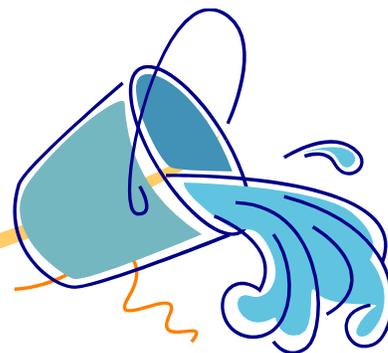


The Waterlog



March 2011

Coaches Report

Howdy!

We are on the home stretch. Many of us swam in our last meet of the year at Regionals, job well done! It was an excellent meet and I will touch on that in a bit. With about a week left some of our swimmers will be preparing for Championship Meets and others will be working on specific details and having a little well deserved fun.

Events:

February featured five meets. First was our last home meet Feb 5th. This meet was open to 10 & Under only and was a really good meet. We almost took home the Nike Team Cup trophy but came up a little bit short to WEST. The very next day was the Big 8 meet which is always a fun meet. Both meets many of our swimmers had best times and won many awards. That same weekend some of our older swimmers swam at A+. We had a bunch of fast swims most notably Amanda Siehs first Junior Cut in the 50 free. Also highlighting the meet were three team records, one set by Elizabeth Buchholz in the 1000 free. She also barely missed setting three other team records that weekend. Two relay teams consisting of Rachel Siebenaller, Amanda Siehs, Kate Criter, Elizabeth Bucholz and Haley Lucas set team records as well.

The following weekend a small group of us went to the UWM Klotsche Center for a meet hosted by NBSC. Stand out swim of the meet was Porter Brodlo's 100 free where he dropped 39 seconds!

Regionals, was our final state qualifying meet in February. About SIXTY of our swimmers competed over the weekend. It was a great showing by our team and many of our swimmers swam to multiple best times. Regionals, is a meet that we have our kids prepared for if they do not have state cuts, with the hope that some will achieve state cuts. For Rachel Jaworski, Jenny Wesolowski, Paige Driebel, Peyton Driebel, Stephanie Marks, Rachel Siebenaller,

Haley Lucas, John Seiler, Hannah Mast and Alle Ragland this is just what happened. They all swam fast enough to get to their respective state meets or added an additional couple of events to their existing line-up. We also had two high point winners at this meet, Rachel Jaworski 1st place 10 & under girls and Peyton Driebel runner up.

The last week in February our 12 & under's travel to Madison for the State Meet. It is an exciting meet and we have 9 kids going to the meet this year. The very next weekend our 13 & over's travel to Brown Deer for their state meet. This is another very fast meet, which will feature 23 of our swimmers! The following weekend is Speedo Sectionals in Waukesha followed by Junior Nationals in Orlando, FL. Good luck to all of our swimmers competing and CONGRATULATIONS to everyone for a great season.

Looking Ahead:

March is time for some much needed rest and recovery so I encourage everyone to do just that!! At the end of March the coaches will be hosting a clinic for starts, turns, relay starts and finishes. This is a great opportunity for a lot of one on one time with coaches to work on the details that are hard to spend a lot of time on at practice every day. I encourage everyone to attend except some of our Senior Swimmers. Information can be found at the pool and on the website.

- Coach Scott Mueller

Swimmers of the month:

Mason Stimson
Claire Wheelock

Upcoming Events:

Speedo Sectionals
March 10th - 13th

Junior Nationals
March 15th - 19th

Start, Turn, Relay & Finish
Clinic
March 28th - 31st

Session I Long Course
Begins
April 4th

Long Course Swim
Registration
April 4th - 5th



MFSC Short Course Swim Banquet

**Tuesday, March 8th
2011**

@

**North Middle
School Cafeteria**

From

6:00 - 7:30 PM

UPCOMING REGISTRATION DATES FOR LONG COURSE SEASON:

Mark your
calendars!!

Registration nights for the Long Course swim season are **April 4 & 5** and will take place in the pool lobby.

The Long Course season is divided into two sessions:

Session I (April 4 – June 12) and

Session II (June 13 – July 31).

You can register for either session or both.

Regardless of which session you will be registering for, **you must register your swimmer on one of these nights.**

If you do not register in April, we cannot guarantee your swimmer a spot.



President's Report:

Hello Families,

Again, lots to say, so here goes!

NEXT PRE-COMP SESSION START DATE: The next pre-comp session begins April 11 and will run through June 3 (**NOTE DAY CHANGES:** Pre-Comp lessons will be on Mondays & Fridays). Time remains 6:15 p.m. – 7:00 p.m.

