

# Walnut Creek Masters Board of Directors

## June 7, 2016 Meeting Minutes

**Attending.** Loren Druz, , Jesse Smyers, Mike Piazza, Cathy Jacques, Lindsey Guadinier, Susan Keeler, Ed Lane, Bruce Cousins, Ann Hirsch, Kerry O'Brien, Harold Boscovich, Leslie Mladivich, Lauren Beaudreau, Joan Alexander

**Approval of Minutes** - May minutes were approved with one change - "the 2017 Championships will be hosted by Walnut Creek Masters."

### **Coaches Corner** - Kerry -

Snorkel Mania - Creekers, Kudos to those of you who embraced Snorkel Week as something new and worth giving a try. It was not easy for some/many in the beginning, but the week progressed and improvements were made. Here are a few examples of what we witnessed in people's swimming:

- With eyes down, our heads aligned with our spines and we swam with a more balance body posture
- The lack of turning our head to breath allowed us to stretch our strokes into a longer Freestyle
- By locking the head down, no excessive head motion removed some of the hinges in our spine-line resulting in a lot less lateral movement from shoulders, hips, knees and legs
- For the first time many of you exhaled through your nose
- Stroke drills became more focused by not interrupting movements with breathing
- With mouthpieces in, complaints regarding set design were at an all time low :)

**Long Course Nationals** - The latest survey showed that 28 showed interest in the meet. Kerry will check to see about renting or bringing shade. Possible coaches will go - **MSA** to cover their costs.

**Open Water Season** - It was voted by the board to not do the 2X1 relay. Open water temperature rule is in question at Convention.

John King stated that Pacific is wanting to fill its 26 delegate positions. Please attend the Pacific meeting Wednesday, 15 June to apply or contact the Administrator.

**Manager Report** - Bosco - As of today, 6/7/16, we have 441 Active members registered. The breakdown is: 88 Annual Swim Pass Members; 79 Monthly Swim Pass Members; 11 College Members; 18 Associate Members.

We have had a total of 460 Registrations for this year, but have had 19 members leave the Team for various reasons. (Move, injury, death, quit, or failed to show up after registering.)

We expect more College Members to join and have 2 or 3 inquiries and want to begin in late June or early July.

**Team Picnic** - The Board voted to have the picnic September 10 at Loren's home.

**Amazon Smile** - Register at AmazonSmile and name Walnut Creek Masters as your Charity. Also become a **Sports Basement** 'basementeer' and also name Walnut Creek Masters as your Charity.

**Treasurer Report** - Mike - Financial status is about the same as last month.

**Swimming Saves Lives** - Leslie - SSL will be taken over by Pam. Survey on interest to sent out for next sessions.

**Other topics** -

Adjourn

Respectfully submitted  
Joan Alexander