



High School Training Program

Improve your swimming technique and endurance with Head Coach Scott Mueller and Matt Kopp. If you are looking to improve your technique, stay in shape and swim with a small group on a regular basis then this is the program for you.

Where: Germantown High School Pool

When: November 22nd – February 16th (Mon/Wed nights)

Who: Swimmers looking to better their swimming ability in all four strokes, starts, turns and increase their endurance. Swimmers must be able to complete 20 lengths of front crawl/freestyle or backstroke and swim all four strokes in order to participate. Ages 12-18.

Details: The group will meet every Mon/Wed 7:00-8:00pm. No swim Dec 27th and Dec 29th.

Cost: \$275 for 24, 1-hour sessions. There will only be 15 swimmers accepted into the group, at a first come first serve basis.

For more information about the program please contact Head Coach Scott Mueller, (262)-347-7107 or email at Coachscottmueller@gmail.com. You can register online on our website www.rocketaquatics.org click the “Swim Clinics” tab on the upper right-hand corner of the page.