



MEDIA ALERT

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NOVA of Virginia Aquatics wins 14th straight Virginia Swimming Long Course Age Group Championship

Richmond, VA (July 30, 2014) -- NOVA of Virginia Aquatics (NOVA) won the girls', boys' and overall combined team titles at the 2014 Virginia Swimming Long Course Age Group Championship, held July 24-27 at the Christiansburg Aquatic Center. The victory marked the 14th consecutive year that NOVA's girls' and boys' teams combined to compile the most points at the season-ending meet. NOVA tallied 3,888.5 points to outscore the second place team by over 1,300 points.

Three NOVA swimmers took home high point award honors as the leading point scorers in their divisions. D.C. Hellams was the 11-12 boys' as well as the overall boys' high point winner, scoring 138 total points. Hellams won the boys' 11-12 year old 200 meter Butterfly, 100 meter Breaststroke, 200 meter Individual Medley and 200 meter Breaststroke events. He was also a member of three winning relay teams, including the 11-12 boys' 400 meter Medley relay, where Hellams teamed with Jacob Oberle, Reid Hutcherson, and Atesh Camurdan to register a time of 4:41.48, breaking both the meet and Virginia state age group records for the event.

Zoe Dixon was the high point winner among 9-10 girls, the second highest scorer among all girls, and third highest overall with 133 points. Dixon won five individual events in the girls' 9-10 division, including the 50 and 100 meter Butterfly, 50 and 100 meter Backstroke, and the 100 meter Freestyle. Dixon's performances in both butterfly events set new meet records. She was also a member of winning relay teams in the 9-10 girls' 200 and 400 meter Freestyle relays as well as the 200 and 400 meter Medley relays. In the 200 meter Medley relay, Dixon joined Ellie Ahmed, Marianne Tan and Mackenzie Ferguson to record a time of 2:23.08, which set new meet and state age group records.

Nate Pfeffer was the high point winner in the 9-10 boys' division, scoring 127 total points. Pfeffer finished in the top five in each of his eight individual events, and led NOVA teams to wins in the 9-10 boys' 200 and 400 meter Freestyle relays as well as the 200 and 400 meter Medley relays. NOVA had one other record breaking performance: the boys' 11-12 200 meter Freestyle relay team of Atesh Camurdan, Jacob Oberle, Hunter Sundlun and Reid Hutcherson broke meet and state age group records with a time of 1:52.32.

About NOVA of Virginia Aquatics:

NOVA is a non-profit, full-service swim club that meets the needs of every level of swimmer, from lessons to Masters. It is currently ranked sixth in the nation for overall club performance for swimming competition and organization by USA Swimming and has received the distinctive Gold Medal Club Award.

Led by head coach Geoff Brown, USA Swimming's 2012 Developmental Coach of the Year, NOVA's coaching staff has led its team to three NCSA Junior National Swimming Championships and won the Virginia Swimming Short Course Age Group Championship for fifteen consecutive years and the Virginia Swimming Senior Long Course Championship for nine consecutive years. As a comprehensive aquatics center, NOVA has the region's leading youth swim lessons program, teaching over 5,100 lessons each year, as well as the top Master's swimming program in Virginia.

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