**DFAC – New Parent Information**

**Welcome to DFAC Swimming!!**

**TEAM WEBSITE:** [DFAC Swimming Home (teamunify.com)](https://www.teamunify.com/team/widfac/page/home) https://www.teamunify.com/team/widfac/page/home

**WHAT EQUIPMENT DOES MY SWIMMER NEED?**

* Team suit for meets.  Suit Fittings are done at the high school annually at beginning of fall session.  They can also be done anytime by stopping by Simply Swimming (6649 University Ave, Middleton, WI) to try on a suit.
* Equipment (*Team website > Swimmers > Equipment & Apparel)*

*Simply Swimming* is our team vendor.  Mention you are a DFAC member and receive 10% team discount on all equipment and suits at the store.  The store has a list of coach recommended equipment broken down by training groups on hand, so if you happen to forget your list, they will look it up for you!

**COMMUNICATION**

* Coaches and board members will send out emails regularly regarding current happenings and upcoming events. **Be sure to read these messages in their entirety.**
* TeamUnify/On Deck is the platform for our website (and WI swimming all other wi swimming clubs site). This site is used for registration and declaring for meets
* Team Snap is an app we try to use to also communicate events, practices, etc. This app also has a chat function to allow you to message with other session members. Instructions on how to register with the app should have been included with initial registration
* Each swimming family will have their own folder at the pool. Coaches and Board Members also have folders. These are located in the pool office area. If orders come in, paperwork needs to be exchanged, etc these folders can be utilized
* Have questions regarding your swimmer’s training?  Feel free to email or message the group lead coach directly.
* Other questions???
* Ask a board member via email or one of the experienced swim parents who often sit on the bench during practice as well.

**PRACTICE**

***GENERAL***

* Regular Practice Schedule can be found following these steps: *Team website > Swimmers>(Current) Practice Session.* Each scheduled practice can be found in Team Snap
  + Deviationsfrom the regular schedule typically occur when DeForest High School swim teams are hosting meets or there’s a home football game. We cannot practice at DeForest these evenings. Cancelled practices will be communicated via email and Team Snap. These are more frequent during fall & winter sessions.

***LOCATION***

* Practicesare held atDeForest High School pool

***EXPECTATIONS***

* “Practice Ready” – ensure you have all required equipment ready for practice and do your best to be ready on time. “Ready” for in water practice means swim cap on, goggles on, and equipment bag/water bottle nearby, so when the coach calls swimmers to their practice lanes, they can report and are ready to listen.
* Picking up your child after practice – all swimmers need to be picked up no later than 5 minutes after practice has ended.

**EVENTS**

Look on the DFACswimming.org website under events for meets and other DFAC social events. Events should be in Team Snap app as well. As stated above, declaration for meets (Attending or Declining) is done through the team website.

**FEES**

* Swimmer fees usually consist of Annual USA Swimming Registration, Session Fees, and Meet Fees
* **You must keep your credit card on file to pay monthly charges**
* Club structure: primary sources of revenue and uses/expenses
  + Revenues – registration fees, hosting swim meets, sponsorships/fundraising
  + Expenses – coaching wages, facilities, club registration fees

**SWIM MEETS**

*Attending swim meets is a great experience for swimmers of all ages and abilities. This is a great way to gauge progress and build team spirit!*

You can find a wealth of information under *Team website > Meets/Events*

* The coaches pick the events; check sessions you will attend and suggest events your swimmer wish to swim in the **comment box**.
* Every swimmer is expected to attend the home meet.  Every family is required to volunteer at least one session for each meet per swimmer/per day.
* **OUR HOME MEET – WHILE IT IS EXPECTED THAT ALL OF OUR SWIMMERS WILL ATTEND OUR HOME MEET, YOU MUST STILL COMMIT/DECLARE FOR THE MEET**.
* You do not pay for your swimmer’s meet swim fees upfront; your account will be billed after the meet.

**VOLUNTEERING**

We cannot run our home meets without help from 60+ positions/parents. **Volunteering is mandatory at a home meet even if your swimmer is not participating if your swimmer is registered for that session.** Therefore, if unable to volunteer, you will be charged $100. The intent is not to raise money for the club, rather encourage you to do your best to find someone to fulfill the volunteer requirement to ensure DFAC can run a successful meet. For most meets, there will be limited volunteer opportunities the day before the meet for set up.