

Express SYOA @ Waukesha South HS

Hosted by Waukesha Express Swim Team

Sanction: WI2021-503S

Saturday, October 9, 2021

LOCATION:

Waukesha South High School
401 E. Roberta Avenue (Use Tenny Avenue Entrance/Parking Lot)
Waukesha, WI 53186

FACILITY:

Eight lane, 25 yard pool. Pool depth is 13 feet at the start end and 5'10" feet at the bulkhead (turn end). Blocks are 30" high. The pool features a 9'x13' full color, digital display scoreboard. The competition course has not been certified in accordance with USA Swimming's Rule 104.2.2C(4).

GENERAL:

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In applying for this sanction(ed event), the Host, Waukesha Express Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Wisconsin Swimming, Inc., the State of Wisconsin and the Waukesha County Health Department.

We have taken enhanced health and safety measures for you, the other participants, and meet staff. You must follow all instructions while visiting Waukesha South High School. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS

OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

YOU ACKNOWLEDGE THE CONTAGIOUS NATURE OF COVID-19 AND VOLUNTARILY ASSUME THE RISK THAT YOUR FAMILY, INCLUDING CHILD(REN), MAY BE EXPOSED TO OR INFECTED BY COVID-19 WHILE ON SITE AT THE POOL OR FACILITY AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH. YOU UNDERSTAND THAT THE RISK OF BECOMING EXPOSED TO OR INFECTED BY COVID-19 AT THE POOL OR FACILITY MAY RESULT FROM THE ACTIONS, OMISSIONS, OR NEGLIGENCE OF MYSELF AND OTHERS, INCLUDING, BUT NOT LIMITED TO, THE WAUKESHA EXPRESS SWIM TEAM, WALTER SCHROEDER AQUATIC CENTER, VOLUNTEERS, AND PROGRAM PARTICIPANTS AND THEIR FAMILIES.

The Waukesha Express Swim Team will follow safety protocols set by the Waukesha County Health Department, School District of Waukesha, Wisconsin Swimming and USA Swimming. A few key notes to be aware of when you swim in a meet at Waukesha South High School:

- Masks are required for those that are not vaccinated, per CDC guidelines.
- Spectators may be limited based on meet numbers. More information will be provided once we have the number of meet participants.
- Meet workers will be kept to a minimum. Positions will be first offered to Waukesha Express Swim Team parents, then offered to parents of other teams as available.
- No one should enter the facility if he/she has any symptoms of COVID 19.
- Starters will use electronic command whistles.
- Meet volunteers will be limited and will be held to all of the above guidelines.
- This list is not all inclusive. Anyone that does not abide by all rules above or further instructions given by coaches or meet marshall's on site, will be asked to leave. No refund of entry fees will be provided.

MEET ENTRY CHAIR: Laurie Carlson, laurie@waukeshaexpress.org

MEET DIRECTOR: Laurie Carlson

OFFICIALS: Meet Ref- Joe Meyer, AO- Dan Wohl

ENTRIES:

This meet will be run using the HY-TEK MEET MANAGER. Export a meet entry file and email it as an attachment. Upon completion of the meet, results, a results file and a MM Backup file will be posted on our website. Please send a .pdf of your entry with your entry summary. No deck entries will be accepted.

ENTRY DEADLINE: Entries are due **September 28, 2021** on a first come, first serve basis.

Please e-mail entry file to: dan@waukeshaexpress.org

Make checks payable to: Waukesha Express Swim Team, PO Box 1874, Waukesha, WI 53187

ENTRY LIMITS: 4 individual events per day

ENTRY FEE:

Facility surcharge: \$3.00

WI LSC Surcharge: \$4.00

Individual events: \$6.00

AWARDS: 1st - 5th high point awards for 8 & U, 9, 10, 11, 12, 13, and 14

TIME STANDARDS

No time standards.

SESSION INFORMATION

Waukesha Express Swim Team reserves the right to adjust sessions as needed to meet guidelines set by CDC and/or the Waukesha County Health Department.

