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# BAC Times

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Weekly Updates and Reminders for BAC swimmers, parents and coaches

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## Season Ending Meet Overview

Hey Everyone,

While it might seem like the start of the season wasn't all that long ago, our season-ending meets will be upon us before you know it! This time of the year we like to either remind (for returning families) or inform (for newer families) everyone of the different season-ending meets available to BAC swimmers.

### **Regional Championship Meet; Middleton High School; February 17th - 19th;**

For nearly 80% of the swimmers in the Wisconsin LSC, the final meet of the winter season is one of five 'Regional Championship Meets' held around the state. This year BAC will attend, and host, the Regional Championship Meet at Middleton High School February 17th - 19th. Even though this is the most common season-ending meet for swimmers, it's often the one that families are most confused about. What

often confuses people are the time standards ('state cuts') that are listed for most of the events. These are the times a swimmer of a certain age needs to go in a certain event to qualify for either of the two State Championship Meets (12-under and 13-over). The reason that they are listed in the event information for the Regional Championship Meet is that swimmers who have already achieved one of these time standards may NOT compete in that event at the Regional Championship Meet. In this way, each event at the Regional Championship Meet is reserved for swimmers who are either hoping for one last chance to qualify for a State Championship Meet, or those swimmers that are ending their season at the Regional Championship Meet. Swimmers do NOT need to have a certain time in a given event to participate in that event at the Regional Championship Meet – in fact many swimmers might try an event there for the first time.



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(There is also a 'time-trial' portion of the Regional Championship Meet that happens at the conclusion of the meet on Sunday. This meet is a true 'last-chance' opportunity to qualify for a State Championship Meet. BAC swimmers looking to participate must be very close to a state cut and must get prior coach permission.)

## **12-Under State Championship Meet; UW Natatorium; February 24th – 26th;**

The 12-Under State Meet represents the highest level of competition available to BAC age-group swimmers (10-under, 11-12) in the short-course yard winter season. This meet brings together the top 700+ 12-under swimmers from around the state to compete in a single meet, and we're really pleased to be hosting this meet for one of the last times at the UW Natatorium. (Okay, we said that last year too, but we think this year might be THE last time...) BAC has a long tradition of great swimming at this meet and has currently won the meet for 9 straight years, dating back to 2008!

This meet DOES have time standards that swimmers must achieve in order to qualify. These time standards can be found on either our website or the Wisconsin Swimming LSC website.

## **13-Over State Championship Meet; Walter Schroeder Aquatic Center; March 2nd – 5th;**

This meet is structured very similarly to the 12-under State Championship, but the age groups offered are 13-14, 15-16, and Senior, and the meet is held over 4 days. Time standards for this meet were made faster since the 2016 meet, and are also posted on our web and the Wisconsin web. The last chance to qualify for either state meet is the Regional Championship Meet, although HS boys may also use times from certain high school meets.

## **Speedo Sectional Championship Meet; University of Iowa Natatorium; March 9th – 12th;**

Like most of the 'higher level' (beyond LSC Championship) meets offered in USA Swimming, the Speedo Sectional Meet has only a single set of qualifying times. This means that swimmers of any age may qualify, but they all have to achieve the same times in order to be eligible. Generally the swimmers that qualify for these meets are 13-over, although some 11-12's may qualify as well. Many of these 'Senior Meets' also have a second set of time standards called 'bonus standards' that swimmers can use to qualify for additional events, provided they already have a cut for the meet.

## **NCSA Junior National Championship; Orlando, Florida; March 14th – 18th**

This meet brings together some of the best 18-under swimmers from across the country, and has the most challenging time standards of any of the BAC season-ending meets. This year we have one of our largest groups of qualifiers in recent memory, and the kids are really excited to represent BAC at a high level!

Sign up on the web is open now for every one of these meets. We want every BAC swimmer competing in at least one of these meets, so sign up today! It's been a great season so far, and the coaches are super excited about all of the different meets that allow our swimmers to put an exclamation point on the end of a successful season.

**GO BAC!**



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