

Coach's Report:

Howdy!

That's a wrap!!! Many of us swam in our last meet of the year at Regionals, job well done! It was an excellent meet and I will touch on that in a bit. Most groups have finished up, and our Junior National Qualifiers are headed off to sunny Orlando, Florida on Monday. Good luck swimmers!!!

Events:

February featured five meets. First was our home meet Feb 3rd. This meet was open to 12 & Under only and was a great meet featuring 11 teams. We ended up finishing 4th place as a team. The very next day was the Big 8 meet which is always a fun meet. Both meets many of our swimmers had best times and won many awards. That same weekend some of our older & younger swimmers swam at A+. We had a bunch of fast swims most notably Sam Siebenaller's new team record in the 100 free and also a team record from our 8&U girls relay of Lauren Jex, Faith Johnson, Sophia Castillo and Chloe Paar.

The following weekend a small group of us went to the UWM Klotsche Center for a meet hosted by NBSC. A few stand out swims of the meet included Mckenna Sura's 10 second drop in the 50 Breast and Dylan Webb's 14 second drop in the 100 Breast along with Maddie Paars 200 back where she broke the team record with a time of 2:32.10!

Regionals, was our final state qualifying meet in February. Over SIXTY of our swimmers competed. It was a great showing by our team and many of our swimmers swam to multiple best times. Regionals, is a meet that we have our kids prepared for if they do not have state cuts, with the hope that some will achieve state cuts. For Jenny Wesolowski, Makayla Sura, Stephanie Marks, Jamie Peterson, Becca Schoenauer, and Nicole Simpson that happened. They all swam fast enough to get to their respective state meets or added an additional couple of events to their existing line-up. We also had two high point winners at this meet, Lauren Jex 1st place 8 & under girls and Jamie Peterson runner up in 9-10 girls.

Coach Kelsey and Jennie will highlight our 12&Under state meet. Our 13&Over state meet couldn't have gone much better!!! We took 17 swimmers to the meet and set 23 team records. Rachel Siebenaller set the 200, 500, 1000 and 1650 freestyle records, Elizabeth Buchholz the 200 back, Haley Lucas the 200 fly, John Seiler the 50 free, Sam Siebenaller the 50 and 200 free. Relays consisting of Elizabeth Buchholz, Sam Siebenaller, Rachel Siebenaller, Haley Lucas and Haley DeGrace also set multiple relay records. On Sunday alone we had 8 top 8 swims and ended up scoring 437 points good enough for 11th in division one and third in division 2. Our girls would have won division 2 if we were still in D2. Unfortunately we have a couple too many registered swimmers to be considered D2.

Coaches Report Cont'd

This was by far the best state meet of my 5 year career with MFSC. Our team is now a force to be reckoned with, congrats to all of our kids!!!

This weekend is Speedo Sectionals in Waukesha followed by Junior Nationals in Orlando, Fl. We have 5 individual qualifiers for Juniors and 6 swimmers going to the meet. Good luck to all of our swimmers competing and CONGRATULATIONS to everyone for a great season.

Looking Ahead:

March is time for some much needed rest and recovery so I encourage everyone to do just that!! At the end of March the coaches will be hosting a clinic for starts, turns, relay starts and finishes. This is a great opportunity for a lot of one on one time with coaches to work on the details that are hard to spend a lot of time on at practice every day. Thanks again for such an awesome season and we will see you soon at the pool!

- *Coach Scott Mueller*

12 & Under State

Congratulations to the 15 swimmers that qualified for the Wisconsin State Championships. This is the biggest our team has been since Jennie and myself have been at Menomonee Falls. We scored a rocking 169.5 points (with 7 first time qualifiers), which put us 12th for division 1! We achieved numerous best times and top 16 finishes, and we made it through the weekend with no DQ's....it was a very successful and fun weekend.

- *Coach Kelsey Ogle*

Making Waves ~ Featuring Gold Novice

I think I can speak on behalf of all the coaches - great season! Gold Novice had a lot of fun this season, and their motivation is contagious. Watch out parents. Over the seasons I have seen a lot of change with the club and our group specifically, but one constant that shined through this season was team spirit. Gold Novice certainly wins that category, as the other coaches can confirm during practices, and it's really nice to see this at swim meets when relay teams are bonding and having a lot of fun before the race. It's also a great thing about our group when kids move up from Silver Novice. They have a great support network to "protect" them from big bad Coaches Matt and Brice, ever on the lookout to hand out 5 pushups here and 10 pushups there. So keep up the good work Gold Novice and keep making it hard for Bronze Age to hear Coach Kelsey. Have a good break and we'll see you in April.

- *Coach Brice*

Presidents Note:

Hi Everyone -

If any of you are interested in volunteering for a board position, please e-mail me at rdjaws@gmail.com. We have a number of positions that will become vacant this August as some of our current member's two year terms are up and I would love to have all of them filled by then. Those positions include: Treasurer, Secretary, President and Fundraising. Being a part of the Board is a great way to support our amazing club and we have plenty of fun doing it. If you have any questions or would like additional details, please let me know.

Thanks very much!

Becca Jaworski

Swimmers of the Month:

Kayla Olson – Gold Novice

Sara Booher – Gold Novice

Vice Presidents Note

Officials Opportunity!!

Hello All,

You have a great opportunity to become a USA Swimming Official! Our club offers some great perks! If you become a certified official, you have a chance to earn up to \$100 credit per season. Every meet you officiate at offers some other great perks!!

- Free Admission
- Free Heat Sheets
- Free Food
- Great Camaraderie
- Best Seat in the Pool!!

No experience necessary – we will train you!!

If you are interested in learning more, please contact Connie Siebenaller at csiebenaller@wi.rr.com.

Thanks!!

March Birthdays

Caden Piefer

Jason Hunt

Madeline Labott

Joshua Wu

Sophie Castillo

Paige Adams

Faith Johnson

Adit Bhootra

Skye Beckes

Elizabeth Peotter

Ryan Ciolkosz

Elle Fisher

Henry Blodorn

Josh Francis



The Waterlog *March 2013*