

## 2022 12&UNDER WISCONSIN SCY STATE CHAMPIONSHIPS

Hosted by Lake Country Swim Team

@ Walter Schroeder Aquatic Center

DATE: February 25-27, 2022

### **SANCTION #WI2022-051S**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising because of injuries to anyone during the conduct of this event.

**COVID 19:** *In applying for this sanction(ed) event, the Host, Lake Country Swim Team agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Wisconsin Swimming, Inc., the State of Wisconsin and the North Shore Health Department*

*We have taken enhanced health and safety measures – for you, the other participants, and meet staff. You must follow all instructions while visiting the Walter Schroeder Aquatic Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the Walter Schroeder Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19.*

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS LAKE COUNTRY SWIM TEAM, WALTER SCHROEDER AQUATIC CENTER, USA SWIMMING AND WISCONSIN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

All participants are required to sign a COVID-19 Waiver of Liability, Release and Indemnity Agreement acknowledging the risks of competing in this meet.

**MEET HOST:** Lake Country Swim Team

**DATES OF MEET:** February 25-27, 2022

### **GENERAL INFORMATION:**

- **MEET DIRECTOR:** Mark Kohnhorst, 262-367-7657, [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)
- **ENTRY CHAIR:** Darsi Kohnhorst, 262-367-7657, [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)

### **OFFICIALS:**

- Meet Referee: Rick Amelse, 715-370-0135 (H), [Ra\\_amelse@yahoo.com](mailto:Ra_amelse@yahoo.com)
- Head Chief Judge: Ben Radloff, 608-234-2458 (C), 608-277-8922 (H), [bradloff5@hotmail.com](mailto:bradloff5@hotmail.com)
- Administrative Official: Darsi Kohnhorst, 262-367-7657, [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)

- Officials must have valid USA Swimming registration and must be working that session to be on deck. Deck Pass is acceptable proof of USA Swimming Membership.

**GENERAL MEETING:** Time TBA, (may be conducted virtually). Additional Coaches Meetings may be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all Coaches Meetings. Coaches or other team representatives are responsible for all information presented at these meetings, including changes to the meet format or conduct. Coaches should check their team mailboxes prior to each session and look for postings where they pick up heat sheets.

**OFFICIALS MEETINGS:** Officials Meeting will be held one hour before the starting time for each session in the hospitality room.

**MAAPP ACKNOWLEDGEMENT:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

### **RULES AND PROCEDURES**

- **OFFICIAL RULES:** Official current Short Course USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Swimmers must be registered USA swimmers with their age as of February 25<sup>th</sup>, 2022.
- **TIMING SYSTEM:** All events will be timed using a Colorado and SST Timing System with horn start, touch pads, two buttons, and 1 watch as backup.
- **SWIMMER WITH A DISABILITY:** Please note any special requirements and/or requests for a swimmer with a disability on the entry form.
- **START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **USE OF WALKING OFFICIALS:** If walking officials are used, the immediate area next to the pool is reserved for officials.
- **PROTESTS:** For consideration of all protests lodged at the meet, the Referee may appoint a meet jury. The jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete.

### **WARM-UP AND MEET SCHEDULE**

- Friday PM: Warm-ups: 2:30 PM – 3:30 PM Meet Starts @ 3:40 PM
- Saturday/Sunday AM: Warm-ups: 7:30 AM – 8:30 AM Meet Starts @ 8:40 AM
- Saturday/Sunday PM: Warm-ups: Not before noon, Meet starts 1 hour 15 mins later

There will be assigned times and lanes for the warm-up sessions. The warm-up schedule will be posted on the Wisconsin website: ([www.wisconsinswimming.org](http://www.wisconsinswimming.org)) and on the Lake Country Swim Team meet website. Push-pace and sprint lanes will be opened and closed as necessary by the Meet Director. No equipment, pull buoys, kick boards, or paddles used in the main pool. Circle swimming only, entry into the water shall be feet first three-point entry for all warm-ups, except in designated lanes and times. Swimmer(s) without a coach present are to report to the Meet Director prior to the warm-up for lane assignments.