BOARD POSITIONS AVAILABLE AUGUST 2011: I'd like to remind all of you that we will have openings on the MFSC Board come August. Each position is a 2-year commitment and receives a \$100 fundraising credit per each short course & long course session. My goal is to find family members who are willing to give of their time (*I realize as working, busy parents there isn't much of this*) to help our Club continue to move in a positive direction. It would be beneficial for anyone interested in taking on one of these positions to shadow the current Board member. The positions available are:

Secretary: The position of secretary involves attending all board meetings on a monthly basis. At times, "Emergency" meetings are called and notes are taken as well. Duties consist of taking clear and concise notes of the dialogue that occurs during the meetings, typing the notes up, sending them to the board (via e-mail) and making any corrections, additions or deletions. A final copy is then sent to all board members. I would estimate that the position of secretary takes approximately 3-6 hours a month, depending on the length and content of the meetings. In addition to taking the minutes, the secretary is also in charge of organizing the Halloween & Christmas parties. This requires getting the date from the coaches, informing families of the party (via email), organizing food sign-up with families and set-up/take down of tables/food night of event. The coaches take care of organizing games, etc., that occur in the pool.

Fundraising: Our current Board has made the decision to split the fundraising position into two positions. Ultimately, these two people will work together throughout the calendar year, however, their responsibilities will be shared in such a way as to alleviate some of the craziness!!

Fundraising Chairperson 1:

SC Fundraiser Chairperson

- Seroogy's chocolate (Sept-Oct.) – Family Fundraiser **TIME: 20 hrs.**
- Kringles (Nov.-Dec.) – Family Fundraiser **TIME: 15 hrs.**
- **Need: Club Fundraiser**
- Runs SCRIP ongoing fundraiser during LC session

Fundraising Chairperson 2:

LC Fundraiser Chairperson

- Rummage sale (June or July) – Club Fundraiser **TIME: 22 hrs.**
- Swim-a-thon (May) Club & Family Fundraiser **TIME: 24 hrs.**
- Runs SCRIP ongoing fundraiser during SC session

President: *FILLED*

Meet Entries Chairperson: Our current chairperson has offered to stay on in this role if no one steps up.



In closing, I'd like to say "*Good Luck*" to all of our swimmers as they head to State and beyond!

Swim fast & rock the blocks!!

-Laurie Siehs, MFSC President

Big Changes for Fundraising Long Course 2011

The MFSC Board has decided that this upcoming season is a good time to *trial* a few changes in how fundraising is run. If the MFSC families like these changes, we will have the opportunity to vote them in as by-laws at the August Banquet.

Fundraising Procedures

- **Fundraising fee of \$100 will be paid up front at registration.** This will eliminate the end of season final bill for fundraising balances.
- **The credit your family earns will be applied to your monthly invoice balance.** You will have immediate benefit from your fundraising activities instead of waiting until the end of the season.
- **If you exceed \$100 worth of fundraising, you will still have that amount reduce your fees.** It will be reflected monthly, instead of in the last invoice and/or at registration for the next season. Credit will carry over from month to month until your credit is depleted.
- **Family fundraising requirement:** \$100 per swimmer for first 2 children, third (and any additional children) \$50 each. *This is not changed.*
- **Fundraising requirement for Long Course: \$100.** If you sign up for ONLY Spring session, the fundraising requirement is \$100. If you sign up for Summer session ONLY, the fundraising requirement is \$100. If you sign up for Spring and Summer sessions, the fundraising requirement is \$100. Because you are registering in April, you will have access to all the fundraising opportunities for the entire Long Course season, even if your child will participate in only part of the season. *This is not changed.*



Fundraising Opportunities

- **PickNSave and Sendiks and orders will change to direct purchase, no pre-orders necessary.** Due to the change in practice times for Spring and Summer sessions, it will be easier for families to receive fundraising credit, as we will have a PickNSave and

Sendiks "store". We will have a decent inventory, but first come, first served. The "store" will be available twice a month.

- **PickNSave cards available through Scrip.** PickNSave \$25 & \$100 cards are now on Great Lakes Scrip website. You also receive 4% credit vs. 3% through our PickNSave program. If you prefer placing orders, this will be your better option.
- **Shady Lane added to direct purchase "store".** In the past, Shady Lane gift certificates were our Spring session major fundraiser. This program has declined in participation, despite the 25% fundraising credit. Shady Lane gift certificates will be available for sale at the same time as the PickNSave/Sendiks "store" times.
- **Rummage Sale will become a Club Fundraiser.** For the last two seasons, our rummage sale, the Summer session major fundraiser, has also declined in participation and profit. This season we will hold it at a public location (if anyone has a connection to a church or other public venue, please contact Kate). Families can still declutter their homes and donate their items, but all sales will benefit MFSC.
- **New Fundraisers for Spring and Summer.** I am currently looking for new fundraising ideas. We will have a major fundraiser starting in April and again late June. This will allow everyone to participate, even if they do not swim for the entire Long Course 2011. This will be for family fundraising credit, so keep that in mind when you hear about fundraisers that you think might be a good fit for MFSC.



