

Dear Parents and Swimmers,

After thorough and thoughtful consideration, we are on the eve of resuming modified programming on June 1st, 2020 to a restricted number of swimmers. In accordance, with current local/state requirements and USA Swimming guidelines, and with the help of our numerous healthcare agencies, the coaching staff has established an initial schedule and list of safety expectations for our return to the pool. We are taking a conservative and cautious approach to resuming swimming and 'group' activities.

We also understand that not all families currently feel comfortable returning to swim or dryland practices. While your participation is welcome, we understand and support any decision to postpone your swimmer's return to the team. Each family should do what they feel is in their best interest.

We envision re-introducing swimmers back to the pool and group activities to be a multi-phase process. We will not put a timeline on when we proceed to Phase 2 as this is contingent upon many evolving factors. Instead, we will evaluate the safety and effectiveness of Phase 1 accordingly and use this information to develop Phase 2.

As mentioned, our initial plans will restrict our numbers to two swimmers per lane starting at opposite ends of the pool. If there are swimmers who are siblings and close in age and ability level, we will allow 3 in a lane, but no more. This strategy will only allow approximately 50 swimmers to begin swimming on June 1st. In addition to swimming, we are also going to offer 'group dryland' opportunities. These are restricted to no more than 15 swimmers in a group. Social distancing will be expected and enforced at all activities. The Village of Waunakee requires us to provide a list of procedures and reserve space for operation of any group activity. These dryland opportunities will be open to any age and level of swimmers on our team, regardless if you have begun to swim or not. We cannot emphasize enough that all guidelines and procedures must be followed, both on land and in the water, as there will be eyes on us. We want to progress as safely and quickly as possible to continue to increase opportunities for all our team members. So please be respectful of all the procedures and guidelines.

Our plan to begin swim team operations depends on everyone's (athletes, parents, and staff) cooperation and adherence to safety protocols. We expect everyone to social distance both at and away from any team activities. Should we feel anyone is consistently not adhering to social distancing guidelines, they or their family's participation in Wave activities may be suspended. The coaching staff also reserves the right to discontinue practices at any time should they feel safety expectations are not being met.

Our goal was to keep swimmers, to the best of our ability, within the same training group prior to the suspension of practices in March. We feel it is important for the athletes to have familiarity with their group and surroundings. Also, knowing that we have over 80 swimmers wanting to begin and only approximately 50 spots, we made some decisions that we felt were the best way to bring the size down to that number. We used three criteria to structure summer group and give priority for opportunities. First, we included anyone who was officially registered with the Wave prior to May 22nd, 2020. Second, we selected those swimmers in the older, more experienced groups to begin Phase I because we feel these swimmers will be able to better socially distance and follow all the procedures. Third, based on our collective coaching experience, we know the Age Group (younger) athlete(s) can return to peak training and condition faster than the older, more senior swimmers.

We want to encourage all swimmers even if they are not on the “Phase 1 swimming list” to begin their ‘return to the pool’ by joining in our group dryland opportunities listed below. The goal is to begin open water training in smaller groups prior to the start of Phase 2. This step needs a bit more time to organize since we have just learned the participation limits in this environment are more restrictive than we thought when drawing up our initial plans.

The team is going to operate a bit differently than in the past as all offerings, at least through the first and second phases, will operate ‘a la carte’. Meaning, a family/swimmer may “opt in” to all of the choices, one of the choices or two of the three choices (once we get open water training up and running). Once we get your confirmation to swim (which I have already done through email) and a sign-up via ‘sign-up genius’ for dryland and open water, the club will bill your account the amount assigned per group and training opportunity through Team Unify.

The goal is to bill and operate in two-week increments to start for the following reasons:

1. It helps us control and manage group sizes (which we are required to do)
2. It allows us to move much quicker into a new phase such as 3 or 4 in every lane (which opens more swimming spots) if the swimmers/parents are following guidelines and Dane County continues its re-opening plans.
3. We are currently negotiating and trying to get into two additional area pools, which would also help us to open more spots and increase our training loads.
4. NOTE: I have just taken away the ability for autopay for June & July. I am not sure I changed prior to the “preview invoice” being automatically emailed, but no one should be billed at the published registration amounts in June and July
5. NOTE if you **swam with us this Winter 2019-2020** and wish to begin whenever we can get you in the water Please go in and register now so you are on the list.

