2643
Law Enforcement: Santa Clarita Sheriff's Department – 23740 Magic Mountain Parkway, Santa Clarita, CA 91355 – (661)255-1121

For Civil Disturbance, dial 911, notify lifeguard and meet manager, separate uninvolved parties to a safe area.
 For Suspicious Persons, dial 911, notify lifeguards and meet manager, maintain a safe distance until law enforcement responds.
 For Missing Person/ Child, notify lifeguards, obtain description of missing person, announce as appropriate for help in locating missing person, contact law enforcement if needed to report missing person.

CONCESSIONS	A full-service snack bar will be available throughout the meet.
HOSPITALITY	Will be provided to all working Officials and Coaches throughout the meet in main building. Private seating area for Officials and Coaches.
PARKING	On-site parking with 800 parking spaces and an over flow lot for larger vehicles. Parking is free. Officials and volunteers will have reserved parking directly adjacent to the facility.
HOTELS	Coming soon!
TICKETS	Coming soon!
CA CONCUSSION LAW	California has modified its existing school concussion law to apply the requirements to youth sports organizations in which athletes participate, including swimming. These requirements apply to out of state coaches whose swimmers are attending the 2021 Futures Championships.

1. The law requires that a youth athletic program must immediately remove an athlete from an athletic activity for the remainder of the day, if the athlete is suspected of sustaining a concussion or head injury and prohibit the athlete from returning to the activity until the athlete is evaluated by a licensed health care provider, trained in the management of concussions, and acting within the scope of his or her practice. The athlete must receive written clearance from the licensed health care provider to return to the athletic activity. If the athlete is diagnosed with a concussion, they must go through a graduated return to play protocol of no less than seven days under the supervision of a licensed health care provider. Youth sports organizations must also notify the parents or guardians of athletes 17 or younger who have been removed from athletic activities due to suspected concussions.

2. Coaches and administrators must successfully complete the concussion and head injury education required under the bill at least once either online or in person. The following courses from the Center for Disease Control and Prevention (CDC) or the National Federation of State High School Associations (NFHS) satisfy the requirements.

[CDC Concussion Course](#)

[NFHS Concussion Course](#)

3. USA Swimming has also developed concussion and head injury education materials for coaches and administrators. Below is a concussion at the pool checklist for coaches, officials, and parents.

[Concussion at the pool Checklist](#)

After entering the meet, you will receive the standard USA Swimming Participant Waiver, a Concussion Information Sheet for Parents and Swimmers, and the Concussion Acknowledgment Document. Please be sure to take the time to read this information to avoid any delays or issues at the meet. Both the waiver and the acknowledgment document will need to be signed and submitted for each athlete at registration.



JULY 28 - JULY 31 (WED-SAT)

**HULBERT AQUATIC CENTER
620 7TH AVE EAST
WEST FARGO, ND 58078**

EVENT PERSONNEL

Referee:	Phil Barnes	gjpbarnes@gmail.com
Administrative Referee:	Michael Downs	ndmeetmanagement@gmail.com
Meet Director:	Lisa Montplaisir	lisa.montplaisir@gmail.com

OME

Questions about OME and proof of times for this Futures site should be directed to the Administrative Referee.

ABOUT THE FACILITY

- Hulbert Aquatic Center, 620 7th Ave E, West Fargo, ND
- Traveling by I-94: If traveling E or W on I94, take exit 347 (9th Street) and travel N to 7th Ave. Turn W and pool will be 2 blocks on the N side.
 - Traveling from I-29: If traveling N or S on I29, take exit 65 (Main Ave) and travel W to 9th Street. Turn S to 7th Ave. Turn W and will be 2 blocks on the N.
 - Go to 4th Ave rather than 7th Ave to find additional on-site parking an bus-loop. Entry is directly to the warmup pool end of the building.
 - From 7th Ave entrance, main entrance, takes you to the pool lobby, concessions, and hospitality area.

Competition pool: Hulbert Aquatic Center houses an indoor 54 meters x 25 yard pool. A 10-lane 50M pool will be in use with anti-wave lane lines, electronic timing and start, Colorado Gen 7 Timing System with Hy-Tek interface. The start end has a 7' depth and the turn end is 14' depth. The competition pool conforms to USA Swimming Rules and Regulations – Article 103.3. The pool is certified in accordance with USA Swimming requirements 104.2C(3) and (4). The copy of such certificate is on file with USA Swimming. Glass doors separate the warmup pool from the start end of the competition pool.

