

## **Fox Cities YMCA Swim Team (FCYST) Trial Program Info Sheet**

### **What is the FCYST Trial Program:**

Our FCYST Trail Program is free of charge and offers potential new swimmers the opportunity to come in and experience a few practices with our Swim Team before signing up for a full season. This allows coaches the chance to evaluate swimmers and place them in the correct practice group. It also offers swimmers and parents a chance to see how Swim Team works without making any financial or time commitment.

### **Requirements:**

Swimmers must be 6 years old and be able to swim 25 yards on their front and on their back without touching the bottom of the pool or stopping.

### **When/Where:**

Practices are April 18-21 from 6:00-6:45p on Monday and Wednesday at NMY and Tuesday and Thursday at APY.

### **How to Register:**

Contact Head Coach John Thiel via email with the dates you anticipate attending, your name, your swimmer's name and age. Please note any prior swim experience, and include any additional E-Mail addresses you would like information to be sent to.

### **What to Bring:**

Swimsuit, goggles, towel, and a big smile!

## **Team Details/FAQ**

### **Team Cost for Spring/Summer Season:**

Ranges \$275-\$380 for the whole season depending on the practice group.

### **Season Dates:**

April 18-July 31

### **Practice Schedule:**

Varies by group and by pool space needs. Typically offered 4-6 practices a week in the evenings at a variety of locations. We encourage full participation but do not require kids to be at every practice.

### **Swim Meets:**

We offer a range of meets but do not require participation. There is an additional fee for swimmers when they attend meets. Often on weekends but some are on week nights.

## **Contact Information**

**Head Coach:** John Thiel

**E-Mail:** [johnthiel@ymcafoxcities.org](mailto:johnthiel@ymcafoxcities.org)

**Phone:** (920) 954-7616

**Office Hours:** Currently limited, thank you for your patience and understanding.