



# HOWARD SUAMICO STORM BREAKERS

## **SUMMER MEET 2019**

### **A-BB-B-C**

Friday, May 31 and Saturday, Sunday, June 1-2, 2019

Hosted by the [Howard-Suamico Storm Breakers](#)

1. Sanction: WI2019-266S

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

2. Location:

Howard-Suamico Community Pool  
Lineville Intermediate School  
2700 Lineville Road  
Green Bay, WI 54313

3. Facility:

Indoor 25 yard pool with 8 lanes, non-turbulent lane markers, backstroke flags. The pool depth is 13 feet at starting end and 3.5 at turn end. Block height is 34 inches. The 2nd and 4th leg of all 100-yard relays must start in the water from a push-start due to pool depth.

4. Timing/Judging:

All events will be timed finals. Colorado timing system with touchpads will be used, with two manual watches per lane.

5. Official Rules:

Current USA-S and Wisconsin Swimming rules shall govern the conduct of this meet. The no recall start rule will be in effect.



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## 6. Meet Schedule:

### Friday\*

- Warm-ups begin 5 p.m.
- Timers meeting 5:45 p.m.
- Coaches meeting 5:45 p.m.
- Meet begins 6 p.m.

\*Note: Swimmers will be required to provide their own timers (two required per swimmer) and lap count assistants. The number of swims may be limited due to timeline.

### Saturday

- Morning Sessions: Warm ups begin 8 a.m.
- Timers meeting 8:45 a.m.
- Coaches meeting 8:50 a.m.
- Meet begins 9:05 a.m.

Afternoon session: Warm ups will begin after morning session ends, for 60 minutes, not before 11 a.m., meet will begin immediately after warm ups.

In an effort to keep the afternoon session running smoothly, we will be using fly-over starts. Please advise your swimmers of this.

### Sunday

- Warm ups begin 7:30 a.m.
- Timers meeting 8:45 a.m.
- Coaches meeting 8:50 a.m.
- Meet begins 9:05 a.m.

## 7. Warm-up:

Warm up lanes and times will be assigned for each team, posted on the HSSB website, and included in coaches' packet prior to meet. Three-point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition.



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## 8. Eligibility:

All swimmers must be registered USA-S swimmers and their USA-S number must be listed on the entry form. No “applied for” entries will be accepted. All out-of-state swimmers must be prepared to show their USA-Swimming cards at the request of the meet director. Age is as of May 31, 2019.

## 9. Entry Deadline:

All entries must be received no later than Wednesday, May 22, 2019. Please submit entries on HyTek e-mail. Deck entries will be accepted from the coach the day of the meet (provided they do not result in a new heat) up to one half hour prior to the start of each session and will cost \$5.00 per entry.

Email (or mail) entries to:

**Scott Gruber**  
**2221 Webster Ave STE A**  
**Green Bay, WI 54301**  
[hssbmeetdirector@gmail.com](mailto:hssbmeetdirector@gmail.com)

## 10. Entry Limit:

Swimmers may compete in a maximum of 1 individual event on Friday, 4 individual events on Saturday and 3 individual events on Sunday. (8 total for the Meet)

## 11. Entry Fees:

- LSC Splash Fee \$3.00 per swimmer
- Individual Events \$4.00
- Relays \$12.00
- Deck Seeds \$5.00

## 12. Meet Director:

Scott Gruber  
[hssbmeetdirector@gmail.com](mailto:hssbmeetdirector@gmail.com)  
(920) 212-1461



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## 13. Final Results:

One copy of the final results will be mailed to all participating clubs.

## 14. Awards:

Awards will consist of medals for 1<sup>st</sup>-3<sup>rd</sup> place and ribbons for 4<sup>th</sup>-16<sup>th</sup> place for individual events, and ribbons for 1<sup>st</sup>-5<sup>th</sup> place for relays. Heat winners will receive awards.

## 15. Admission:

Admission \$5 for 13 & older and \$3 for senior citizens. A heat sheet fee will be available for \$5 at the door. We will have limited heat sheets for sale at the meet.

Heat sheets will be available for **free** online at [www.hssb-wi.org](http://www.hssb-wi.org) the day before the meet for all attendees to print out.

## 16. Coaches Note:

All coaches must pick up their coaches packets in person and must show their current USA-S coaches card. If a coach does not present a USA-S card they will not be allowed on deck and the swimmers from that team will be assigned a USA-S certified coach for warm-ups.

## 17. Concessions:

Food and beverages will be sold during the meet and must be consumed in designated areas.

## 18. Conduct:

Each club is responsible for the conduct of its swimmers. All teams please keep your area as clean as possible.