Fundraising Chair Position

- **Positions open as of August, 2011.** Starting in Short Course 2011/12, the fundraising board position will be revised into 2 positions. This will cut the individual work load considerably. The trial changes

outlined above will also decrease the workload, or at least spread it out evenly to avoid the end of season backlog.

- **Both Fundraising Chair Persons will receive the full \$100 fundraising board position credit every season for the duration of the term.** This translates into a \$400 savings over 2 years.
- **Kate will mentor the new chairpersons.** I am more than happy to help train (I am not really a good mentor example though!) the new chairpersons through the first season.
- **Great way to meet new people, and get your fundraising credits.** I found that being in charge of the fundraisers, meant that I always participated in the fundraiser, earning me even more credit. I often hear from people that they intend to participate, but never get organized to do so. This is your chance. You also get to know the names and faces of many families through seeing them at delivery times.
- **No fundraising programs if no one steps up.** This is not an empty threat, just a reality. If no one steps forward to take over this role, the MFSC Board has decided that the fundraising programs will stop. I have held this position for 3 years, and it is time for a change in my volunteer roles within the club. The fundraising program has helped many families significantly cut their costs. If you have been a regular participant you already know how these programs work. The changes and streamlining we have done up until this time will continue to decrease the time commitment of the position.
- **If you have questions about the position, contact Kate or Laurie.** Laurie Siehs has outlined the task division for 2 chairpersons and I can give more specific information about what each program entails. Please think about it and contact us with your questions.

Kate: 262-623-6063

**MENOMONEE FALLS SWIM CLUB * Start / Turn / Finish / Relay Start Clinic *
4 days – One hour each session (03/28/11 – 03/31/11)**

This clinic is designed specifically for starts, relay starts, turns and finishes. It is open to most groups of MFSC Silver Novice to Bronze Senior, the swimmers will be placed in small groups with similar abilities.

SWIMMER INFORMATION

Swimmer Name (First, M.I., Last)	Group
1.	
2.	
3.	

PARENT/GUARDIAN INFORMATION

Parents' Name(s): _____ Home Phone: _____ E-Mail: _____

Parent's Cell Phone (Mother): _____ (Father) _____

Address: _____ City: _____ ZIP: _____

MEDICAL RELEASE/INFORMATION

MEDICAL AUTHORIZATION

I/We authorize Menomonee Falls Swim Club to seek emergency medical treatment for my child(ren), _____, in the event I/we cannot be reached. In lieu of a Physician's statement, I/we, the parents/guardians of _____, do hereby certify that this child(ren) has had a recent physical examination and hereby accept any and all responsibility that this child(ren) is in sufficient physical condition to participate in any and all youth activities.

Parent/Guardian Signature: _____

FEE AGREEMENT

I am responsible for all fees incurred at the beginning of the clinic and agree to pay in full (see "Fee/Payment Information") regardless whether swimmer completes the clinic or not.*

Parent/Guardian Signature: _____

FEE / PAYMENT INFORMATION

<input type="checkbox"/> : (03/28/11 -3/31/11)	<i>Registration Fee</i>
	\$40.00

FROM THE DESK OF PUBLICITY CHAIRPERSON



Have you ever been flipping through the channels on your TV and come across local sporting events? In Menomonee Falls, if you have Time Warner cable, you may have come across many different sporting events. I thought that wouldn't it be great if one of our swim meets could be taped and televised.

With the help of the media classes from MF high school, we are planning on having our swim meet on May 7th taped and later televised on the Falls Access Cable channel, but we are in need of YOUR help.



Ever dreamed of being a sports commentator? We are looking for parents and or senior swimmers who would be interested in doing the commentating. We would ask that you have a knowledge of the sport and of the club and are not shy about getting in the lime light. We would also be looking for others to get involved in this project. A lot of prep work will need to be done prior to the swim meet, such as looking up swimmer stats, etc so that we can prepare information for our commentators.

Please let me know if you are interested in getting involved with this project.

Thanks,
Shelley Semanek
262-719-6760 or shellsem@earthlink.net