

Summer 2020 JO Time Standards (SCY - LCM - SCM)

Girls															
Event	10 & Under			11			12			13			14		
	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM
50 FR	35.19	30.49	33.59	32.79	28.89	31.89	31.89	27.89	30.89	30.79	27.09	29.99	30.69	26.79	29.59
100 FR	1:16.99	1:07.29	1:15.39	1:11.59	1:02.69	1:09.29	1:09.49	1:00.49	1:06.79	1:07.49	58.99	1:05.19	1:06.79	58.39	1:04.49
200 FR	2:50.09	2:28.29	2:43.89	2:36.29	2:16.19	2:30.49	2:30.29	2:12.09	2:25.99	2:26.59	2:08.39	2:21.79	2:23.89	2:05.79	2:18.99
400/500 FR	5:50.19	6:31.39	5:39.59	5:28.79	6:08.09	5:22.09	5:15.39	5:51.39	5:08.59	5:07.39	5:43.19	5:00.39	5:02.19	5:36.49	4:54.49
800/1000 FR				11:36.19	12:44.39	11:08.99	11:03.39	12:09.49	10:38.49	10:34.59	11:47.59	10:19.29	10:20.99	11:37.19	10:10.19
1500/1650 FR				22:25.09	21:29.89	21:22.39	21:13.19	20:27.19	20:20.09	20:20.49	19:45.39	19:38.49	19:48.09	19:14.59	19:07.89
50 BK	40.99	36.19	39.99	37.79	32.59	35.99	36.89	31.59	35.19						
100 BK	1:30.29	1:17.89	1:26.09	1:23.09	1:10.59	1:17.99	1:19.29	1:08.49	1:16.59	1:16.19	1:05.69	1:12.49	1:14.09	1:03.79	1:11.39
200 BK				2:57.69	2:32.89	2:48.79	2:50.59	2:27.29	2:43.29	2:43.59	2:21.19	2:36.09	2:39.69	2:17.89	2:32.89
50 BR	45.29	39.89	44.09	42.59	36.89	40.79	40.19	35.89	39.69						
100 BR	1:41.29	1:27.49	1:36.69	1:33.39	1:20.79	1:29.29	1:29.69	1:18.19	1:26.39	1:25.69	1:14.49	1:22.29	1:24.29	1:13.29	1:21.59
200 BR				3:21.09	2:53.89	3:12.09	3:12.69	2:49.19	3:06.99	3:04.89	2:41.79	2:58.79	3:03.19	2:37.89	2:56.59
50 FL	39.39	34.39	37.99	35.39	31.29	34.59	34.29	30.59	33.79						
100 FL	1:30.29	1:19.19	1:27.49	1:20.89	1:10.99	1:18.49	1:17.99	1:08.09	1:15.19	1:13.59	1:04.79	1:11.59	1:12.39	1:03.39	1:10.79
200 FL				3:05.29	2:43.09	2:59.09	2:55.09	2:31.39	2:48.89	2:42.49	2:23.99	2:39.09	2:39.59	2:22.09	2:36.99
100 IM															
200 IM	3:08.29	2:45.09	3:02.39	2:56.69	2:33.29	2:49.39	2:51.19	2:28.39	2:45.69	2:45.39	2:24.29	2:39.39	2:42.39	2:21.09	2:35.89
400 IM				6:17.69	5:27.59	6:01.89	6:04.59	5:19.19	5:52.69	5:50.79	5:06.79	5:38.99	5:43.99	5:00.19	5:31.69
Boys															
Event	10 & Under			11			12			13			14		
	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM
50 FR	34.99	30.39	33.49	32.79	28.59	31.59	31.19	27.19	29.99	29.49	25.69	28.39	28.39	24.69	27.59
100 FR	1:16.49	1:06.69	1:13.69	1:11.59	1:02.49	1:08.99	1:07.49	59.29	1:04.49	1:04.09	55.99	1:01.79	1:01.99	53.89	59.59
200 FR	2:47.69	2:27.09	2:42.19	2:35.89	2:15.49	2:29.69	2:26.99	2:09.19	2:22.69	2:20.29	2:01.59	2:14.29	2:15.09	1:57.19	2:09.49
400/500 FR	5:40.49	6:31.39	5:39.19	5:32.69	6:07.19	5:21.89	5:08.49	5:47.49	5:04.09	4:56.39	5:27.39	4:46.49	4:45.99	5:16.99	4:37.39
800/1000 FR				11:33.39	12:38.69	11:03.99	10:51.99	11:56.79	10:27.29	10:17.19	11:19.79	9:54.89	9:56.29	10:57.79	9:35.59
1500/1650 FR				22:18.49	21:19.19	21:11.79	20:45.89	20:00.79	19:53.79	19:32.39	18:57.49	18:50.79	18:58.19	18:20.89	18:14.49
50 BK	40.99	36.19	39.99	38.29	33.09	36.59	36.49	31.59	34.89						
100 BK	1:30.29	1:17.89	1:26.09	1:23.89	1:11.79	1:19.19	1:18.49	1:07.49	1:14.59	1:12.19	1:01.89	1:08.39	1:09.39	1:00.49	1:06.79
200 BK				3:00.59	2:36.39	2:52.29	2:46.59	2:23.99	2:39.09	2:36.79	2:15.09	2:29.19	2:32.89	2:11.79	2:25.29
50 BR	46.19	40.19	43.49	42.69	37.19	41.09	40.09	35.19	38.09						
100 BR	1:41.09	1:27.79	1:36.79	1:34.39	1:20.99	1:29.39	1:27.69	1:15.89	1:23.79	1:20.49	1:09.59	1:16.89	1:17.89	1:08.09	1:13.99
200 BR				3:22.19	2:54.69	3:12.69	3:08.89	2:42.99	3:00.09	2:53.89	2:31.29	2:47.09	2:52.59	2:28.39	2:43.99
50 FL	38.19	34.39	38.09	36.39	31.79	35.09	34.09	30.19	33.49						
100 FL	1:29.49	1:19.89	1:28.29	1:21.59	1:11.39	1:18.79	1:16.39	1:07.09	1:14.19	1:09.49	1:01.09	1:07.49	1:07.49	59.59	1:05.89
200 FL				3:02.89	2:41.49	2:57.89	2:48.79	2:29.89	2:44.29	2:38.49	2:17.79	2:31.99	2:31.49	2:12.29	2:27.49
100 IM															
200 IM	3:06.89	2:46.19	3:03.59	2:57.79	2:34.89	2:51.09	2:48.19	2:27.09	2:42.29	2:36.99	2:16.59	2:30.89	2:32.29	2:11.39	2:27.09
400 IM				6:19.59	5:27.89	6:02.29	5:53.39	5:12.19	5:44.99	5:35.79	4:50.59	5:21.09	5:26.19	4:43.39	5:13.09