

## VALLEJO AQUATICS CLUB - GIRLS LCM TEAM RECORDS

	EVENTS	NAME	TIME	DATE SWAM
<b>8 &amp; Unders</b>				
	50 Freestyle	Helen Randolph	39.06	May 20, 2016
	100 Freestyle	Helen Randolph	1:25.22	April 29, 2016
	50 Backstroke	Audrey Allison	46.96	July 22, 1995
	50 Breaststroke	Alyssa Powell	49.56	July 28, 2007
	50 Butterfly	Alyssa Powell	44.87	April 14, 2007
<b>9/10 Year Olds</b>				
	50 Freestyle	Meghan Bicomong	31.69	Jul 27, 2005
	100 Freestyle	Meghan Bicomong	1:08.78	July 14, 2005
	200 Freestyle	Natalie Coughlin	2:34.01	July 1, 1993
	400 Freestyle	Kaitlyn Lynch	5:33.35	July 17, 2003
	50 Backstroke	Natalie Coughlin	37.53	July 1, 1993
	100 Backstroke	Meghan Bicomong	1:22.74	June 17, 2005
	200 Backstroke		N/A	
	50 Breaststroke	Meghan Bicomong	40.59	July 27, 2005
	100 Breaststroke	Meghan Bicomong	1:28.75	August 8, 2005
	200 Breaststroke	Kareesha Singh	3:58.84	April 22, 2023
	50 Butterfly	Kaitlyn Lynch	34.39	July 17, 2003
	100 Butterfly	Alyssa Powell	1:20.03	June 19, 2009
	200 Butterfly		N/A	
	200 I.M.	Meghan Bicomong	2:50.66	July 14, 2005
<b>10 &amp; Under Relays</b>	200 Freestyle Relay	J. Minahen, K. Lynch, C. Miguel, P. Welton	2:25.24	June 27, 2003
	200 Medley Relay	S. Tabor, Z. Coles, D. Felix, C. Miguel	2:51.51	July 12, 2002
<b>11/12 Year Olds</b>				
	50 Freestyle	Meghan Bicomong	29.35	July 19, 2007
	100 Freestyle	Meghan Bicomong	1:03.57	August 1, 2007
	200 Freestyle	Meghan Bicomong	2:19.42	July 19, 2007
	400 Freestyle	Taylor Riley	4:52.12	May 20, 2005
	800 Freestyle	Alexandra Grant	10:23.33	May 17, 2019
	1500 Freestyle	Taylor Riley	19:39.70	May 20, 2005
	50 Backstroke	Meghan Bicomong	33.90	Aug 1, 2007
	100 Backstroke	Meghan Bicomong	1:13.08	August 2, 2007
	200 Backstroke	Alexandra Grant	2:41.04	May 17, 2019
	50 Breaststroke	Juliana Bondoc	36.88	July 29, 2023
	100 Breaststroke	Morgan Zackery	1:22.16	July 30, 1997
	200 Breaststroke	Meghan Bicomong	2:55.12	August 1, 2007
	50 Butterfly	Juliana Bondoc	31.29	July 22, 2023
	100 Butterfly	Alyssa Powell	1:09.84	June 10, 2011
	200 Butterfly	Taylor Riley	2:36.31	May 20, 2005
	200 I.M.	Meghan Bicomong	2:35.67	August 1, 2007
	400 I.M.	Meghan Bicomong	5:35.55	August 2, 2007
<b>12 &amp; Under Relays</b>	200 Freestyle Relay	A. Argueta, M. Gomez, E. Matteo, M. Hunter	2:04.47	July 12, 2015
	400 Freestyle Relay	A. Argueta, E. Matteo, A. Sapida, M. Hunter	4:38.73	July 11, 2015
	200 Medley Relay	M. Gomez, A. Sapida, A. Argueta, M. Hunter	2:24.53	July 10, 2015
	400 Medley Relay	T. Rivera, A. Reyes, M. Gomez, A. Sapida	5:24.21	July 7, 2017
<b>13/14 Year Olds</b>				
	50 Freestyle	Mikaela DeVera Gomez	28.75	July 26, 2018
	100 Freestyle	Samantha Siaki	1:02.56	August 1, 2007
	200 Freestyle	Taylor Riley	2:16.35	July 26, 2006
	400 Freestyle	Taylor Riley	4:45.67	July 27, 2005
