



BAC TEAM

UPDATES 10.06

Hey BAC families

Another email going out to all locations and all groups. Lots of important or interesting stuff, so we'll try to be as succinct as possible to cut down on the length.

BAC FALL SOCIAL

A little less than a week at Lakeside Park in Middleton – PLEASE READ THE ATTACHED FLYER FOR MORE DETAILS

DREW'S E-CARD

Obviously, a big component of the Fall Social is honoring and celebrating recently retired Head Coach and CEO Drew Walden. If you haven't done so already, please take a few moments to write a note of appreciation on the link below <https://www.groupgreeting.com/sign/7fdd0d0a10c7546>

"BAC BOTTLE BADGES"

If you follow us on social media, you already saw our hype video for the BAC Bottle Badges that came this week. BAC Bottle Badges are stickers that are like scouting merit badges – swimmers can earn them in different areas. You can see the attached flyer (from 2019, but you get the idea) for more details. We'll get those to the coaches right away and we'll start really handing some out at the Spooktacular.

If you DON'T follow us on social media, you should be very slightly shamed and should rectify that right away!

UPCOMING MEETS

Speaking of the Spooktacular, the deadline is TODAY!

The other upcoming local meet is the VAST Trick or Treat Meet in Verona. That deadline is Thursday 10/13. Swimmers competing in both are very encouraged to try some different events.

Finally, you all got information on the Holland, Michigan Bus Trip. Sign up for that opened last night and CLOSSES TONIGHT AT MIDNIGHT. (Still space available!) Consult the info sheet we sent and reach out ASAP if you have any questions.

FALL CLOTHING

Will be ready for pickup at Simply Swimming next Friday, or possibly Thursday evening. Madison-area swimmers need to go to the store to pick up orders. We will bring Sauk and Baraboo area swimmers items to the Spooktacular, and then to practice the following Monday.

SOME BAC ALUMNI PERSPECTIVE

[Redefining My Why \(swimswam.com\)](https://www.swimswam.com)

This is a really neat article from a former BAC swimmer. Molly swam for BAC from 8 to 18, alongside her younger sister Meghan, and has a place on BAC's Mt Rushmore of 'nicest kid ever'. She recently wrapped up her swimming career at Saint Catherine in St Paul, and took the opportunity to share her perspective on her journey with SwimSwam.

That's all for now. Excited that we have a social and a meet and lots of other fun stuff coming up.

Go BAC!