

# Stevens Point Area YMCA Fall Invitational A CLOSED Y MEET

- Dates: November 8 & 9, 2014
- Location: Stevens Point Area YMCA  
1000 Division Street  
Stevens Point, WI 54481
- Facility: 25 yard pool, non-turbulent lane dividers with 15 meter markers, 5'6" starting depth with 27" high starting platforms. The water temperature will be kept within a range of 77-82 degrees. IST timing system with Aquagrip touchpads at each end, IST projection scoreboard, and Team Unify TouchPad scoring software will be used. Back-up times will include a semi-automatic button and two stopwatches using two timers per lane.
- Rules: YMCA swim teams only. USA Swimming Technical Rules adopted by YMCA will prevail for the meet. Swimmers' ages calculated as of November 8, 2014.
- Entries: Swimmers are limited to participation in 3 individual events per day plus relays. Coaches are encouraged to email entry files with text summary. Once emailed entries are confirmed, no hard copy or disk will be necessary. **The meet reserves the right to limit the number of swims for the open 500 events based on entries.**
- Entry Fees: \$3.75 per individual event and \$12.00 per relay. Checks should be made payable to the Stevens Point Area YMCA. Entry fee checks and waivers may be brought to the meet.
- Awards: Individual Events: Medals 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup>-12<sup>th</sup>.  
Relay Events: Ribbons 1<sup>st</sup>-6<sup>th</sup>.
- Awards will be grouped by team and sent with the coaches at the conclusion of the meet. High Point Trophies will be offered to the top three male and female swimmers in each age group. A coin flip will take place in case of a tie. Open events will not count toward high point awards. Heat winner awards will also be given.
- Scoring: Points awarded to the top 16 finishers in each event as follows:  
Individual - 20-17-14-13-12-11-10-9-8-7-6-5-4-3-2-1  
Relays -40-34-28-26-24-22-20-18-16-14-12-10-8-6-4-2
- Admission: Heat sheets cost \$4.

**Entry Deadline:** Entries must be received no later than November 3, 2014. The meet will be limited to 400 swimmers on a first-come, first-served basis.

No deck registration will be allowed. Deck entries will be taken as long as they do not result in any additional heats. Deadline for deck entries is 30 minutes prior to the start of each session. The cost for deck entries is \$8 for individual events and \$25 for relays. The deadline is 30 minutes before the scheduled start of each session.

**Conduct:** All teams will be responsible for the conduct of their own swimmers. The Meet Directors have the authority to disqualify swimmers found misbehaving.

**Time Schedule:**

Saturday AM:	General Warm-up 8:30-9:30am. Meet Starts at 9:45am.
Saturday PM:	General Warm-ups will start after AM session and will last 1 hour.
Sunday AM:	General Warm-up 8:00-9:00am Meet Starts at 9:15am.
Sunday PM:	General Warm-ups will start after AM session and will last 1 hour.

**Warm-ups:** Warm-up times are scheduled to allow 20 minutes per team. The warm-up procedures and time frames may change based on the needs of teams participating. Any changes can be negotiated by the coaches at the meet. Lanes will be assigned based on final entry numbers.

**Dressing Rooms:** Dressing rooms have limited lockers. Swimmers are responsible for securing their own belongings. The Stevens Point YMCA is not responsible for lost items. There will be a lost and found located in the pool lobby area. In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.

**Rest Area:** Rest Area, Concessions & Divepoint Pro shop will be offered in the YMCA Gymnasium and surrounding areas.

**Seeding:** Staging will be provided for both 8 & Under and 9 – 10 Age Groups.

**Further Info:** Meet Information, maps and directions to the facility, as well as information about the Stevens Point YMCA and the SPDY swim team are available on the swim team's website: [www.spdyswimming.org](http://www.spdyswimming.org)

**Contact:** Eric Demrow  
Head Swim Team Coach  
(715) 342-2980 ext. 327  
[edemrow@spymca.org](mailto:edemrow@spymca.org)

# Order of Events – Saturday

<b>Girls</b>	<b>Age Group</b>	<b>Event</b>	<b>Boys</b>
<b>1</b>	<b>8 &amp; U</b>	<b>100 Medley Relay</b>	<b>2</b>
<b>3</b>	<b>9-10</b>	<b>200 Medley Relay</b>	<b>4</b>
<b>5</b>	<b>8 &amp; U</b>	<b>25 Back</b>	<b>6</b>
<b>7</b>	<b>9-10</b>	<b>50 Back</b>	<b>8</b>
<b>9</b>	<b>8 &amp; U</b>	<b>50 Free</b>	<b>10</b>
<b>11</b>	<b>9-10</b>	<b>100 Free</b>	<b>12</b>
<b>13</b>	<b>8 &amp; U</b>	<b>25 Fly</b>	<b>14</b>
<b>15</b>	<b>9-10</b>	<b>50 Fly</b>	<b>16</b>
<b>17</b>	<b>8 &amp; U</b>	<b>50 Breast</b>	<b>18</b>
<b>19</b>	<b>9-10</b>	<b>100 Breast</b>	<b>20</b>

