

Practice Schedule: June 5th - July 30th, 2023

- This is a general schedule; Please check the calendar for each specific group each week for any changes that may occur.
- We may make changes to times due to school days off, changing highschool practice times, ect.
- Dryland practices will be updated as these are organized.

* Any questions; please reach out to the head coach or lead age group coach [\[CONTACT US\]](#)

Session End Dates by Groups:

Tropical Storms - TBD

Tsumanis - July 26th

Tidalwaves - July 26th

Breakers - July 20th

Swells - July 20th

Wavelets - July 20th

SUMMER 2023		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TROPICAL STORMS (SENIOR NATS GROUP)	AM SWIM	6:00am - 8:00am Neenah	6:00am - 8:30am Erb Park	6:00am - 8:00am Neenah	6:00am - 8:30am Erb Park	6:00am - 8:00am Erb Park	7:30am - 9:00am Erb Park
	PM SWIM	-	4:00pm - 6:00pm Appleton North	-	4:00pm - 6:00pm Appleton North	-	-
	DRY LAND	-	6:15pm - 7:15pm Appleton North	-	6:15pm - 7:15pm Appleton North	-	9:00am - 10:00am Erb Park
TSUNAMIS (SENIOR GROUP)	AM SWIM	6:00am - 8:00am Neenah	6:00am - 8:00am Erb Park	6:00am - 8:00am Neenah	6:00am - 8:00am Erb Park	6:00am - 8:00am Erb Park	7:30am - 9:00am Erb Park
	PM SWIM	-	4:00pm - 6:00pm Appleton North	-	4:00pm - 6:00pm Appleton North	-	-
	DRY LAND	-	6:15pm - 7:15pm Appleton North	-	6:15pm - 7:15pm Appleton North	-	9:00am - 10:00am Erb Park
TIDAL WAVES (GOLD GROUP)	SWIM	8:00am - 9:45am Neenah	6:00pm - 7:30pm Appleton North	7:45am - 9:30am Erb Park	6:00pm - 7:30pm Appleton North	7:45am - 9:30am Erb Park	7:30am - 9:00am Erb Park
	DRY LAND	-	5:00pm - 6:00pm Appleton North	-	5:00pm - 6:00pm Appleton North	-	-
BREAKERS (SILVER GROUP)	SWIM	8:00am - 9:30am Erb Park	6:30pm - 8:00pm Neenah	-	6:30pm - 8:00pm Neenah	8:00am - 9:30am Appleton North	7:30am - 9:00am Erb Park
WAVELETS (BRONZE #1)	SWIM	8:00am - 8:45am Erb Park	5:30pm - 6:15pm Neenah	-	5:30pm - 6:15pm Neenah	-	-
SWELLS (BRONZE #2)	SWIM	8:00am - 9:15am Erb Park	5:30pm - 6:45pm Neenah	-	5:30pm - 6:45pm Neenah	-	-