AM Session (9, 10, 11, 12 year olds): 7:00 AM Warm-ups, 8:05 AM Start

PM Session (8 & under, 13, 14 and Senior age groups): 60 min warm up immediately following the conclusion of the AM Session, and meet starts 5 min after conclusion of warm ups

WAIVER:

Adult Athlete or Parent/Guardian of a minor must complete the included waiver.

Coaches will be responsible for submitting all waivers for their team at check-in.

OFFICIAL RULES:

Current USA and Wisconsin Rules shall prevail for this meet. Swimmers must be current USA Swimming members.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Deck changes are prohibited.

MAAPP POLICY: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. An athlete member at a sanctioned meet who is over 18 years of age, who had not completed the Athlete Protection Training (APT) by the date of the swim, will not be able to upload into SWIMS. These athletes will also be considered “not in good standing” and can be subject to fines under Wisconsin Swimming Policy 11.2.1.

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Waiver of Liability, Release, and Indemnity Agreement

“You and Your” refers to [check the appropriate selection]:

_____ **Participant (if participant is 18 or older)**

_____ **Participant Parent/Guardian (if participant is a minor)**

_____ You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the Waukesha Express Swim Team and pool management company's employees, volunteers, and program participants and their families.

_____ You acknowledge, Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

_____ You agree that you, or your child, are voluntarily participating in these activities, with knowledge of the risks associated with such activity.

_____ You acknowledge and agree that neither Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc., nor you will be liable to the others for any special, indirect, incidental or consequential damages arising out of this Agreement. Except as otherwise specifically set forth herein, Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc.'s total liability to you under or in connection to this Agreement shall not exceed the amounts paid or payable to Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc. according to this agreement; Any action against Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc. arising out of, resulting from, or related to the performance or breach of this Agreement shall be filed not later than three (3) months after the cause of action has accrued.

_____ You agree that should any part of this agreement be found by a court of law to be against public policy or in violation of any state statute or case precedence, then the remainder of this document will remain in full force

_____ By signing below, you understand and agree to the terms stated above. You understand the risks associated with **Swimming Competition**. **IN ADDITION, BY SIGNING BELOW, YOU RELEASE WAUKESHA EXPRESS SWIM TEAM, WISCONSIN SWIMMING, INC., AND USA SWIMMING, INC. FROM ANY AND ALL LIABILITY FOR ANY INJURY OR**

DAMAGE THAT MAY ARISE FROM, BUT NOT LIMITED TO, YOUR PARTICIPATION IN (A) ANY ACTIVITY, CLASS, PROGRAM, PERSONAL TRAINING OR INSTRUCTION, (B) THE SUDDEN AND UNFORESEEN INJURIES ARISING OUT OF YOUR IMMEDIATE SURROUNDINGS, (C) OUR INSTRUCTION, TRAINING, OR SUPERVISION. THE FOREGOING UNDERSTOOD, YOU, YOUR HEIRS, ASSIGNS, AND YOUR PERSONAL REPRESENTATIVE HEREBY RELEASE AND WAIVE ANY AND ALL CLAIMS AGAINST WAUKESHA EXPRESS SWIM TEAM], WISCONSIN SWIMMING, INC., AND USA SWIMMING, INC., ITS OWNERS, OFFICERS AND EMPLOYEES, CONTRACTORS, AND ANY OTHER PARTIES CONNECTED TO THE SERVICES IN ANY WAY (“RELEASEES”) SINGULARLY OR COLLECTIVELY, AND FURTHER HOLD HARMLESS AND INDEMNIFY SUCH RELEASEES FROM AND AGAINST ANY LIABILITY, CLAIMS OF NEGLIGENCE, MISADVENTURE, HARM, LOSS, INCONVENIENCE OR DAMAGE HEREBY SUFFERED OR SUSTAINED AS A RESULT OF YOUR PARTICIPATION IN THE SERVICES, OR ANY OTHER SERVICES OR ACTIVITIES OFFERED BY RELEASEES. THE FOREGOING NOTWITHSTANDING, THIS IS NOT A RELEASE AND WAIVER OF INTENTIONAL OR RECKLESS ACTS OF RELEASEES. SUCH RELEASE, WAIVER, HOLD HARMLESS AND INDEMNITY SHALL APPLY TO YOUR OWN CLAIMS AND/OR CLAIMS OF THIRD PARTIES, RELATING TO MY PARTICIPATION IN THE SERVICES.

