

Central Zones 2019 Warm Up Assignment

Preliminary Session

Team	Thursday	Friday	Saturday	Sunday
Illinois	7-7:40a, 1-5	7:40-8:20a, 1-5	7-7:40a, 1-5	7:40-8:20a, 1-5
Ozark	7-7:40a, 6-8	7:40-8:20a, 6-8	7-7:40a, 6-8	7:40-8:20a, 6-8
Lake Erie	7-7:40a, 8-10	7:40-8:20a, 8-10	7-7:40a, 6-8	7:40-8:20a, 8-10
Ohio	7:40-8:20a, 1-4	7-7:40a, 1-4	7:40-8:20a, 1-4	7:a-7:40a, 1-4
Wisconsin	7:40-8:20a, 5-7	7-7:40a, 5-7	7:40-8:20a, 5-7	7-7:40a, 5-7
Michigan	7:40-8:20a, 8-10	7-7:40a, 8-10	7:40-8:20a, 8-10	7-7:40a, 8-10

Lake Erie and Ozark will be splitting lane 8.

8:20-8:35a pool is open for push pace 1&10, starts 2-4 &7-9, general warm up 5&6 for all teams

Meet Starts at 8:40am

10 and Under Sessions

All 10 and Under Sessions will be open warm up. No lanes will be assigned.

Finals Sessions

All Finals Sessions will be open warm up. No lanes will be assigned.