Warmup/down pool: A six-lane 25 yard pool will be continuously available while the competition pool is in use. Depth is 3.5' x 4.5'

Athlete Seating: bleacher seating for 600 is available on deck.

Spectator seating: there are 1100 stadium chairs available on the upper-deck. Seating is top-load. There are 10 handicap areas around the upper-deck for family access. No camping is allowed in the seating area. Elevator access is available to all areas.

LOCKERS

Six locker rooms are available. Three enter a hallway at the competition pool deck, three enter directly to the warmup pool deck. Each has lockers with locks can be used during the meet but not overnight. One of the locker rooms entering the warmup deck is a family style locker room and will be used exclusively for coaches and officials.

MEDICAL ASSISTANCE

There is a training room at the start end of the competition deck. We will work with local providers to have on-site trainers.

CONCESSIONS

Concessions will be available on the main level of the facility.

HOSPITALITY

Coaches and Officials hospitality will be available throughout the competition. The Hospitality Room is located off the pool deck.

PARKING

There are 320 on-site parking spots: 250 on the 7th Ave side and 80 on the 4th Ave side. Local youth groups will monitor the lots and sell spots for \$5 entry. There are an additional 750 spots available within two blocks of the facility at area schools; all are free lots.

HOTELS

Coming soon!

TICKETS

We will have **All Session** tickets on sale starting Monday when meet registration opens; **daily and single session** passes will be available after all-session sales close at the end of the meet registration process. Ticket sales will be available on our host site <https://www.teamunify.com/team/ndwffs/page/futures-2020>

All Session Adult: \$45.00

All Session Senior (65+)/Youth (7-12): \$30.00

Daily (Prelims & Finals) Adult: \$15.00 - - not available until July 20

Daily (Prelims & Finals) Senior (65+)/Youth (7-12): \$10.00 - not available until July 20

Single Session Adult: \$10.00 - not available until July 20

Single Session Senior (65+)/Youth (7-12): \$5.00 - not available until July 20

Heat Sheets - will be free on meet mobile and posted on our website. limited numbers of heat sheets will be printed for those who prefer paper copies and available for \$2

Children 6 and Under are FREE.



JULY 28 - JULY 31 (WED-SAT)

**HUNTSVILLE AQUATIC CLUB
2213 DRAKE AVE. SW
HUNTSVILLE, AL 35805**

EVENT PERSONNEL	Referee: Scott Powell Administrative Referee: Tim Husson Meet Director: Matt Webber	spowell11@comcast.net tim.husson@gmail.com coachmatt@swimhsa.org
OME	Questions about OME and proof of times for this Futures site should be directed to the Administrative Referee.	
ABOUT THE FACILITY	Huntsville Aquatics Center was opened in July of 2017. The facility offers two indoor 50 meter pools. The Championship Pool has 8 lanes for long course competition, with a consistent pool depth of 7 feet. Automatic timing is provided by a Colorado Timing System with HYTEK interface. Manual back up will be used. Two 8-lane video scoreboards are available. Spectrum Xcellerator blocks and CTS automatic retracting backstroke wedges are in use. The Legacy Pool has 8 lanes for long course warm-up and warm-down, with a pool depth ranging from 4-12 feet.	
LOCKERS	The pool has three male and three female locker rooms for athletes, with a set at both the competition pool and the legacy pool. Coaches and officials will have use of 5 private family restrooms, a male and female restroom off of the legacy pool, and bathrooms within the concourse of the competition pool. Spectators will also have use of the bathrooms along the competition pool concourse.	
MEDICAL ASSISTANCE	Medical assistance will be provided at the facility.	
CONCESSIONS	Concessions information to come later.	
HOSPITALITY	Coaches and Officials hospitality information to come later.	
PARKING	Ample parking is available for all around the facility, with over 500 spots available. Officials and volunteers will have reserved parking directly behind the facility. An athlete drop-off lane is available at the front door of the facility.	
HOTELS	Coming soon!	
TICKETS	Coming soon!	