YOU HAVE READ AND UNDERSTAND THIS AGREEMENT. YOU HAVE HAD THE OPPORTUNITY TO BARGAIN WITH WAUKESHA EXPRESS SWIM TEAM, WISCONSIN SWIMMING, INC., AND USA SWIMMING, INC. WITH ADEQUATE INSURANCE OR AN ADEQUATE CASH DEPOSIT TO NOT HAVE TO AGREE TO THE WAIVERS OR RELEASES OF LIABILITY OR INDEMNIFICATION PROVISIONS SET FORTH HEREIN. YOU UNDERSTAND THAT YOU HAVE WAIVED AND SURRENDERED VALUABLE LEGAL RIGHTS. YOU HAVE SIGNED THIS WAIVER VOLUNTARILY; AFTER DUE NEGOTIATIONS, IN EXCHANGE FOR THE CONSIDERATION DESCRIBED ABOVE.

This Agreement and its terms bond a relationship between Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc. and yourself. Each time you participate in these activities, you affirm the terms of this Agreement and agree to indemnify and hold Waukesha Express Swim Team, Wisconsin Swimming, Inc., and USA Swimming, Inc. and its employees harmless from all liability and claims, as stated above.

The Services are provided under this Agreement by Waukesha Express Swim Team, through sanction by Wisconsin Swimming, Inc., and USA Swimming, Inc.

Participant or Parent/Guardian Signature: _____

Date: _____

Participant or Parent/Guardian Name (print): _____

Participant or Parent/Guardian Phone Number: _____

ORDER OF EVENTS

Girls	Saturday AM	Boys
1	12 year old 100 yd. IM	2
3	11 year old 100 yd. IM	4
5	10 year old 100 yd. IM	6
7	9 year old 100 yd. IM	8
9	12 year old 50 yd. Backstroke	10
11	11 year old 50 yd. Backstroke	12
13	10 year old 50 yd. Backstroke	14
15	9 year old 50 yd. Backstroke	16
17	12 year old 50 yd. Breaststroke	18
19	11 year old 50 yd. Breaststroke	20
21	10 year old 50 yd. Breaststroke	22
23	9 year old 50 yd. Breaststroke	24
25	12 year old 50 yd. Butterfly	26
27	11 year old 50 yd. Butterfly	28
29	10 year old 50 yd. Butterfly	30
31	9 year old 50 yd. Butterfly	32
33	12 year old 100 yd. Freestyle	34
35	11 year old 100 yd. Freestyle	36
37	10 year old 50 yd. Freestyle	38
39	9 year old 50 yd. Freestyle	40
41	12 and under 500 yd. Freestyle	42
Girls	Saturday PM	Boys
43	Senior 200 yd. Individual Medley	44
45	14 year old 200 yd. Individual Medley	46
47	13 year old 200 yd. Individual Medley	48
49	8 and U 100 yd. Individual Medley	50
51	Senior 100 yd. Backstroke	52
53	14 year old 100 yd. Backstroke	54

55	13 year old 100 yd. Backstroke	56
57	8 and U 25 yd. Backstroke	58
59	Senior 100 yd. Breaststroke	60
61	14 year old 100 yd. Breaststroke	62
63	13 year old 100 yd. Breaststroke	64
65	8 and U 25 yd. Breaststroke	66
67	Senior 100 yd. Butterfly	68
69	14 year old 100 yd. Butterfly	70
71	13 year old 100 yd. Butterfly	72
73	8 and U 25 yd. Butterfly	74
75	Senior 100 yd. Freestyle	76
77	14 year old 100 yd. Freestyle	78
79	13 year old 100 yd. Freestyle	80
81	8 and U 25 yd. Freestyle	82
83	Senior 1000 yd. Freestyle	84