We understand that some of you genuinely want to begin on June 1st. Unfortunately, we had to make some decisions and adhere to specific policies for anyone to start. The good news is we are starting, we do have a plan, and our hope is to get more and more swimmers in a pool and working out on land. If you have not previously (or are not sure if you did) officially register for the Waunakee Wave team, please do so immediately. The first group of additional swimmers will only come from this group. Registering will not cost you anything and you will not be billed for anything unless you sign-up for dryland or open water or have confirmed with Coach Lake you will accept the group assignment for swimming.

The swim training groups have been designated as: Group ‘A’ (primarily Sr. Gold/ Silver); Group ‘B’ & Group ‘C’ (primarily Sr. Silver/Sr. Bronze and Ag Gold) and Group ‘D’ primarily Age Group Silver swimmers.

a. I do have a waiting list of swimmers that may be able to fill in for your spot if for some reason you cannot make it to practice that day, BUT Coach Lake would have to know in advance in order to contact those swimmers. The goal is to NEVER LEAVE A SPOT OPEN that someone could have used. The team will not refund or swap payments for a family, but each family can do that between each other if they wish. **NO ONE who is not on the original list can come to practice unless Coach Lake approves it in advance.**

b. **Prices are listed below the schedule.** Any questions, please let Coach Lake know.

c. **Dryland Location** – since we had to request usage and provide details on how we will comply to the Village of Waunakee, I am still awaiting word on at which park we will train in. Please check your email regularly as I will let you know as soon as possible. [SignUpGenius Link here](#)

d. **Please reach out to Coach Lake with any initial questions or concerns.**

The First '2 Weeks' Swim Schedule final schedule							
	Monday 6/1/2020	Tuesday 6/2/2020	Wednesday 6/3/2020	Thursday 6/4/2020	Friday 6/5/2020	Saturday 6/6/2020	Sunday 6/7/2020
Group 'A' - Swim @ Cherokee	5:30- 6:30am	5:30- 6:30am	OFF	7:30- 8:30am	5:30- 6:30am	5:30- 6:30am	OFF
Group 'B' - Swim @ Cherokee	6:30- 7:30am	6:30- 7:30am	OFF	OFF	6:30- 7:30am	6:30- 7:30am	OFF
Group 'C' Swim @ Cherokee	7:30- 8:30am	OFF	OFF	8:30- 9:30am	7:30- 8:30am	OFF	OFF
Group 'D' Swim @ Cherokee	8:30- 9:30am	OFF	OFF	OFF	8:30- 9:30am	OFF	OFF
	Monday 6/8/2020	Tuesday 6/9/2020	Wednesday 6/10/2020	Thursday 6/11/2020	Friday 6/12/2020	Saturday 6/13/2020	Sunday 6/14/2020
Group 'A' - Swim @ Cherokee	7:30- 8:30am	5:30- 6:30am	5:30- 6:30am	OFF	7:30- 8:30am	*OFF	5:30- 6:30am
Group 'B' - Swim @ Cherokee	OFF	6:30- 7:30am	6:30- 7:30am	OFF	OFF	6:30- 7:30am	6:30- 7:30am
Group 'C' Swim @ Cherokee	8:30- 9:30am	7:30- 8:30am	OFF	OFF	8:30- 9:30am	7:30- 8:30am	OFF
Group 'D' Swim @ Cherokee	OFF	8:30- 9:30am	OFF	OFF	OFF	8:30- 9:30am	OFF
<i>Costs per person for these 2 weeks this will be --></i>			Group 'A'	Group 'B'	Group 'C'	Group 'D'	
			\$90	\$75	\$70	\$50	
<i>billed through your team unify account. You must have a current registration (spring/summer) and a CC or ACH set-up on file. Any questions please email our Finance Chair, Erik Busse @ erik.busse@waunakeewave.org</i>							

Dryland schedule for the first two weeks is below and you can sign-up at?

