

**SWIMMERS
OF THE
MONTH**

The WaterLog

COACHES CORNER

December 2010

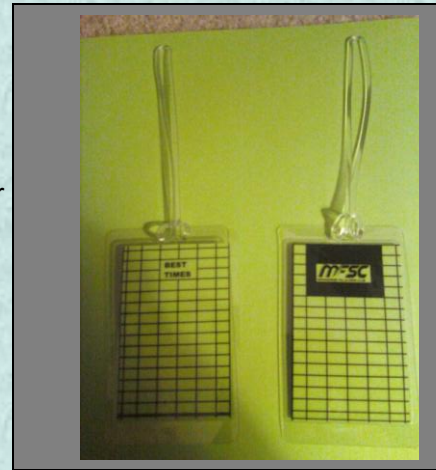
**Samantha
Garoukian**

&

Nick Castillo

Howdy!

We are almost half way through the winter session. Kicking progressions are looking really good, be sure to check the "Kicking Wall of Fame" to track your swimmers improvements. For the December home meet we will be introducing "Best Time Bag Tags". For every best time at a meet, your swimmer will receive a best time marking on the bag tag. Once the tag is filled up they will get another one. **Make sure to attach them to your bag or keep them in a safe place!!!**



Events:

November featured two meets. We had a smaller group head down to Pleasant Prairie and swim at the RecPlex. The complex is very nice with a really fast pool. Congratulations to Mckenna Coulter for achieving her first 11&12 individual state cut! The other meet in November was in Kenosha, at Carthage College. I really want to encourage swimmers who haven't attended this meet in the past to reserve swims there next year. A large percentage of our swimmers swam best times and there were a few swims close to breaking MFSC team records. Congratulations swimmers!

We have a few meets in December. The first weekend in December is our home meet. Last year we had 60 of our swimmers entered in the meet. This year we have 82!!! This is very exciting as we are becoming faster, more competitive and having fun doing it. This is a great way for our younger swimmers to track their progression through official times. The following weekend some of our swimmers will be attending the Nike Invite, a prelim/final qualifying meet in Waukesha. Look for some fast swims to come out of that weekend. The next weekend we are in Port Washington for a meet hosted by WAM. It is a nice local pool, which will provide another chance to race before the end of the year (there are still openings in this meet).

Looking Ahead:

Keep up the good work and please remember your water bottles at practice every day!!!

Coach Scott Mueller

Annual Christmas Party ~ December 22

Holiday swim games for the swimmers. Senior swimmers will have practice.

~ Watch for food sign-up at the pool. ~

Please Note: We ask that each family bring a non-perishable food item to benefit the Food Pantry. Thank you!



December Birthdays

Cassandra Kalnins
Dylan Webb
Frederick Roscher
Hannah Mast
Corrina Winkler



Upcoming Meets

**MFSC
Dec. 4-5**

**Nike Meet
Dec. 10-12**

**WAM
Dec. 18**

President's Report

Hello all! I have a few tidbits of info to share with you.

- 1) **Team Photos**: In past years, we have had our team photos taken in the fall. This year, we have decided to wait until early in 2011 to take the team/individual photos.
- 2) **Christmas Party ~ December 22**: You will receive an email regarding the specifics. As always, we will have a sign-up for food/treats for the Christmas party. The sign-up will be posted at the pool. *We also ask for families to bring a nonperishable food item(s) that we will donate to a local food pantry.*
- 3) **Board Positions Available in August 2011**: For those interested in running for a Board position (elections will be held at the Long Course Banquet in August 2011), they are:
 - a. **President** (Laurie Siehs: lsiehs@sbcglobal.net)
 - b. **Fundraising Chairperson** (Kate Ragland: ragland0668@gmail.com)
 - c. **Meet Entries Coordinator** (Sue Bomm: weswim1@gmail.com)If you have any questions regarding these positions, please feel free to email the current Board member of that position. There is a fundraising credit offered for these positions.
- 4) **"No Practice" Days in December**: Due to a boys high school swim meet on Thursday, **December 9**, there will be no practice. Over the holidays, there will be no practice on **December 24, 30 & 31**.
- 5) **Lost & Found**: Please remind your swimmer(s) to double-check their backpack before leaving the pool to be certain they have all of their belongings.

In closing, I would like to wish all of you a very Merry Christmas and a Happy New year! For all of those traveling, be safe!!

Laurie Siehs, President

December 4 & 5 Meet Reminders

For all of those parents who have volunteered to work a position at our meet...***we need you!*** We cannot run our meets successfully without your help! Any questions, please contact Connie Siebenaller at csiebenaller@directs.com.

Also, for those families who have signed up for "Food Donations"...if you are donating a nonperishable food item, you can drop it off anytime this week in the pool office. All other items should be brought in the morning of the day you signed up. ***We have visiting families who can't wait to pick out their donut!!*** Any questions regarding your food donation, please contact Lynne Mast at lp.mast@att.net

A Note From Your Meet Entries Coordinator

Hello swim families. For the month of December, our club will host one home meet and attend two additional meets. Our home meet is always well attended and a lot of fun! The Nike Challenge meet is a qualifying meet however, the meet hosted by WAM on 12/18 still has swims available and you may waitlist online on our website. Meet details can be found on the Wisconsin Swimming website at www.wisconsinswimming.org.

*Sue Bomm,
Meet Entries Coordinator*

You have seen the information below in both email format and it is now located on our website under the “What’s New” section. However, we felt it was worth repeating...

Q&A Tutorial - Invoices & Payments

Q. How can I view my account balance, and payment history?

A. Go to www.mfswim.org and sign in to your account information using your e-mail address and password. Once signed in, go to the **\$ My Invoice/Payment** tab under the **My Account Heading**. Here you will find a list of your current and past invoices and payments listed with the most recent monthly invoice first. To view the details of each invoice and payment click on the red view and a window will pop up with the details of the invoice and any payments/credits.

Q. I missed a payment. Should I pay both last months invoice and the current one?

A. No. The balance from previous months is carried over to the next. So only pay the current invoice amount.

Q. Where do I submit my payments?

A. You may submit payments to the **“Lock box”** – the locked portion at the back of the Blue MFSC mailbox cart in the office or you may mail payments to **MFSC, PO Box 344 , Menomonee Falls , WI 53052 .**

Q. Should I include a copy of my invoice and how can I print it?

A. Yes when submitting payments please include a copy of your current invoice which can be printed from the same **\$ My Invoice/Payment** tab as listed above. Click on the invoice number on the far left hand column under the heading **Print Invoice (for mailing)**. Enclose your payment and invoice copy in an envelope with **“Team Unify (Month) Invoice”** written on the outside.

Q. How soon can I expect my payment to be posted to my account?

A. Payments are picked up from the Lock Box 3 times per week and the PO Box twice per week. Payments are posted to your account within 5 days of when they are picked up so all payments should show on your account within a week or so of when your payment was dropped off or mailed.

Q. My payment is showing as posted but why hasn’t my check cleared the bank?

A. Deposits of all payment types are done on a weekly basis. It may take two weeks or more for your payment to be deposited and then processed by the bank.

Q. Who do I contact regarding questions about my account and payments?

A. You may contact Amy DeGrace wdegrace@wi.rr.com regarding questions about training fees, Sue Bomm weswim1@gmail.com with questions regarding meet fees and Brannon Coulter b.s.coulter@wi.rr.com regarding questions the status of payments and any other account balance questions.

Merry Christmas & Happy New Year!