	800 Freestyle	Kathryn Jovino	9:45.50	July 31, 2002
	1500 Freestyle	Kathryn Jovino	18:33.78	July 30, 2002
	100 Backstroke	Olivia Pettit	1:12.25	July 11, 2021
	200 Backstroke	Olivia Pettit	2:33.93	July 12, 2021
	100 Breaststroke	Elina Rosario	1:19.58	July 12, 2013
	200 Breaststroke	Elina Rosario	2:48.95	July 11, 2014
	100 Butterfly	Alyssa Powell	1:08.02	May 14, 2013
	200 Butterfly	Taylor Riley	2:38.36	July 14, 2005
	200 I.M.	Alexis Miller	2:34.38	1988
	400 I.M.	Taylor Riley	5:31.58	June 10, 2006
<b>14 &amp; Under Relays</b>	200 Freestyle Relay	D. Felix, T. Riley, Z. Coles, S. Siaki	2:01.36	July 21, 2006
	400 Freestyle Relay	A. Argueta, E. Matteo, A. Sapida, M. Gomez	4:30.42	July 8, 2017
	800 Freestyle Relay	M. Spillner, K. Jovino, N. Bueno, A. Bienati	9:44.15	July 31, 2002
	200 Medley Relay	A. Sapida, A. Argueta, E. Matteo, M. Gomez	2:15.42	July 8, 2017
	400 Medley Relay	A. Bienati, L. Garcia, K. Jovino, M. Spillner	5:18.67	July 31, 2002
<b>15/16 Year Olds</b>				
	50 Freestyle	Samantha Siaki	27.87	March 5, 2008
	100 Freestyle	Samantha Siaki	1:00.98	March 6, 2008
	200 Freestyle	Samantha Siaki	2:15.49	March 5, 2008
	400 Freestyle	Kathryn Jovino	4:44.98	July 28, 2004
	800 Freestyle	Kathryn Jovino	9:43.61	July 28, 2004
	1500 Freestyle	Kathryn Jovino	18:26.52	July 27, 2004
	100 Backstroke	Olivia Pettit	1:07.92	July 22, 2022
	200 Backstroke	Olivia Pettit	2:26.48	July 31, 2022
	100 Breaststroke	Elina Rosario	1:14.51	July 7, 2016
	200 Breaststroke	Elina Rosario	2:45.69	July 21, 2016
	100 Butterfly	Alyssa Powell	1:06.64	August 6, 2015
	200 Butterfly	Melissa Pugh	2:29.08	1988
	200 I.M.	Ashley Cayford	2:29.23	July 18, 2002
	400 I.M.	Kristi Greene	5:35.30	1989
<b>17/18 Year Olds</b>				
	50 Freestyle	Ashley Cayford	28.21	July 28, 2004
	100 Freestyle	Ashley Cayford	1:02.18	July 27, 2004
	200 Freestyle	Mary Ellis	2:11.76	1989
	400 Freestyle	Mary Ellis	4:40.80	1989
	800 Freestyle	Kathryn Jovino	9:33.89	July 21, 2005
	1500 Freestyle	Mary Ellis	18:09.69	1989
	100 Backstroke	Alexandra Grant	1:11.47	July 28, 2023
	200 Backstroke	Mary Ellis	2:33.99	1989
	100 Breaststroke	Elina Rosario	1:12.65	July 21, 2018
	200 Breaststroke	Elina Rosario	2:45.36	August 4, 2016
	100 Butterfly	Alyssa Powell	1:06.39	July 7, 2016
	200 Butterfly	Tony DeSenna	2:45.36	July 15, 1999
	200 I.M.	Mary Ellis	2:33.65	1989
	400 I.M.	Mary Ellis	5:30.23	1989
<b>15-18 Relays</b>	200 Freestyle Relay	O. Pettit, A. Grant, K. Perservanda, P. Whitty	1:57.10	July 30, 2022
	400 Freestyle Relay	M. Spillner, A. Cayford, K. Jovino, K. Kearney	4:25.91	July 9, 2004
	800 Freestyle Relay	C. Miguel, L. Tucker, T. Singley, P. Welton	10:02.64	July 16, 2009
	200 Medley Relay	O. Pettit, A. Grant, A. Sapida, P. Whitty	2:11.68	July 28, 2022
	400 Medley Relay	E. Rosario, E. Hurst, A. Powell, M. Augst	5:00.58	July 26, 2014