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Weekly Updates and Reminders for BAC swimmers, parents and coaches

Follow BAC on Social Media!

Follow BAC on Facebook (Badger Aquatics Swim Club), Instagram (badger_aquatics) or on Twitter (@SwimBac). If you've got a swimmer practicing with us you'll see some great pics – it's also a great chance to see what we're up to!



Special Event with Ivy Martin!

BAC is really pleased and proud to announce an upcoming special event with former BACer and USA Swimming National Team Member Ivy Martin!

For those of you not familiar with Ivy, she's a former BAC swimmer (and middle daughter of Coach Connie) who went on to great success at the collegiate level with the UW Badgers, and was a two-time national team member for USA Swimming. While competing with BAC, Ivy was a multi-time state champion, competed for BAC at many national-level meets, and was a member of a national record-setting 200 yard Freestyle Relay. Ivy's full swimming bio is included in this newsletter as well.

Ivy will be giving a presentation at the Memorial High School gym on Sunday, November 13th. This talk is open to any swimmer or parent in any of our Quarterly

(Bronze, Silver, and Gold) or Seasonal (Junior, PreSenior, and Senior) Groups*, but swimmers MUST sign up in advance as spots are limited to less than 200 participants. (Sign-up will be posted on our web on Thursday, November 3rd and will be filled on a first come, first served basis.)

(*Apologies to our Foundational (Little Badger, Ribbon, and Trophy) level swimmers. We're in the process of planning a separate special event that would be geared more towards those groups.)

Ivy's presentation will focus on her journey from a 5 year old All-City swimmer to a 25 year old Olympic Trial semi-finalist, and all of the ups and downs in between. The talk will last from 9:45 – 11:00, so the doors will open for seating at 9:30. Afterward Ivy will be available for pictures.



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Be sure to check out our Twitter (@SwimBAC), Instagram (badger_aquatics), and Facebook (Badger Aquatics Swim Club) feeds for information and updates about the event. We've also got some really fun pictures that we'll be posting of Ivy, both back in the day and at the height of her national team success!

Let us know if you have any questions about this great event.

GO BAC!

Ivy Martin Bio

Ivy Martin is a former BAC swimmer, UW Badger, and two-time National Team Member. She's had success throughout her swim career, particularly as a freestyle sprint specialist in college and beyond. She's the middle of three daughters of BAC coach Connie Martin - all 3 girls swam for BAC, for East High School, and for UW.

Ivy started swimming in the Madison All-City League at the age of five with the Cherokee Country Club team. Later, when Cherokee dissolved, Ivy continued to participate with All-City as a member of the Nakoma Country Club team.

She started swimming with BAC at age the age of 9, and competed on a year-round basis for BAC throughout high school. During her time at BAC, Ivy achieved a number of individual, relay, and team accomplishments, both within the state of Wisconsin as well as on the national level. One of her top BAC performances was joining her older sister Ruby, current BAC coach Aja Van Hout and Jackie Powell on a Junior National Championship



200 Free Relay. At the time, this relay set a national record as the fastest ever 200 Free Relay in the 15-18 female age group. Ivy also had a lot of success at the WIAA level, competing for East High School, and winning the overall state team championship meet as a freshman.

While Ivy certainly had a number of accomplishments as an age group and prep swimmer, she really started to excel once she reached college. Ivy's time at UW produced a litany of achievements, including being a 13-time Big Ten Champion and a 4-time Big Ten Record Holder. She was selected as the swimmer of the meet twice at the Big Ten Championship Meet. Ivy also had success at the National level and at NCAA Championship Meets. She was an 8-time NCAA All-American, and was the runner-up in the 50 free at the 2015 NCAA Championships.

Ivy's most recent achievements have been as a 'post-grad' swimmer after graduating college. Based on her 2013 U.S. Open first place and her 2014 U.S. Nationals runner-up finish, she was twice selected as a member of the USA Swimmer National Team. Members of the National Team compete on the international stage, and Ivy was a part of both the 2014 Pan Pacific Championship Team in Gold Coast, Australia, and of the 2015 World Championship Team in Kazan, Russia. This past summer she was a two-time semi-finalist at the 2016 Olympic Trials in Omaha, Nebraska.



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