**1 hour warm-up will start immediately after AM session.**

<b>21</b>	<b>11-12</b>	<b>200 Medley Relay</b>	<b>22</b>
<b>23</b>	<b>Open</b>	<b>200 Medley Relay</b>	<b>24</b>
<b>25</b>	<b>13-14</b>	<b>200 Medley Relay</b>	<b>26</b>
<b>27</b>	<b>11-12</b>	<b>50 Back</b>	<b>28</b>
<b>29</b>	<b>15-18</b>	<b>100 Back</b>	<b>30</b>
<b>31</b>	<b>13-14</b>	<b>100 Back</b>	<b>32</b>
<b>33</b>	<b>11-12</b>	<b>100 Free</b>	<b>34</b>
<b>35</b>	<b>15-18</b>	<b>100 Free</b>	<b>36</b>
<b>37</b>	<b>13-14</b>	<b>100 Free</b>	<b>38</b>
<b>39</b>	<b>11-12</b>	<b>50 Fly</b>	<b>40</b>
<b>41</b>	<b>15-18</b>	<b>100 Fly</b>	<b>42</b>
<b>43</b>	<b>13-14</b>	<b>100 Fly</b>	<b>44</b>
<b>45</b>	<b>11-12</b>	<b>100 Breast</b>	<b>46</b>
<b>47</b>	<b>15-18</b>	<b>200 Breast</b>	<b>48</b>
<b>49</b>	<b>13-14</b>	<b>200 Breast</b>	<b>50</b>

## Order of Events – Sunday

<b>Girls</b>	<b>Age Group</b>	<b>Event</b>	<b>Boys</b>
<b>51</b>	<b>8 &amp; U</b>	<b>100 Free Relay</b>	<b>52</b>
<b>53</b>	<b>9-10</b>	<b>200 Free Relay</b>	<b>54</b>
<b>55</b>	<b>8 &amp; U</b>	<b>50 Back</b>	<b>56</b>
<b>57</b>	<b>9-10</b>	<b>100 Back</b>	<b>58</b>
<b>59</b>	<b>8 &amp; U</b>	<b>25 Free</b>	<b>60</b>
<b>61</b>	<b>9-10</b>	<b>50 Free</b>	<b>62</b>
<b>63</b>	<b>8 &amp; U</b>	<b>100 IM</b>	<b>64</b>
<b>65</b>	<b>9-10</b>	<b>100 IM</b>	<b>66</b>
<b>67</b>	<b>8 &amp; U</b>	<b>25 Breast</b>	<b>68</b>
<b>69</b>	<b>9-10</b>	<b>50 Breast</b>	<b>70</b>

**1 hour warm-up will start immediately after AM session.**

<b>71</b>	<b>11-12</b>	<b>200 Free Relay</b>	<b>72</b>
<b>73</b>	<b>Open</b>	<b>200 Free Relay</b>	<b>74</b>
<b>75</b>	<b>13-14</b>	<b>200 Free Relay</b>	<b>76</b>
<b>77</b>	<b>11-12</b>	<b>100 Back</b>	<b>78</b>
<b>79</b>	<b>15-18</b>	<b>200 Back</b>	<b>80</b>
<b>81</b>	<b>13-14</b>	<b>200 Back</b>	<b>82</b>
<b>83</b>	<b>11-12</b>	<b>50 Free</b>	<b>84</b>
<b>85</b>	<b>15-18</b>	<b>50 Free</b>	<b>86</b>
<b>87</b>	<b>13-14</b>	<b>50 Free</b>	<b>88</b>
<b>89</b>	<b>11-12</b>	<b>100 IM</b>	<b>90</b>
<b>91</b>	<b>15-18</b>	<b>200 IM</b>	<b>92</b>
<b>93</b>	<b>13-14</b>	<b>200 IM</b>	<b>94</b>
<b>95</b>	<b>11-12</b>	<b>50 Breast</b>	<b>96</b>
<b>97</b>	<b>15-18</b>	<b>100 Breast</b>	<b>98</b>
<b>99</b>	<b>13-14</b>	<b>100 Breast</b>	<b>100</b>
<b>101</b>	<b>Open</b>	<b>500 Free</b>	<b>102</b>

# Stevens Point Fall Invitational

## WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims, against the Stevens Point YMCA and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet.

Team Name: \_\_\_\_\_ Initials \_\_\_\_\_

### Signature of Coach

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Entry Fees: \_\_\_\_\_ Individual Events x \$3.50=\$ \_\_\_\_\_

\_\_\_\_\_ Relay Events x \$12.00 = \$ \_\_\_\_\_

Total Entry Fees=\$ \_\_\_\_\_

Mail Entries: Mail or hand deliver completed entry forms, waivers & fees to:

Stevens Point Area YMCA

Attn: Eric Demrow

1000 Division Street

Stevens Point, WI 54481

Zipped copies of entries may be emailed to: [edemrow@spymca.org](mailto:edemrow@spymca.org)