SWIMMER SPOTLIGHT

SAM MARCOU– NOVICE GROUP

TEAM STRENGTH, INDIVIDUAL GROWTH

"Since the first day he joined the WAVE, Sam has been excited about swimming. He is energetic around his friends on the swim team, yet respectful toward his coaches when they give him suggestions to improve his swimming. Sam consistently works hard at practice, never questioning the workouts or drills. He is starting to see his hard work pay off, and was extremely excited after the Frostbite when he received a medal for his performance. Sam is excited to be a part of the WAVE Swim Team which makes him a great swimmer to coach."