### **SITE INFORMATION**

- **FACILITY:** Walter Schroeder Aquatic Center

- LOCATION: 9240 N. Green Bay Road, Brown Deer, WI 53209
- POOL: Two eight-lane, 25 yard pools with non-turbulent lane markers and backstroke flags. Pool depth at North pool starting end is 7'. Pool depth at South pool starting end is 16'. Minimum of 6'10" at both turn ends. Block height is 29.5". Competition will be conducted in the North pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Automatically retracting backstroke wedges are available for use for swimmers appropriately certified.
- DECK ACCESS: USA Swimming membership or prior approval is required for deck access. Coaches and officials shall display their meet credential when checking-in. Checked-in coaches will receive a wristband which must be worn while on deck. Deck Pass is acceptable for proof of USA Swimming Membership. Non-athlete members are only allowed on deck for official business i.e. counting for distances races or upon prior approval by the Meet Referee or meet management.
- SPECTATOR ADMISSION: Spectator admission is \$7.00 per session. Heat sheet \$3.00 per session. Spectators with disabilities preventing them from sitting in the stands will be accommodated with deck seating for themselves and one companion. The meet will also be livestreamed.
- CONCESSIONS: Athletes may bring refreshments (liquids) but NO GLASS is allowed. There will be a selection of food and beverages available for purchase at the meet. Concessions are in the facility main lobby.
- LOST & FOUND: Please check the lost and found area near the glass office during the meet. Check in the office for valuable lost items. Lake Country Swim Team is not responsible for lost items. Items not picked-up by the end of the meet will be discarded or donated.

#### **ATHLETE AND PARENT CONDUCT:**

Please follow the athlete and parent conduct guidelines below. Anyone not following these rules may be subject to removal from the meet and facility. Each team is responsible for the conduct of its swimmers and parents. Teams are asked to pick up any garbage in their immediate team area after each session.

- Only counters and officials are allowed on the bulkheads or pool edge during competition.
- No coolers, chairs, or large bags will be allowed in the main pool spectator area.
- Swimmers (and their bags) should sit in their team's area on the pool deck.
- No standing on the stairways or landing areas of the spectator area. No chairs or sleeping bags are allowed in the hallways.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms or locker rooms.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Flash photography and photography from behind the starting blocks are prohibited at the start of each race. Only designated photographers will be allowed on deck during the warmups and meet.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

#### **ENTRY INTO THE MEET**

Swimmers may compete in FIVE (5) individual events per day, plus relays up to a maximum of SIX (6) individual events for the meet. This meet, and the 13&Over State Meet are under separate sanctions.

**ENTRY PROCEDURES:** USA Swimming Online Meet Entry (OME) system will be used. OME will be open for entry submission on Tuesday, February 1. If you need assistance with using the OME system for the first time, do not hesitate to contact the meet director @ 262-367-7657.

- All entry times for other than "bonus events" must be "pre-proven" before the meet.
- OME uses the SWIMS database, so times in the SWIMS database are automatically used.

- When entering an athlete who has qualified with a first-place finish in a qualifying event at the Regional Meet, use a custom time to enter the athlete at the standard and put “REGIONAL WINNER” in the meet name for proof of time. Email the Meet Host ([lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)) the correct times, so they can be verified and seeded properly.
- When entering an athlete with a disability in OME to the designated Disability events, use a custom time to enter the athlete at the standard and put “DISABILITY” in the meet name for proof of time. Email the Meet Host ([lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)) the correct times, so they can be verified and seeded properly. If coaches have any questions regarding the Disability Inclusion, please contact Tom Miazga. ([tommiazga8@gmail.com](mailto:tommiazga8@gmail.com)).
- List of acceptable proof of times is in the “PROOF OF TIMES” section of this meet information.
- When individual event overriding times in OME, enter the meet name and date when requested by OME. All “override times” must be proven by emailing a meet results PDF file to [lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net) with the relevant time clearly marked.
- There is no need to prove relay times or the composite times used to create relay entries.
- All outstanding proofs must be cleared by the “PROOF DEADLINE”

**ENTRY DEADLINE:** Monday February 21<sup>st</sup>, 2022 – ONLINE MEET ENTRY (OME) will close at 6:00 PM CT. Entries must be entered, and “checked-out” of the OME system by this time.

- Entries received after the initial deadline may be accepted upon remittance of a \$100 late fee.
- Tuesday February 22<sup>nd</sup>, 2022: Psych Sheets and Session Reports will be posted online at [www.lakecountryswimming.com](http://www.lakecountryswimming.com) website by 11:00 AM CT.
- PROOF DEADLINE: Tuesday February 22<sup>nd</sup>, 2022, by 6:00 PM after that point, all “unproven” times may be scratched from the meet.
- PAYMENT: A non-refundable check for entry fees and surcharges must be received before the start of the meet. All payments will be made via check or cash, no credit cards will be accepted. All express mail must be pre-signed, so it will not require a signature for delivery. Make checks payable to Lake Country Swim Team.

