

**2016 WISCONSIN MASTERS LCM STATE CHAMPIONSHIP
LONG COURSE METERS
SATURDAY, JUNE 18th, 2016**

SPONSORED BY: The Walter Schroeder Aquatic Center Masters and the Wisconsin Masters Aquatic Club, Inc.

SANCTIONED BY: Wisconsin LMSC for USMS, Inc. Sanction No. 206-S007

LOCATION: Walter Schroeder Aquatic Center (Website: <http://wsacltd.org/>)
9240 N Green Bay Road, Brown Deer, WI 53209-1104

GPS: Wisconsin: Brown Deer: Intersection W Schroder Dr and N Green Bay Rd

PARKING AT THE POOL: Park & enter the building on the east side of the Aquatic Center.

TIME: Warm-up 11:00 AM, Meet starts at 12:00 noon.

ENTRY OPTIONS: Enter On-Line via Club Assistant (see www.swim-wimasters.org for link) OR via US Mail with the Wis. Masters Swimming Universal Entry Form, one athlete per form. On-Line entry preferred.

NO E-MAIL OR DECK LATE ENTRIES FOR INDIVIDUAL EVENTS WILL BE ACCEPTED.

https://www.clubassistant.com/club/meet_information.cfm?c=1176&smid=7395 (On-Line entry)

FACILITIES: Measured 8-lane 50-meter pool with bulkheads, anti-turbulent lane guides, starting blocks and backstroke flags. Water depth: 2 meters at the start end, 5 meters at the turn end. Events of 50 meters will start at the 5-meter end. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement. Please note that the bulkhead measurement has always met pool bulkhead confirmation placement measurement requirements in the past and is expected to again meet pool bulkhead placement confirmation measurement requirements at the meet.

TIMING: Electronic timing backed up by two buttons and one watch.

ELIGIBILITY: Open to all USMS-Registered Masters Swimmers 18 years old or older. Mail entries must include a copy of the swimmer's USMS registration card. Register with USMS before registering for this meet.

RULES: Official U.S. Masters Swimming Rules will govern this meet. All events will be timed finals.

TECHNICAL SUITS that are on the current FINA approved list may be worn at this meet.

OFFICIALS: (3) Susan Wagner and two other officials to be named

SEEDING: Heats will be seeded slowest to fastest, age groups and sexes combined. Please submit a reasonably accurate seed time. "NT" will not be allowed for an event. Please estimate a seed time for all events. Heat sheets will be provided at the meet and posted in advance on the website after the entries close.

WARM-UP PROCEDURE: All Lanes will be open for the warm-up period (11:00 am-11:50 am). Lanes 2 & 7 are start/sprint lanes, swim in one direction only and exit to the side or end. Lanes 1, 3-6 & 8 are circle swim only. NO DIVE OR BACKSTROKE STARTS from the blocks or deck in circle swim lanes. Entry into the pool must be feet first in a cautious manner. Swimming aids, e.g., paddles, etc., may not be used at any time. After the meet begins, Lane 8 will be the continuously available warmdown lane, circle swim only, no dives or backstroke starts allowed. One warmup lane will be reserved for age 65+ swimmers.

ENTRY FEE: \$5.00/individual event plus a \$22.00 pool user surcharge. Fees must accompany US. Mail entries, CHECKS PAYABLE TO WSAC. Relay-only swimmers must register for the meet, pay the facility fee and sign the waiver. Relay-only swimmers may enter on-line.

ENTRY LIMIT: Five (5) individual events, plus relays. THE 1500 and 400 FREESTYLE EVENTS and THE 400 IM EVENT WILL BE LIMITED TO THE FIRST ENTRIES RECEIVED up to a max of 14 entries for the 1500 Free, 21 entries for the 400 IM and 35 entries for the 400 Free. Each swimmer entered in the 1500 will be responsible for providing a person to count his/her laps. The 800 freestyle split from the 1500 freestyle will be recorded from the electronic timing, if available. A swimmer may also put two additional watches of their own on the lane to insure that the 800 split is available if the electronic timing fails.
WAITLIST for 1500: If the 1500 is filled, you may e-mail the Meet Director and request to be placed on a waitlist. You must enter an alternate event that you will drop if you get to swim the 1500 on the day of the meet. The 1500 and 400 Freestyles and the 400 IM are check-in events.

RELAYS: Submit relays at the meet. Relay teams may be all men, all women or mixed (2 men & 2 women), Relay events are combined to one heat and not swum separately as mixed, men or women events. Swimmers may enter only one relay in each relay distance. Relay-only swimmers must register for the meet.

ENTRY DEADLINE: Mail entries must be received by Saturday, June 11, 2016. On-line entries will be cut-off on Saturday, June 11th, 2016 at 11:00PM central time.

SEND ENTRIES TO: **Jeanne Seidler – Meet Director**
N128W16779 Holy Hill Rd, Germantown, WI 53022-1533
(262) 894-0613 ... email wichair@usms.org

MEET CO-DIRECTOR: James Biles, email wivicechair@usms.org

LIABILITY RELEASE: The LIABILITY RELEASE on the mail entry must be signed as-is without alterations.

AWARDS: INDIVIDUAL EVENTS: Medals 1st-8th place. RELAYS: Ribbons 1st-3rd place.

SCHEDULE OF EVENTS

Saturday, June 18th, 2016	Five (5) events maximum
1. 400m Freestyle (35 entries max.)	11. 200m Fly
2. 200m Individual Medley	12. 50m Backstroke
3. 400m Freestyle Relay	13. 200 Breaststroke
4. 50m Fly	14. 100 Freestyle
5. 200m Freestyle	15. 200m Medley Relay
6. 100m Backstroke	16. 200m Backstroke
7. 50m Breaststroke	17. 100m Breaststroke
8. 400m Medley Relay	18. 50m Freestyle
9. 400m Individual Medley (21 entries max.)	19. 100m Fly
10. 200m Freestyle Relay	20. 1500m Freestyle (14 entries max.)

CONCESSIONS: The Elsmore Swim Shop (<http://www.elsmoreswim.com/>) will be open. Please call the shop (414-355-5555) a week in advance if you have a specific item and sizes that you want to purchase from the store. The store mostly stocks Speedo and small sizes for age group swimmers. But, if you know what you want, the brand and what size you need, please call the store by June 10th and they will have the item in stock for you. You are not committing to purchase the item by calling to have it stocked.

Website (<http://www.elsmoreswim.com/>) There will not be any USMS-identified merchandise available for purchase through the swim shop. Soft drink vending machines with Coca-Cola products will be available, but **no food service will be available** at the meet. Bring your own lunch and snacks.

HOTELS: See WSAC website for hotels. The Holiday Inn Express/Candlewood Suites is closest to the WSAC.

SUNDAY SOCIAL: Libby Montana's, 1 mile north on Hy 57 (N Green Bay Rd), left on Donges Bay Rd.

Website (<http://www.libby-montana.com/>)

MEET RESULTS: Check the Wisconsin Masters Web site, www.swim-wimasters.org , and the USMS Event Rankings and Individual Results website about 24-48 hours after conclusion of the meet.

Parking at the facility:

