SPDY Fall Invite Warm-up Times

**AM Session (10 and Under):**

8:10-8:30 AM: SPDY (1-4) MYST (5), SWC (6).

8:30-8:50 AM: YCV (1-3), LAXY (4-6).

**Meet start: 9:00AM**

**PM Session: (11 and Over)**

11:00-11:20 AM: SPDY (1-6)

11:20-11:45 AM: LAXY (1-4), MYST (5-6)

11:45-12:10 PM: YCV (1-4), SWC (5-6)

**Meet Start: 12:20 PM**