



**SUMMER
SENIOR
CHAMPIONSHIP**

AUGUST 03 - 06, 2016

WOMEN			EVENT	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
29.39	28.39	25.89	50 Freestyle	23.09	25.59	26.59
1:03.59	1:01.59	56.09	100 Freestyle	50.39	55.49	57.49
2:17.19	2:13.19	2:00.79	200 Freestyle	1:50.39	2:02.19	2:06.19
4:48.49	4:40.49	5:21.39	400 Freestyle	4:59.99	4:19.99	4:27.99
9:54.39	9:38.39	11:03.99	800 Freestyle	10:22.09	8:59.19	9:15.19
18:57.79	18:27.79	18:15.49	1500 Freestyle	17:21.69	17:14.99	17:44.99
NT	NT	NT	50 Backstroke	NT	NT	NT
1:14.29	1:12.29	1:05.09	100 Backstroke	58.69	1:05.89	1:07.89
2:39.49	2:35.49	2:19.49	200 Backstroke	2:07.29	2:22.59	2:26.59
NT	NT	NT	50 Breaststroke	NT	NT	NT
1:24.59	1:22.59	1:13.99	100 Breaststroke	1:06.39	1:14.29	1:16.29
3:02.49	2:58.49	2:40.79	200 Breaststroke	2:24.79	2:41.29	2:45.29
NT	NT	NT	50 Butterfly	NT	NT	NT
1:10.19	1:08.19	1:02.79	100 Butterfly	56.19	1:01.49	1:03.49
2:33.89	2:29.89	2:18.09	200 Butterfly	2:04.99	2:16.59	2:20.59
2:35.59	2:31.59	2:16.19	200 Individual Medley	2:03.79	2:17.59	2:21.59
5:27.99	5:19.99	4:49.69	400 Individual Medley	4:24.29	4:53.29	5:01.29
NT	NT	NT	200 Freestyle Relay	NT	NT	NT
4:24.89	4:16.89	3:54.69	400 Freestyle Relay	3:30.69	3:52.69	4:00.69
9:31.19	9:15.19	8:36.79	800 Freestyle Relay	7:42.19	8:27.89	8:43.89
NT	NT	NT	200 Medley Relay	NT	NT	NT
4:54.29	4:46.29	4:18.89	400 Medley Relay	3:53.89	4:17.49	4:25.49

QUALIFYING PERIOD: January 1, 2015 through July 18, 2016
BONUS EVENTS: MAKE 1-2 CUTS, ADD 4 BONUS EVENTS.
MAKE 3 OR MORE CUTS, ADD 3 BONUS EVENTS.

