

# MAY

M	T	W	T	F	S	S
26 4:45-7:15am *5:30-6:45pm	27 4:45-7:15am *5:30-6:45pm	28 4:45-7:15am *5:30-6:45pm LC 4-5pm	29 4:45-7:15am *5:30-6:45pm SPRING CUP	30 4:45-7:15am SPRING CUP	1 5:15-7:45am SPRING CUP	2 SPRING CUP
3 4:45-7:15am *5:30-6:45pm	4 4:45-7:15am *5:30-6:45pm	5 4:45-7:15am *5:30-6:45pm	6 4:45-7:15am *5:30-6:45pm	7 4:45-7:15am	8 5:15-7:45am	9 MOTHER'S DAY
10 4:45-7:15am *5:30-6:45pm	11 4:45-7:15am *5:30-6:45pm	12 4:45-7:15am *5:30-6:45pm	13 4:45-7:15am *5:30-6:45pm	14 NCAP INVITE OT Practice TBA	15 NCAP INVITE OT Practice TBA	16 NCAP INVITE
17 4:45-7:15am *5:30-6:45pm	18 4:45-7:15am *5:30-6:45pm	19 4:45-7:15am *5:30-6:45pm	20 4:45-7:15am *5:30-6:45pm	21 4:45-7:15am	22 5:15-7:45am	23
24 4:45-7:15am *5:30-6:45pm	25 4:45-7:15am *5:30-6:45pm	26 4:45-7:15am *5:30-6:45pm	27 4:45-7:15am *5:30-6:45pm	28 4:45-7:15am <u>Senior Night</u> 5:00pm	29 5:15-7:45am	30
31 TBA MEMORIAL DAY	1	2	3	4	5	6

\* doubles - sign up with Norm (5 lanes M/W; 3 lanes T/Th) 1 double is expected/ 2 is encouraged

LC SPRING CUP - EXTRA LC WARMUP APRIL 28, 4:00-5:00PM @ CSAC

NCAP P/F Invite - SWIMMERS NEED TO SIGN UP ON THE NOVA WEBSITE (OT swimmers not attending)

Senior Recognition Night - 5:00pm @ NOVA (Save the Date)