

MARCH MADNESS

2016

March is typically our increased training month, with the idea of setting a yardage goal above the typical monthly average, and commit to it

Fill out the form and return to a coach.

 ***Accountability is success's best friend.***

Track your yardage and at the end of the month, turn in your yards.

All those achieving their goal will be entered to a raffle for Sports Basement gift cards, free lessons, and the other prizes.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Yardage Goal\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Now let's get swimmin'!***