NOVA December Dip 12/3-5/2021

The following will be the meet protocol for this meet:

The December Dip, held at the NOVA Aquatic Center - Regency location, will welcome all swimmers and spectators.

Do not enter the facility if experiencing any COVID symptoms.

All swimmers (except when swimming), spectators, coaches and officials will wear a mask while in the facility at all times. Watch and go is always an option if that is your preference. There will be no live streaming.

There will be no clerk of course. We will have behind the block volunteers for swimmers who have not experienced a meet without a clerk of course.

The competition course will be on the west side of the pool, opposite the scoreboard. This is different from previous meets held at Regency.

There will be bleacher seating for all, but there is plenty of deck space for chairs to be brought in if preferred.

There will be no heat sheets sold. The heat sheet will be posted on the NOVA website by noon on Friday and on meet mobile, as well as emailed to all coaches.

There will be no concessions. The swim shop will sell waters and sports drinks during the meet.

The Regency facility is located at 100 NOVA Way. For directions, use 1420 N. Parham Road, Richmond, VA 23229. This will direct you to the Regency Mall. Circle around to the back side of the mall, to the covered parking area where you will see the NOVA entrance.