

POSEIDON PARENT GUIDELINES

Strong parental support of our swimmers and coaching staff is critical to the continued success of Poseidon swimming in the pursuit of our core values of Competitive Excellence and Personal Development. The Board of Directors would like to provide the following guidance as to how our parents can positively support and assist our swimmers, coaching staff and families in reaching team and personal goals.

Poseidon Swimming highly encourages the following parental behavior:

- Open communication between parents, swimmers and coaches.
- Treating all with courtesy, good sportsmanship and respect.
- Positive actions and communications that earn the respect of swimmers, competitors, parents, officials and coaches at meets and practices.
- Staying in the spectator area at swim meets and off the competitive decks unless officiating or volunteering at the meet in some capacity.
- Sitting in the bleacher area during your swimmer's practice times and not on deck.
- Directing any questions or concerns regarding decisions made by meet officials to a member of the Poseidon Swimming coaching staff and not to meet officials.
- Parental involvement on the Board of Directors and in organizing and running of meets and other team events.

Poseidon Swimming highly discourages the following behavior from parents:

- Having conversations or meetings with the coaches at practice or swim meets in a manner and at a time that takes the coach's time and attention from the swimmers and interferes with coaching duties and responsibilities.
- Criticizing, name-calling, abusive language or gestures or profanity at a practice or meets directed towards coaches, swimmers, parents, officials or your own children.

Any illegal or inappropriate behavior that brings discredit or disruption to our swimmers and our team or would detract from a positive image of Poseidon including inappropriate or derogatory information or comments posted on social media sites.