**SWIMMER ELIGIBILITY:** All swimmers must be 2022 Wisconsin LSC registered athlete members of USA Swimming. All individual swimmers entered in the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time or having placed first in a qualifying event in the Regional Meet. Swimmers who cannot verify qualification for the meet with a proof of time or place will be withdrawn from the meet. Any swimmer who swims in the meet and is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200. There will be no deck entries or registration. The representative submitting entries shall be responsible for verifying that all swimmers satisfy these requirements.

- Qualifying and Seed Times: Qualifying time standards are available at [www.wisconsinswimming.org](http://www.wisconsinswimming.org). Qualifying times will be accepted Short Course Yards (SCY), Short Course Meters (SCM) and Long Course Meters (LCM). Non-conforming times will be seeded after SCY times. DO NOT CONVERT.
- The order used for seeding will be SCY-SCM-LCM. Bonus entries will be seeded after qualified swims in the same course order.

**SWIMMERS WITH DISABILITIES:** Swimmers can enter any event (up to the limit of the meet announcement) but they must have achieved a Wisconsin Swimming State Time Standard OR the Disability Para Motivational Championship Time Standards (P1, P2, P3). Although swimmers with a disability can enter any event(s) the only events that will be scored and awarded separately in the Para categories are Friday: 11-12 200 IM; Saturday: 10-Under 50 BR and 11-12 50 BK; Sunday: 10-Under 100 IM and 11-12 50 FL.

When entering an athlete with a disability in OME to the designated Disability events, use a custom time to enter the athlete at the standard and put “DISABILITY” in the meet name for proof of time. Email the Meet Host ([lakecountryswim@sbcglobal.net](mailto:lakecountryswim@sbcglobal.net)) the correct times, so they can be verified and seeded properly. If coaches have any questions regarding the Disability Inclusion, please contact Tom Miazga. ([tommiazga8@gmail.com](mailto:tommiazga8@gmail.com)).

**BONUS EVENTS:** Any swimmer who has entered with one qualifying time may enter three bonus events for which they do not have a qualifying time. Any swimmer entered with two qualifying times may enter two bonus events. Any swimmer entered with three qualifying times may enter one bonus event. Any swimmer with four or more entered qualifying times is not eligible for bonus events. There are no bonus entries for swimmers that are “relay only” entrants in the meet.

**RELAY ENTRIES:** Teams may enter an “A” relay if they have an individual qualifier entered in that age group & gender. For a team to enter a “B” relay, the team must have at least eight (8) individual qualifiers in that age group & gender; a “C” relay must have at least twelve (12) individual qualifiers, etc. The other members of a team’s only relay entry in each age group/gender may be relay-only swimmers. Relays that are not a team’s only relay for an age group & gender must be comprised entirely of swimmers who are individually qualified for the meet. Relay-only swimmers must be included in your entry. To add a relay-only swimmer after the entry deadline, the swimmer must be entered in the meet 30-minutes prior to the start of the session in which they will swim.

**NOTE:** If a swimmer who is entered as an eligible swimmer is found to be ineligible for the meet, that swimmer may not be part of a relay as a relay only swimmer and does not count as a qualified swimmer for a relay.

**ENTRY FEES:**

- \$4.00 LSC Splash Fee per Swimmer
- \$6.00 per individual event
- \$16.00 per relay (Please note: Relay-only swimmers MUST also pay the \$4.00 LSC splash fee.)
- \$16.00 Facility Fee

If the local health department, USA Swimming or Wisconsin Swimming determine that in the interest of safety spectators will not be allowed at the meet, individual event entry fee will be \$10 per event and relay entry fee will be \$20/event.

**TIME STANDARDS:** Swimmers must meet 12 & Under State Championship qualifying times as set by Wisconsin Swimming, which are available at [www.wisconsinswimming.org](http://www.wisconsinswimming.org).

- **PROOF OF TIMES:** See 2.7.4 in the Wisconsin Policy manual for Rules and Procedures for proof of time requirements.

**FORMAT:**

- All events are pre-seeded, timed finals. No events will be check-in events. All swimmers must report to the blocks for the start of their heat. Fly-over starts will be used if determined necessary by the Meet Referee.
- 11-12 500 Free will be pre-seeded and will swim Fastest to Slowest – alternating girls’ heat with boys’ heat.
- 10-Under 500 Free will be pre-seeded and will swim Slowest to Fastest.
- 1000 Free will be pre-seeded and will swim Fastest to Slowest – alternating girls’ heat with boys’ heat.
- **DECK ENTRIES:** Deck entries for individual events will not be accepted. Relay only swimmers can deck enter no later than 30 minutes before the start of each session. The coach must give the information to the Meet Director and pay the appropriate fee(s). Deck USA Registrations will not be accepted.

