

Stevens Point Area YMCA

Under-Dog Invite

- Date: January 24, 2015
- Location: Stevens Point Area YMCA
1000 Division Street
Stevens Point, WI 54481
- Facility: 25 yard pool, non-turbulent lane dividers with 15 meter markers, 5'6" starting depth with 27" high starting platforms. The water temperature will be kept within a range of 77-82 degrees. IST timing system with Aquagrip touchpads at both ends, IST projection scoreboard, and Hy-TEK scoring software will be used. Back-up times will include a semi-automatic button and two stop-watches using two timers per lane.
- Eligibility: **YMCA, USA, or others are welcome to participate. This is NOT a closed YMCA meet. Times are not acceptable for SWIMS database.**
- Rules: USA Swimming rules prevail for the meet. Swimmers age as of January 24, 2015.
- Entries: Swimmers are limited to participation in 3 individual events and one relay. Coaches are encouraged to email HyTek entry files with text summary for the individual and freestyle relay events. **The 120 year old relay team may be submitted the morning of the meet.** Each team participating will be allowed one entry into the 120 year old relay. Once emailed entries are confirmed, no hard copy or disk will be necessary. Entries will be verified shortly after the deadline. **Entries must be received no later than January 19, 2015.** Meet entries will be limited to the first 450 swimmers entered. First Come, First Serve!
- No deck registration will be allowed. Deck entries will be taken as long as they do not result in any additional heats. Deadline for deck entries is 30 minutes prior to the start of each session. The cost for deck entries is \$5 per individual event. The deadline for changes is 30 minutes before the scheduled start of each session.
- During the A.M. Session, swimmers with a minimum qualifying time of 7:45.00 will be allowed to swim a 500 Freestyle. During the P.M. Session, swimmers with a minimum qualifying time of 14:00.00 will be allowed to swim a 1,000 Freestyle.
- Entry Fees: \$15 per swimmer. Checks should be made payable and sent to: Stevens Point Area YMCA. All fees must accompany entries.

Time Schedule: 7:00-8:00 am Assigned Warm-up Times
 7:30 am Timer Meeting
 8:15 am Meet Starts

Timing: Based on previous participation at this meet, the host team reserves the right to combine individual events and eliminate relay events as necessary to maintain a reasonable time line. If events are combined, results will be reported as the events are listed on the original invitation.

Awards: Individual: Medals 1st-3rd; Ribbons 4th-12th **The Winning 120 year old relay team will receive the traveling trophy.** Heat winner awards will also be given. Coaches please pick up any of your team's unclaimed awards upon completion of the meet.

Admission: Heat sheets cost \$4.00

Warm-ups: Time slots will be assigned January 22, 2015 to teams that submit entries. Coaches will be contacted.

Results: Upon completion of the meet, results and a backup will be emailed to each team.

Conduct: All teams will be responsible for the conduct of their own swimmers. The Meet Director has authority to disqualify swimmers found misbehaving.

Rest Area: The gym will be available to all teams during the meet. Concessions and Divepoint Pro Shop will also be offered.

Dressing Rooms: Dressing rooms have limited lockers. Swimmers are responsible for securing their own belongings. The Stevens Point YMCA is not responsible for lost items. There will be a lost and found located in the pool lobby area. In accordance with the Federal Video Voyeurism Prevention Act of 2004, the use of camera phones or video recording devices in the locker rooms is prohibited.

Staging: Staging will be provided for all 7 & Under and 8-9 Events.

Further Info: Meet Information, maps and directions to the facility, as well as further information about the Stevens Point YMCA and the SPDY swim team are available on the swim team's website: www.spdyswimming.org

Contact: Eric Demrow
 Head Swim Team Coach
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-Order of Events-

