



# GETTING SWIMMERS EVENTS READY FOR A MEET

“THE SWIMMERS TATTOO”



## **WHY THIS IS IMPORTANT FOR SWIM MEETS:**

- There is a lot going on at a swim meet. Especially when there are hundreds of kids attending. The best thing parents can do for the coaches, their swimmers and the meet flow, is to mark their swimmers' events on their arm.
- Doing this at a meet BEFORE warm ups helps coaches organize swimmers and relays.
- Sometimes it is not possible to do this until you get to the meet as some meets dont send out their heat sheets prior to the meet. In this case, please fill out your swimmers events as soon as possible.

**Here is how to mark your swimmers events on their arms:**



# STEP #1: Finding Events

On the event commitment page for the meet; Look at the events you signed your swimmer up for.

In this example, Brooke is signed up for event #31, #35, #43.

|    |                                     |                            |   |
|----|-------------------------------------|----------------------------|---|
| 27 | <input checked="" type="checkbox"/> | <u>Lidbury, Brooke</u><br> | <input type="checkbox"/> #31 (d1/s2): G Open 100 Free (1:15.79Y <b>Approved</b> )   |
|    |                                     |                            | <input type="checkbox"/> #35 (d1/s2): G Open 200 Medley (3:13.77Y <b>Approved</b> ) |
|    |                                     |                            | <input type="checkbox"/> #43 (d1/s2): G Open 100 Back (1:30.37Y <b>Approved</b> )   |



Here are the event numbers your swimmers are signed for



# STEP #2: Using Heat Sheets

Using Heat Sheets to find your swimmers Info:

- Event Number
- Name
- Heat Number
- Lane Number

*\* In that order!*

**STEP #1**  
Go To The  
Event Number



| #31 Girls 100 Yard Freestyle                 |                        |     |         |           |
|--|------------------------|-----|---------|-----------|
| Lane   | Name                   | Age | Team    | Seed Time |
| <b>Heat 1 of 6 Finals Starts at 01:00 PM</b> |                        |     |         |           |
| 1  | Tingley, Evangelene R  | 12  | HSSB-WI | NT        |
| 2  | Retzlaff, Lilly M      | 12  | GBSC-WI | NT        |
| 3  | Munroe, Olivia D       | 10  | BB-WI   | NT        |
| 4  | Boeck, Hailey E        | 10  | BB-WI   | 2:28.48   |
| 5  | Linn, Maddie K         | 10  | HSSB-WI | NT        |
| 6  | Goodson, Stella M      | 10  | HSSB-WI | NT        |
| 7  | Brabant, Sunnie K      | 7   | ASC-WI  | NT        |
| 8  |                        |     |         |           |
| <b>Heat 2 of 6 Finals Starts at 01:02 PM</b> |                        |     |         |           |
| 1  | Schackow, Ally R       | 12  | BB-WI   | 1:30.53   |
| 2  | Hon, Ava R             | 13  | HSSB-WI | 1:24.32   |
| 3  | Mura, Katie            | 13  | ASC-WI  | 1:20.46   |
| 4  | Christnovich, Megan M  | 13  | HSSB-WI | 1:19.14   |
| 5  | Hoffman, Emily A       | 13  | HSSB-WI | 1:19.63   |
| 6  | Sawallish, Cora T      | 11  | BB-WI   | 1:23.94   |
| 7  | Lovell, Sasha M        | 12  | RCSC-WI | 1:26.97   |
| 8  | Becks, Breanna S       | 13  | PASC-WI | 1:31.91   |
| <b>Heat 3 of 6 Finals Starts at 01:04 PM</b> |                        |     |         |           |
| 1  | Campbell, Elise A      | 14  | HSSB-WI | 1:16.58   |
| 2  | Dehnel, Rachel M       | 13  | HSSB-WI | 1:13.39   |
| 3  | Wenzel, Julia E        | 13  | WAVE-WI | 1:13.25   |
| 4  | Butler, JJ (He/They) P | 16  | PASC-WI | 1:11.57   |
| 5  | Tomson, Carlie G       | 13  | HSSB-WI | 1:12.02   |
| 6  | Simonet, Grace E       | 13  | HSSB-WI | 1:13.34   |
| 7  | Lidbury, Brooke A      | 13  | WAVE-WI | 1:15.79   |
| 8  | Wypiszynski, Sophie M  | 13  | WAVE-WI | 1:18.33   |

**STEP #2**  
Find Your  
Swimmers Name



**STEP #3**  
Find The Heat  
Number



**STEP #4**  
Find The Lane Number









# STEP #3: Creating the Table

Using the gathered information from the heat sheet on the last step, we see that Brooke is swimming in *Event 31 - 100 Free, Heat 3, Lane 7*.

This information should then be marked on your swimmer's arm like the following:

| EVENT<br>NUMBER   | HEAT<br>NUMBER  | LANE<br>NUMBER  | This line is helpful<br>For swimmers to know<br>what they are<br>swimming             |
|---|---|---|---|
| <br><b>E</b> | <br><b>H</b> | <br><b>L</b> |  |
| 31  | 3   | 7   | 100 Free  |
|   |   |   |   |
|   |   |   |   |

## HOW TO USE THE “SWIMMERS TATTOO” TABLE:

- Swimmers should visit their team coach **2 events** before their swim.
- Coaches will send them behind the block **2-3 heats** before their swim.
- This enables the swimmer ample time to get behind the block to get ready for their swim without too much standing around.

This method of event tracking helps swimmers be more comfortable and confident at swim meets knowing when they are swimming and what they are swimming. Now your swimmer, as well as coaches, timers, and other swimmers, can help direct your swimmer to the correct lane and heat for their event.

If you have any questions, please ask another swim parent. It's a great way to get to know each other!