The First '2 Weeks' DRY-LAND SCHEDULE @ TBA

Each session is limited to the first 15 people who sign-up, per Waunakee & Dane Co.

	Monday 6/1/2020	Tuesday 6/2/2020	Wednesday 6/3/2020	Thursday 6/4/2020	Friday 6/5/2020	Saturday 6/6/2020	Sunday 6/7/2020
Ages:	6/1/2020	6/2/2020	6/3/2020	6/4/2020	6/5/2020	6/6/2020	6/7/2020
10 & Unders	OFF	4:45-5:30p	OFF	4:45-5:30p	OFF	10:30-11:15a	OFF
10-13yr Olds	OFF	5:45-6:30p	OFF	5:45-6:30p	OFF	9:30-10:15a	OFF
11 & Overs	OFF	6:45-7:30p	OFF	6:45-7:30p	OFF	11:30-12:15p	OFF
	Monday 6/8/2020	Tuesday 6/9/2020	Wednesday 6/10/2020	Thursday 6/11/2020	Friday 6/12/2020	Saturday 6/13/2020	Sunday 6/14/2020
Ages:	6/8/2020	6/9/2020	6/10/2020	6/11/2020	6/12/2020	6/13/2020	6/14/2020
10 & Unders	4:45-5:30p	OFF	4:45-5:30p	OFF	OFF	10:30-11:15a	OFF
10-13yr Olds	5:45-6:30p	OFF	5:45-6:30p	OFF	OFF	9:30-10:15a	OFF
11 & Overs	6:45-7:30p	OFF	6:45-7:30p	OFF	OFF	11:30-12:15p	OFF
COST = \$30.00							
*Sign-up are fist come, first serve through sign-up genius (LINK HERE) . If one time is filled and your age group is not listed, please contact us and we will try to fit or re-arrange people to get everyone somewhere.							

OPEN WATER OPPORTUNTIES, COSTS, LOCATIONS ETC... WILL BE PUBLISHED AS SOON AS POSSIBLE

The DRYLAND BELOW IS **ONLY FOR SENIOR GOLD/SILVER** SWIMMERS, ALL SWIMMERS REGARDLESS IF THEY ARE SWIMMING IN 'PHASE 1' OR NOT ARE ENCOURAGED TO TAKE PART IN THIS DRYLAND.

First '2 Weeks' OFF SITE with Trainer/Coach Dave @ Train 608							
(ONLY FOR Sr. Gold & Sr. Silver)							
	Monday 6/1 & 6/8	Tuesday 6/2 & 6/7	Wednesday 6/3 & 6/10	Thursday 6/4 & 6/11	Friday 6/5 & 6/12	Saturday 6/6 & 6/13	Sunday 6/7 & 6/14
Senior Gold & Senior Silver	OFF	4:00-5:00p	OFF	4:00-5:00pm	OFF	8:00-9:00a	OFF

Coach Lake will get a list of swimmers who are participating and we will bill for each month as usual

Please do not forget about our small-batch fundraisers in support of our non-profit group:

1. **My HuTerra** - this is a new fundraising app THAT HAS BEEN SET-UP AND READY TO GO.
2. **AmazonSmile** - when you order through Amazon please link your account to Waunakee Wave with smile.amazon.com.
3. Remember all the above can be shared with friends and family.

PS – On a side note the Simply Swimming T-shirts were a HUGE SUCCESS. Waunakee Wave sold more items than every other team that took part = WAY TO GO WAVE!

Waunakee Wave appreciates all your patronage and support during this time, in past seasons and moving forward. We have exceptional swimmers, parents and coaches that make up our WAVE family. Please feel free to reach out to us with any ideas, thoughts, questions or concerns.

Looking forward to getting back in the water as soon as possible.

Sincerely,

The Waunakee Wave

#WAVE STRONG #THE COMEBACK