| Girls | Age Group | Event | Boys |
|----------------------------|------------|---------------------|------|
| Saturday AM Session | | | |
| 1 | 9 & Under | 200 Freestyle | |
| | 11 & Under | 200 Freestyle | 2 |
| 3 | 7 & Under | 100 Freestyle Relay | 4 |
| 5 | 8 & 9 | 200 Freestyle Relay | 6 |
| | 10 & 11 | 200 Freestyle Relay | 7 |
| 8 | 7 & Under | 25 Freestyle | 9 |
| 10 | 8 & 9 | 50 Freestyle | 11 |
| | 10 & 11 | 50 Freestyle | 12 |
| 13 | 7 & Under | 100 I.M. | 14 |
| 15 | 8 & 9 | 100 I.M. | 16 |
| | 10 & 11 | 100 I.M. | 17 |
| 18 | 9 & Under | 200 I. M. | |
| | 11 & Under | 200 I. M. | 19 |
| 20 | 7 & Under | 25 Butterfly | 21 |
| 22 | 8 & 9 | 50 Butterfly | 23 |
| | 10 & 11 | 50 Butterfly | 24 |
| 25 | 9 & Under | 100 Butterfly | |
| | 11 & Under | 100 Butterfly | 26 |
| 27 | 7 & Under | 25 Backstroke | 28 |
| 29 | 8 & 9 | 50 Backstroke | 30 |
| | 10 & 11 | 50 Backstroke | 31 |
| 32 | 9 & Under | 100 Backstroke | |
| | 11 & Under | 100 Backstroke | 33 |
| 34 | 7 & Under | 25 Breaststroke | 35 |
| 36 | 8 & 9 | 50 Breaststroke | 37 |
| | 10 & 11 | 50 Breaststroke | 38 |
| 39 | 9 & Under | 100 Breaststroke | |
| | 11 & Under | 100 Breaststroke | 40 |
| 41 | 7 & Under | 50 Freestyle | 42 |
| 53 | 8 & 9 | 100 Freestyle | 44 |
| | 10 & 11 | 100 Freestyle | 45 |
| 46 | 9 & Under | 500 Freestyle ++ | |
| | 11 & Under | 500 Freestyle ++ | 47 |

Minimum qualifying time standard for 500 Freestyle is 7:45.00 for girls and boys.

Saturday PM Session

| Mixed 10 Person 120 Year Old 500 Yard Relay* | | | |
|--|-----------|---------------------|----|
| 48 | | | |
| 49 | 10 & Over | 200 Freestyle Relay | |
| | 12 & Over | 200 Freestyle Relay | 50 |
| 51 | 10 & 11 | 50 Freestyle | |
| 52 | 12 & 13 | 50 Freestyle | 53 |
| 54 | 14 & Over | 50 Freestyle | 55 |
| 56 | 10 & 11 | 100 I. M. | |
| 57 | 12 & 13 | 200 I. M. | 58 |
| 59 | 14 & Over | 200 I. M. | 60 |
| 61 | 10 & Over | 400 I. M. | |
| | 12 & Over | 400 I. M. | 62 |
| 63 | 10 & 11 | 50 Butterfly | |
| 64 | 12 & 13 | 100 Butterfly | 65 |
| 66 | 14 & Over | 100 Butterfly | 67 |
| 68 | 10 & Over | 200 Butterfly | |
| | 12 & Over | 200 Butterfly | 69 |
| 70 | 10 & 11 | 50 Backstroke | |
| 71 | 12 & 13 | 100 Backstroke | 72 |
| 73 | 14 & Over | 100 Backstroke | 74 |
| 75 | 10 & Over | 200 Backstroke | |
| | 12 & Over | 200 Backstroke | 76 |
| 77 | 10 & 11 | 50 Breaststroke | |
| 78 | 12 & 13 | 100 Breaststroke | 79 |
| 80 | 14 & Over | 100 Breaststroke | 81 |
| 82 | 10 & Over | 200 Breaststroke | |
| | 12 & Over | 200 Breaststroke | 83 |
| 84 | 10 & 11 | 100 Freestyle | |
| 85 | 12 & 13 | 100 Freestyle | 86 |
| 87 | 14 & Over | 100 Freestyle | 88 |
| 89 | 10 & Over | 200 Freestyle | |
| | 12 & Over | 200 Freestyle | 90 |
| 91 | 10 & Over | 1000 Freestyle ++ | |
| | 12 & Over | 1000 Freestyle ++ | 92 |

++Minimum qualifying time standard for 1,000 Freestyle is 14:00.00 for girls and boys.

*Order for the relay will be as follows:

| | | | | |
|-----------|-----------|-----------|-----------|-----------|
| Swimmer 1 | Swimmer 2 | Swimmer 3 | Swimmer 4 | Swimmer 5 |
| 50 Back | 50 Free | 50 Free | 50 Breast | 50 Free |

| | | | | |
|-----------|-----------|-----------|-----------|------------|
| Swimmer 6 | Swimmer 7 | Swimmer 8 | Swimmer 9 | Swimmer 10 |
| 50 Free | 50 Fly | 50 Free | 50 Free | 50 Free |