

ISSUE

74

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# BAC Times

Weekly Updates and Reminders for BAC swimmers, parents and coaches

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## Parent

### Meeting and MAAPP Recap

Thanks to everyone who attended either the initial parent meeting or the makeups in Baraboo and Madison. MAAPP was obviously the big topic of discussion, and while much of what we covered is common sense, feel free to look further into MAAPP and let us know if you have any questions. We recently added an entire section on our web all about MAAPP.

## Great Week One!

Week 1 is in the books and it feels so awesome to be BAC! Hopefully your swimmer is adjusting to the new coaches and swimmers in their group, making some new friends, and happy to be back in the water! If you have any questions or if any issues have come up, please never hesitate to reach out and ask. As with any quality youth sports organization, we recognize the incredible importance of good communication!

## 'Outside the Lanes'

It's been a little while, so we're dusting off an old feature we used to have in nearly every newsletter - 'Outside the Lanes'! It's a chance to celebrate all of the unique and extraordinary things that our BACers do in addition to their achievements in the pool.

Madi Gussel swims with our Baraboo Trophy Group. In addition to swimming, she competes for her schools archery team! An archery competition has shooting from 10m and 15m, and also has a '3D' component where competitors shoot at realistic targets from varying distances. Her team competed in Nationals last spring in Kentucky and performed well enough to qualify for the World Championship! Unfortunately, that competition was the same weekend this summer as a swim meet - good choice Madi ;^)

If you know of any BACers doing cool things outside of the pool, let us know about it!



## Difference Between USA and Summer League Meets

Some of the most common questions we get from new families are about meets. You can read a breakdown of all the fall/winter meets elsewhere in this newsletter, but new families often benefit from an explanation on how USA Swimming meet compare to some of the summer meets they might be used to. We wrote a lot about that for a Fall 2017 Newsletter that you can check out [HERE](#). While you're there, feel free to check out past newsletters – many of the articles are fairly 'evergreen' and worth a re-read.

## Fall/Winter Meet Breakdown

BAC offers a wide variety of meets for swimmers of all abilities – WAY more meets than any single swimmer would do. In fact, there are several weekends where we offer two meets the same weekend, just for different swimmers within the BAC family.

Ultimately, meet participation is an individual swimmer/family choice. We generally promote meet participation, because meets are fun! They're also a great way (but not the only way) to realize and celebrate some of the improvements your swimmer has been making in practice!

If you have any questions about meets for your swimmer specifically, connect with their lead coach.

Here's a quick explanation of each meet currently on our schedule. Sometimes it works to look at meets individually, but sometimes it makes more sense to look at them in groups (attending at least one of the late Oct – early Nov meets for example). REMEMBER, ALWAYS CHECK WITH YOUR LEAD COACH ABOUT MEET AND EVENT SELECTION, AND LET YOUR SWIMMER TAKE OWNERSHIP IN PICKING RACES!!

•**OCT 12-13:** BAC SPOOKTACULAR – Technically, we have 2 different Spooktaculars. The Saturday meet is a perfect season-opener for swimmers of all ages. The Sunday meet offers a few longer events for our older or more experienced swimmers. GENERALLY, WEEKENDS WHEN WE HOST MEETS ARE 'ALL IN' WEEKENDS. Meaning that we'd like to see nearly every BACer check their schedule to see about participating.

- OCT 26-27:** (a great example of different meets offered for different BACers)
  - oDFAC – a quick and small local meet, reserved for 12-Under swimmers
  - oLFSC @ RECPLEX – a complementary option to DFAC, but open to all ages

•**NOV 2-3:** MICHIGAN BUS TRIP – a fun meet that should be worth the time investment for interested swimmers. We'll travel midday Friday to Sunday evening. Saturday the meet is a prelim/final format for 11-over swimmers

•**NOV 8-10:**

oIFLY – this is a 'Senior' (all ages together) meet with time standards. Limited to HS boys and some MS girls

oWEST – a single day meet for all interested ages. Travel to Waukesha is pretty easy

•**NOV 22-24:** This is another 'all-in' weekend, and many groups might 'rest' a bit to see some impressive mid-season times

oWGLO – This is a pretty competitive meet that draws teams from outside Wisconsin. It does have qualifying standards, so only some swimmers will be eligible.

oMSS – a complement to WGLO. This year should be extra exciting as they are debuting their brand-new pool!

•**DEC 13-15:** Another 'all-in' weekend, either at our Holiday Splash or at the State Meet

oBAC HOLIDAY SPLASH – A BAC hosted meet with a variety of events spread over 3 days

oSINGLE AGE STATE – This is one of 4 'LSC sponsored' Championship Meets offered this fall/winter. It is 'single age' (meaning a 9yo age group and a 10yo age group instead of '9-10') for 12yo, 11yo, 10yo, 9yo, and 8-u. We won this meet it's first years of existence and we're pumped up to make it 3 in a row!

•**DEC 20-22:**

oSPS WINTER CLASSIC – a great local option for folks that aren't traveling for the Holidays or for folks that can't attend the Splash.

•**DEC TBD:** SWAT DUAL – Details TBD but for the past 3 years we've had our 14-U athletes do a one-day bus trip to Greenfield to go against one of the stronger teams in Milwaukee

•**JAN 3-5:** for any 'BAC hosted' meet we consider it an 'all-in' weekend

oBAC JACK PETTINGER INVITE – A 3 day meet offering a ton of events. Saturday is run as a prelim/final meet for 9-o swimmers. Last year was Year 1 for this new format and it was AWESOME

oSSTY BIG CHEESE – exclusively for HS girls in our Madison or Baraboo Senior Groups

•**JAN 26:** BAC GROUNDHOG – a single day meet here in town

•**JAN 31 – FEB 2:** Another weekend we'd like everyone to consider one meet or the other

oSSTY A+ MEET – like WGLO, this is a prelim/final meet with stiff competition and qualifying time standards

oSPS SINGLE DAY – a one-day complement to A+

•**FEB TBD:** BAC INTRASQUAD – TBD but we'll likely add something (a short intrasquad perhaps) to the schedule in early February

•**SEASON ENDING MEETS!**

oWe'll talk more about this as the meets get nearer. Just be aware that there are multiple levels of season-ending meet, and we definitely want to prioritize EVERY BACer participating in one of them. About 70% of our kids will end their seasons at the Regional Championship Meet in Middleton, while the rest will go on to a State Championship Meet or beyond.

