



## **LOCKER ROOM POLICY (Rev. 10/2021)**

### **PURPOSE**

The following guidelines are designed to maintain personal privacy, safety, comfort and convenience as well as to reduce the risk of misconduct in locker rooms and changing areas.

### **FACILITIES**

Shorewood Swim Club (SHOR) practices primarily at the Shorewood High School and VHE pools. At these facilities, the locker rooms and changing areas are shared with the general public. As such, there is a possibility that people who are not associated with SHOR could be in the changing area around the time of practice.

SHOR athletes must be diligent in monitoring the area to protect all SHOR teammates from any inappropriate conduct. We respectfully request all SHOR parents review this policy with your athletes. Safety First!

### **GENERAL POLICY CONSIDERATIONS**

- Coaches will make every effort to recognize when an athlete goes to the locker room or changing area during practice and, if they do not return in a timely fashion, we will check on the athlete's whereabouts. A swimmer leaving the water for the locker room or changing area should ask the coach first. Such engagement allows for better awareness.
- Parents are responsible for their swimmers as soon as practice ends.
- Swimmers are responsible for locking their belongings in a locker, or bringing them out on the pool deck at each practice. This includes backpacks, jackets, shoes, etc. Swimmers should leave nothing on the floors or benches in the locker rooms during practice.
- Swimmers should arrive no sooner than 10 minutes before the start of their scheduled practice and should be out of the locker room no later than 10 minutes after their practice ends. Please limit showers to no more than 5 minutes. The coaches are not responsible for the swimmers during such times before and after practice.
- All belongings should be kept in a locker or on the floor while showering and changing. Bench space is a valuable commodity, so try not to use more than your needed share.
- Swimmers are responsible for cleaning up and drying their space in the locker room. It is not safe to bring suds into the drying and changing areas. Dry off in the designated drying areas. Try to keep the floor of the changing rooms dry.

- Be respectful to all teammates and pool patrons in the locker rooms including, but not limited to, keeping voices in a conversational tone. Appropriate language and content should be used at all times, especially with younger and other community swimmers in the locker rooms.
- No food is permitted in the locker rooms.
- Parents should not enter the locker rooms unless it is truly necessary. If an athlete needs assistance with his or her uniform or gear (for example, a child under the age of eight), or an athlete's disability warrants assistance, then we ask that parents let the coach know beforehand that he or she will be helping the athlete. In those instances, it should only be a same-sex parent. An opposite-sex parent needs to ask another parent to check on his/her child.

## **USE OF CELL PHONES AND OTHER MOBILE RECORDING DEVICES**

SHOR prohibits the use of cell phones and other mobile devices with recording capability in locker rooms. Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibit the use of such devices in the locker room or other changing area:

***305.3 Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.***

This absolutely applies to cell phones even if the person is not using the photo, video or other recording device. Please understand that the actual use of a photo, video or other recording device could violate state law as well as SHOR policies and lead to serious consequences. **Please ensure that all swimmers are aware NOT to use any function on any mobile or recording device whatsoever while in a locker room and should remain in a bag or clothing pocket at all times while using the locker rooms.**

## **INAPPROPRIATE BEHAVIOR**

Any misconduct, inappropriate behavior, questionable behavior should be reported to the head coach immediately. If necessary, the applicable, age-appropriate code of conduct procedures will be applied to any violation of the locker room policy.