2018-19 Fall/Winter Practice Times

Fall season begins September 5 and ends February 14. November start begins November 1.

Minis: Tu/Th 3:05-3:50pm.

Kickers: M/W/F 3:20-4:05pm.

Travelers 3-Day: M/W/F 3:20-4:20pm. Days are flexible, talk to your coach.

Travelers: M-F 3:20-4:20pm.

Extreme: M-Th 4:05-5:30pm, F dryland 4:15, swim 5:15-6:30, Saturday 9-10:30 or 6:30-8:00am. Optional dryland Tuesday 6-7:00am.
Senior 2:

M/W 4:05-5:30pm, Tu/Th 6:15-8:45pm, Th 6-7:00am, F 5:45-7:00am or 4:05-5:30pm, Saturday 9-11:00.

Senior 1:

M/Tu/W/Th 6:15-8:45pm, M/W/Th 6-7:00am, F 5:45-7:00am, Saturday 9-11:00 or 6-8:00am.

Senior am only:

M/W/Th 6-7:00am, F 5:45-7:00am

Practice times may change due to High School meets, holidays, and weather. Check the group calendars for up to date information.