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BAC Times

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November 21,
2017

Weekly Updates and
Reminders for BAC
swimmers, parents
and coaches

Follow BAC on Social Media!

Keep up with the latest news and pics by following us on Instagram (badger_aquatics), Twitter (@SwimBac) and Facebook (Badger Aquatics Swim Club). It's a great way to see cool pics from practices and meets as well as keep up with the team during off seasons.



Summer Season Wrap-Up

We've had a few meets so far this season – and we're coming off of a GREAT weekend at WGLO and McFarland - but now we're really entering the time of year where opportunities to compete become more frequent. We thought this would be a good time to do a newsletter looking back as some of the recent successes of BAC, specifically during our 2017 Long Course Season!

For those of you that are newer to BAC or don't know much about our summer options, it's a bit of a 'horse of a different color'. Obviously in our area we have a number of really popular summer leagues and teams, so many of our swimmers opt to just do that in the summer. However, a number of our older swimmers – and an increasing number of

12-under swimmers – have identified that practicing with BAC during the summer is not only the best way to improve their swimming, but really fun too!

During the summer season, our focus is on competing in the 'long course' (50m) format. If you'd like more information on the differences between SCY and LCM swimming, you can check out our newsletter from May 2017. Summer months also means outdoor training, as well as the chance to compete outdoors. A few of our swimmers took full advantage and entered the 2017 Open Water State Meet – you can read more about their performance in our July 2017 newsletter, also posted online.

BAC Times

BAC Breaking Records

We already talked about the new state records BAC swimmers set this summer (way to go Ben, Wes, Nate, Truman, Alex, and Nathan!) but we also broke a bunch of LCM team records as well! Congrats to these BAC swimmers on their record-breaking performances!

Jillian Holler: 10-U Girls 100 Back

Bridget Sullivan: 13-14 Girls 50 Back, 13-14 100 Back, 13-14 200 Back

Bailey Felsheim: 13-14 Girls 100 Fly

Alex Anagnostopoulos: 15-over Girls 100 Breast, 15-over Girls 200 Breast

Kelly Rodriguez: 15-over Girls 50 Fly

Ben McDade: 15-over Boys 200 Free, 15-over Boys 400 Free, 15-over Boys 800 Free, 15-over Boys 1500 Free, 15-over Boys 400 IM

Justin Temprano: 15-over Boys 100 Back, 15-over Boys 200 Back

Colin Duffy: 15-over Boys 200 Fly

13-14 Girls 200 Medley Relay: **Bridget Sullivan, Carly McKeon, Bailey Felsheim, Maeve O'Driscoll**

13-14 Girls 400 Medley Relay: **Bridget Sullivan, Carly McKeon, Bailey Felsheim, Mackenzie Zuehl**

13-14 Girls 200 Free Relay: **Maeve O-Driscoll, Mackenzie Zuehl, Bridget Sullivan, Carly McKeon**

Beyond just tracking records, one of the cool things we're able to do through USA Swimming is to track our 'All-Time Top 10' lists for every event. While this obviously includes folks that set new team records, it also celebrates swimmers that might have come up a little short but still swam historically impressive times for BAC. Check out the 'Top 10' word cloud to see how many names you recognize. Overall, we had 58 different swimmers achieve almost 150 top times!

BAC Swimmers at High School Meets

This time of year marks the change over from the end of the girls high school swim season to the start of the boys. We wanted to congratulate all of the BAC girls that recently finished their high school seasons. We're proud that both the D1 (Middleton) and D2 (Edgewood) state champions came from our area and are teams full of BACers. We were impressed by the dozens of BAC girls representing their HS teams at WIAA state, and we're excited to have everyone back in the water for the winter session. Unfortunately, this means saying goodbye – but good luck! – to the boys as they start their HS seasons.

