

Registration:

There are five separate registration periods for PASC. PASC is a member of USA Swimming and Wisconsin Swimming and therefore we are required to have all swimmers register for each session in order to practice. In addition, each swimmer is required to have a current USA Swimming Registration Card. Failure for a swimmer to not be registered and not have a USA Swimming Registration Card can result in fines for the club as well as revocation of our accident and liability insurance coverage. *If swimmers are not registered by the cutoff (end of the first week of practice for each session), the swimmer will need to sit out of practice until registration has been taken care of.*

Fall: September 17, 2018 – November 9, 2018 (8 Weeks)

Winter: November 12, 2018 – March 1, 2019 (16 Weeks)

Spring Training: March 4, 2019 – March 21, 2019 (3 Weeks)

Spring: April 15, 2018 – May 7, 2019 (7 Weeks)

Summer: June and/or July (about 4 weeks or 8 weeks for combined session)

Registration Fees:

Pool Fees, USA Swim Card, and Meet fees are charged separately

Fall (Sept – Nov)		Winter (Nov – Mar)	
Blue	\$90 + \$7.50 Pool Fee	Blue	\$135 + \$7.50 Pool Fee
White	\$130 + \$7.50 Pool Fee	White	\$215 + \$7.50 Pool Fee
Red	\$150 + \$7.50 Pool Fee	Red	\$240 + \$7.50 Pool Fee

Spring (April – May)		Summer (June and/or July)	
Blue	\$75 + \$7.50 Pool Fee	Blue	\$50 + \$7.50 Pool Fee (June or July) \$75 + \$7.50 Pool Fee (Both)
White	\$85 + \$7.50 Pool Fee	White	\$80 + \$7.50 Pool Fee (June or July) \$135 + \$7.50 Pool Fee (Both)
Red	\$105 + \$7.50 Pool Fee	Red	\$92 + \$7.50 Pool Fee (June or July) \$160 + \$7.50 Pool Fee (Both)

Spring Training is a short conditioning session that is open to all swimmers that want to keep up their swimming before the regular spring season starts. It also serves as fundraiser for covering the expenses for the MN Regional Meet held annually at the University of Minnesota.

Spring Training March 4 – March 21, 2019	
Blue	\$50 + \$7.50 Pool Fee
White/Red	\$75 + \$7.50 Pool Fee

Pool Fee

Registration fees cover coaching expenses and other operating costs that come up throughout the season. The pool fee is a fee that goes directly to PACE for our pool usage. The swim club rents space from the community at a charge of \$7.50 per swimmer per session.

USA Swimming Registration Card

The USA Swimming Registration Card is an Athlete Membership Card that is active for the entire season. Current PASC swimmers will have their swim cards renewed during Winter Registration. For all other sessions the swim card will be listed as optional. For new PASC swimmers this charge will be added to registration if it wasn't previously selected.

2019 Swim Cards	
9 & Older	\$70
8 & Under	\$60

Practice

All swimmers start at the Blue level. The head coach will make a determination of when he feels that the swimmer is ready to move up to the next level. While being legal in free, breast, backstroke, and fly is a major consideration for moving up to White there are other considerations. The length of practice increases as well as the number of repetitions in practice, so a swimmer may not be moved up if there is concern about endurance. Parents are welcome to ask the coaches questions about placement and other topics before and after practice. If parents choose to attend practice they are asked to do so quietly. *Please do not talk to your swimmer or the coach(s) during practice.*

PASC is flexible in that swimmers do not need to swim all sessions and all practices to be considered part of the team. There are multiple options during the week, but it is not expected that swimmers attend every practice. Many swimmers are in multiple sports and other activities and fit in swim practice a 2-3 times a week.

Swim Meets

Swim meets are a great way to test out the skills learned during practice. The first meet will be intimidating, but lots of fun! Registering for swim meets are optional, but we request that parents declare if the swimmer will be attending or not. The emails that are sent out for the meet will provide the steps for declaring and selecting events.

Key Points:

- Must register by the cutoff time. There is a deadline for each meet and most of the meets require the club to mail the payment ahead of time, so we have a cutoff before the deadline to ensure we complete the process in time.
 - If the cutoff time is missed, the swimmer may deck register. Deck registration availability is not guaranteed and there's extra steps so it's a lot easier on everyone if registration is done prior to the cutoff.
- Parents select the events for the swimmers with the exception of relays. Other parents that have been with the club are great at helping in this area.
 - On multi-day events some families choose to attend one day vs. a Saturday and Sunday.
 - Most events have specific age options for younger swimmers (i.e. 8 and under, 8-10, 11-12, and open). The age options allow the swimmers to compete against similar age groups.
 - Open events are typically open for all swimmers, but if there are younger age groups the swimmers in the open events are typically 12 and older. The 200 free is an exception for this as the event is usually done as an open event with awards done by age group.
- Each meet has certain requirements regarding the number of events a swimmer may register for. This is typically found on the first page of the meet info (document that is attached to the event in TeamUnify) or in the notes section. Please read this information carefully.
- Meet Standards – some meets have time standards. A swimmer cannot swim the event if their time does not meet the standard.

Meet Fees

The meet host sets the entry fees for each swimmer. PASC pays the fees ahead of time, but charges these fees back to the family swim account. There are no refunds of meet fees, so if a swimmer is registered for an event and does not swim the fee is still charged.

The fees will be found in the meet info attached to the event page. Tip: the waiver page (if included) is usually the clearest for figuring out the meet fees.

Types of fees:

Splash Fee – Essentially the splash fee is a cover charge for the swimmer. Typically the fee is only charged once for a multi-day session.

Individual Events – A fee charged for every event that the swimmer registers for excluding relays.

Relays – The charge for the entire four person relay. This charge will be divided by four.

Club Fee – PASC charges \$5.00 for each meet with the exception of MN Midwest Regionals which is a max of \$25.00 due to the travel distance. This additional charge helps offset some of the extra coaching hours for meets.

Example:

HSSB Summer Meet 2018 Entry Fees: LSC Splash Fee \$3.00 per swimmer, Individual Events \$4.00, Relays \$12.00, Deck Seeds \$5.00. The swimmer's parent enters the swimmer in two events and the coach puts the swimmer in one relay.

The fees would be \$3.00 splash fee + (2 x \$4.00 individual events) + (12 ÷ 4 relay event) + \$5.00 club fee = \$19 meet fees charged for this event to the swimmer's account.