In accordance with the Federal Video Voyeurism Prevention Act of 2004 – the use of camera phones or video recording devices in the locker rooms is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in



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locker rooms or other designated area is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

## 19. Disabled Swimmers:

If you have a disabled swimmer, please note on entry form.

## 20. Officials:

Mark Kohrell – Lead Official

Brenda Roubal – Administrative Official

## 21. Seating:

Due to crowding in the pool area we request that all swimmers avoid staying in the bleacher area.



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## SUMMER MEET 2019 Events

May 31 and June 1-2, 2019

### **Friday Night – (Session #1) – Warm-ups: 5 PM.; Session starts: 6PM**

<u>Girls Event Number</u>		<u>Boys Event Number</u>
1	Open 1000 Free*	2
3	Open 1650 Free*	4

**\*Note: Friday Swimmers must provide their own Timers (2 required)**

### **Saturday Morning – (Session #2) - Warm-ups: 8 AM; Session starts: 9:05 AM**

<u>Girls Event Number</u>		<u>Boys Event Number</u>
5	10&U 200 Medley Relay	6
7	8&U 100 Medley Relay	8
9	10&U 100 Free	10
11	8&U 25 Free	12
13	10&U 50 Breast	14
15	8&U 25 Breast	16
17	10&U 50 Fly	18
19	8&U 25 Fly	20
21	10&U 100 Back	22
23	8&U 25 Back	24
25	10&U 200 IM	26
27	8&U 100 Free Relay	28
	<b>10 Minute Break</b>	
29	Open 200 Free**	30

### **Saturday Afternoon – (Session #3)**

31	Open 200 Medley Relay	32
33	11-12 200 Medley Relay	34
35	Open 100 Free	36
37	11-12 100 Free	38
39	Open 200 IM	40
41	11-12 100 IM	42
43	Open 200 Breast	44
45	11-12 50 Breast	46
47	Open 100 Back	48
49	11-12 100 Back	50
51	Open 200 Fly	52
53	11-12 50 Fly	54



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## SUMMER MEET 2019 Events

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### **Sunday Morning – (Session #4) -Warm Ups 7:30 AM Session Starts 9:05 AM**

55	Open 200 Free Relay	56
57	11-12 200 Free Relay	58
59	10&U 200 Free Relay	60
61	Open 400 IM	62
63	11-12 200 IM	64
65	10&U 100 IM	66
67	Open 50 Free	68
69	11-12 50 Free	70
71	10&U 50 Free	72
73	Open 200 Back	74

### **10 Minute Break**

75	11-12 50 Back	76
77	10&U 50 Back	78
79	Open 100 Breast	80
81	11-12 100 Breast	82
83	10&U 100 Breast	84
85	Open 100 Fly	86
87	11-12 100 Fly	88
89	10&U 100 Fly	90

\*\* Swimmers will be seeded together in the Open 200 Free event on Saturday, but awarded by age groups (10&U, 11-12 & 13+O).



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## WAIVER

**IN CONSIDERATION OF THE ACCEPTANCE OF THIS ENTRY, I/WE HEREBY FOR MYSELF/OURSELVES, MY/OUR HEIRS, ADMINISTRATORS AND ASSIGNS, WAVE AND RELEASE ANY AND ALL CLAIMS AGAINST THE HOWARD-SUAMICO STORM BREAKERS, MEET OFFICIALS, USA SWIMMING AND WISCONSIN SWIMMING, INC FOR INJURIES AND/OR EXPENSES INCURRED BY ME/US AT THIS MEET OR WHILE ON THE ROAD TO AND FROM THIS MEET. I/WE ARE BONA FIDE AMATEUR ATHLETES AND ELIGIBLE TO COMPETE IN ALL THE EVENTS I/WE HAVE ENTERED**

**SIGNATURE OF CLUB OFFICIAL, PARENT OR GUARDIAN:**

POSITION: \_\_\_\_\_ PHONE#: \_\_\_\_\_

TEAM NAME AND ABBREVIATION: \_\_\_\_\_

TEAM COACH: \_\_\_\_\_ PHONE# \_\_\_\_\_

NAME AND ADDRESS FOR SENDING FINAL RESULTS:

NAME: \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE \_\_\_\_\_ ZIP: \_\_\_\_\_

SPASH FEE-TOTAL# OF SWIMMERS: \_\_\_\_\_ X \$3.00 = \_\_\_\_\_

# INDIVIDUAL EVENTS: \_\_\_\_\_ X \$4.00 = \_\_\_\_\_

# RELAYS \_\_\_\_\_ X \$12.00 = \_\_\_\_\_

TOTAL \_\_\_\_\_

# UNATTACHED SWIMMERS INCLUDED: \_\_\_\_\_

MAKE CHECKS PAYABLE TO: **HSSB**