MUTUAL OF OMAHA BREAKout! SWIM CLINIC

DREAM it. BELIEVE it. BREAKout!

Sign up for the Mutual of Omaha BREAKout! Swim Clinic *Hosted by:*

Geneva Lakes YMCA Swim Team

A total-person approach to swimming, a **BREAKout!** Swim Clinic can help you **bust bad habits, build new skills** and **uncover hidden talent.**

Every participant:

- ✘ Learns champion performance techniques on all four strokes (in-water and dry-land group instruction)
- ✘ Understands how the body, mind and heart affect swimming
- ✘ Trains with the world's top swimmers
- ✘ Asks questions, gets an autograph and photo
- ✘ Receives a **BREAKout!** T-shirt, poster, DVDs and other souvenirs

For details, visit breakoutswimclinic.com.

Parents and coaches can watch!

Featuring

Gold Medalist ***Ian Crocker***

Gold Medalist ***Misty Hyman***

Event Information

Friday, May 15th, 2015 4:30pm to 8:30pm

Geneva Lakes YMCA Pool

203 S. Well St. Lake Geneva, WI 53147

4 hours of Olympic Instruction and awesome goody bag!

$65 for non-GYST FREE for GYST members! 8-18yrs

Time: 4:30-8:30 PM Check in & pictures start at 3:30PM

Contact: Amber Johnson Space is limited!

Phone: 262-248-6211 email: amber.johnson@glymca.com

Registration Form Mutual of Omaha BREAKout! Swim Clinic

Learn and race! from Olympic Swim Legends Ian Crocker & Misty Hyman

T-Shirt size: YL.....AS.....AM.....AL.....AXL

Name _____

Address _____

City/State/ZIP _____

Birthday _____ Age _____

E-mail Address _____

Signature of Parent or Guardian _____

Date _____

RegisterToday!

REGISTER BY May 5th, 2015

Make check payable to:

Lake Geneva YMCA

203 S. Well St.

Lake Geneva, WI 53147

attn: Amber/BREAKout!

By participating in the Mutual of Omaha BREAKout! Swim Clinic, each participant and his/her parent/guardian agree that the Mutual of Omaha BREAKout! Swim Clinic and Mutual of Omaha have the right to use their images in connection with the promotion of the Mutual of Omaha BREAKout! Swim Clinic and/or the sport of swimming.

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