JULY 29 – AUGUST 1 (THU-SUN)

**SWIM RVA
5050 RIDGEDALE PARKWAY
RICHMOND, VA 23234**

EVENT PERSONNEL	Referee: Anissa Kanzari Administrative Referee: Jamie Cahn Meet Director: Adam Kennedy	kanzari.anissa@gmail.com jemcahn@comcast.net adam.kennedy@swimrichmond.org
OME	Questions about OME and proof of times for this Futures site should be directed to the Administrative Referee.	
ABOUT THE FACILITY	SwimRVA's flagship facility, Collegiate School Aquatics Center (CSAC), is home to the 50 meter Myrtha pool that facility was used for the 2008 US Olympic Trials in Omaha, Nebraska. The 50-meter competition pool will be in an 8 lane format with a depth of seven feet and seven inches at the sides and eight feet and two inches in the center. Competition lanes are a minimum of 9 feet wide swum bulkhead to bulkhead. Equipment supporting the competition pool consists of non-turbulent Competitor lane markers, new Myrtha Track Start Blocks and Backstroke wedges, CTS6 with automatic and semi-automatic timing, Dolphin wireless backup stopwatches. Other amenities include an indoor 6 lane 25 yard pool for continuous warm-up, cool-down, hospitality, a swim shop, athlete lounge, and elevated spectator seating for over 700 with access to wireless internet. The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4)..	
LOCKERS	Limited lockers are available in the athlete/officials' locker rooms for day use only. No locks will be provided.	
MEDICAL ASSISTANCE	Lifeguards shall be on duty at all times during warm up and competition. Anyone in need of medical assistance should summon the nearest lifeguard or report to the Lifeguard office located on the pool deck. In the event of a serious emergency, a Chesterfield County Fire Station is located at 5811 Iron Bridge Rd, N.Chesterfield, VA 23234. This location is 1.5 miles from the facility and the response time in a severe emergency s less than 5 minutes. The nearest hospital is: CJW Medical Center – Chippenham Campus. Located at 7101 Jahnke Rd, Richmond, VA 23235.	
CONCESSIONS	A full concessions stand will be available throughout the meet. The Rapids Café serves food prepared by Ukrops' Homestyle foods, Simple Truth Organics, Papa Johns, Chick-Fil-A and Coca-Cola/Powerade drink products.	
HOSPITALITY	Light hospitality will be provided for officials and coaches.	
PARKING	There is a large parking lot outside the facility. Street parking is also available.	
HOTELS	Coming soon!	
TICKETS	Coming soon!	



FUTURES CHAMPIONSHIPS 2021

TIME STANDARDS

FEMALE			EVENT	MALE		
SCY	SCM	LCM		LCM	SCM	SCY
24.09	26.89	27.39	50 FR	24.89	23.69	21.39
52.09	57.39	59.39	100 FR	53.79	51.29	46.49
1:52.59	2:04.09	2:07.79	200 FR	1:58.09	1:52.69	1:41.79
5:03.49	4:22.09	4:28.79	400/500 FR	4:09.99	3:59.89	4:37.09
10:20.49	9:00.29	9:13.79	800/1000 FR	8:40.69	8:22.49	9:34.29
17:14.39	17:03.29	17:40.19	1500/1650 FR	16:38.99	15:47.79	16:05.49
58.09	1:03.79	1:06.89	100 BK	1:00.79	57.99	52.09
2:04.99	2:18.59	2:23.99	200 BK	2:11.89	2:05.29	1:52.79
1:05.99	1:13.69	1:15.99	100 BR	1:08.69	1:05.19	58.69
2:22.69	2:39.59	2:43.39	200 BR	2:29.09	2:24.19	2:08.59
57.49	1:03.19	1:04.69	100 FL	58.39	55.99	51.09
2:05.39	2:17.79	2:21.89	200 FL	2:10.19	2:04.39	1:53.69
2:08.29	2:21.49	2:26.39	200 IM	2:12.79	2:07.19	1:55.09
4:30.69	4:58.49	5:07.29	400 IM	4:42.39	4:34.09	4:07.59
3:34.09	3:55.59	4:04.29	400 FR-R	3:40.89	3:32.79	3:12.89
7:36.39	8:22.89	8:40.89	800 FR-R	8:00.49	7:43.39	6:58.59
3:57.09	4:21.59	4:33.79	400 MED-R	4:05.89	3:55.29	3:32.79

Qualification period 7/1/2019 through Entry Deadline