**AWARDS:**

- **INDIVIDUAL AWARDS:** Medals: 1<sup>st</sup> – 8<sup>th</sup>, Ribbons: 9<sup>th</sup> – 16<sup>th</sup>
- **SWIMMERS WITH DISABILITIES** in designated Disability events: Medals 1<sup>st</sup> – 3<sup>rd</sup> in their Para Category.
- **RELAYS:** Medals: 1<sup>st</sup> – 3<sup>rd</sup>, Ribbons: 4<sup>th</sup> – 16<sup>th</sup>
- **STATE CHAMPION:** T-shirt will be awarded to the winner in each event. (Limit one per swimmer.) May be picked up at the glass office.
- **INDIVIDUAL HIGH POINT:** 1<sup>st</sup> – 3<sup>rd</sup> male and female per age group.

- WOMEN'S & MEN'S AGE GROUP TEAM AWARDS: 1<sup>st</sup> – 3<sup>rd</sup> per age group. Announced but not awarded at the meet. Teams must request award plaque to be sent to team.
- COMBINED TEAM AWARDS: 1<sup>st</sup> place team award for total point accumulation will be awarded for each of three Divisions. Teams placing 2<sup>nd</sup> or 3<sup>rd</sup> in any division may order an award paid for by Wisconsin LSC. Divisions are determined by the Wisconsin LSC.
- AWARDS PRESENTATIONS: 11-12 Awards presentation schedule will be posted online and in the heat sheets. There is a 10-Under award break after each 10 under boys' event.
- SCORING: INDIVIDUAL EVENTS 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
- RELAY EVENTS: Double Points
- No awards will be mailed. (Awards not picked up at the meet will be brought to the April LSC meeting.)

**COACHES:** Meet packets can be picked up at team registration. Coaches must show a valid USA Coach Registration when checking in. Coaches will receive a wristband to be worn while on deck and to gain admittance to meet hospitality. Deck Pass is acceptable proof of USA Swimming membership.

**PARKING:** Free parking is available on the west side of the building and in the parking lots behind Office Depot in the Marketplace of Brown Deer Shopping Center. Parking is available on the east side of the building for a \$5 charge per entry. Do not park in other areas of the shopping center, including behind the Pick-n-Save building.

**FINAL RESULTS:** Results will be posted on the Wisconsin Swimming website: [www.wisconsinswimming.org](http://www.wisconsinswimming.org)

# ORDER OF EVENTS

<b>GIRLS</b>	<b>Friday</b>	<b>BOYS</b>
1	11-12 200 Free Relay	2
3	11-12 200 Butterfly	4
5	11-12 100 Backstroke	6
7	11-12-200 Breaststroke	8
9	11-12 50 Freestyle	10
11\$	11-12 200 Individual Medley	12\$
13	11-12 500 Free*	14
<b>GIRLS</b>	<b>Saturday AM</b>	<b>BOYS</b>
15	10-Under 200 Medley Relay	16
17	10-Under 100 Backstroke	18
19\$	10-Under 50 Breaststroke	20\$
21	10-Under 100 Freestyle	22
23	10-Under 50 Butterfly	24
25	10-Under 200 Individual Medley	26
27	10-Under 500 Free	28
<b>GIRLS</b>	<b>Saturday PM</b>	<b>BOYS</b>
29	11-12 400 Medley Relay	30
31	11-12 200 Freestyle	32
33	11-12 50 Breaststroke	34
35	11-12 100 Butterfly	36
37\$	11-12 50 Backstroke	38\$
39	11-12 100 Individual Medley	40
41	11-12 1000 Freestyle**	42
<b>GIRLS</b>	<b>Sunday AM</b>	<b>BOYS</b>
43	10-Under 200 Free Relay	44
45	10-Under 100 Butterfly	46
47	10-Under 50 Freestyle	48
49	10-Under 100 Breaststroke	50
51\$	10-Under 100 Individual Medley	52\$
53	10-Under 50 Backstroke	54
55	10-Under 200 Freestyle	56
<b>GIRLS</b>	<b>Sunday PM</b>	<b>BOYS</b>
57	11-12 200 Medley Relay	58
59	11-12 100 Breaststroke	60
61	11-12 100 Freestyle	62
63	11-12 400 Individual Medley	64
65\$	11-12 50 Butterfly	66\$
67	11-12 200 Backstroke	68
69	11-12 400 Free Relay	70

\* 11-12 500 Freestyle will swim fastest to slowest, alternating girls than boys. Awards will be presented on Saturday.

\*\* 1000 Free – will swim fastest to slowest, alternating girls than boys. Awards will be presented on Sunday.

\$ Designated Disability Events. See SWIMMERS WITH DISABILITY for instructions on how to enter these events.