



September 13 – November 24

Check out the Team General Calendar page for information that affects our practices, for meet dates, Elmore Store Night, and other upcoming events.

Beginner Practice Group Practice Times and Locations

Monday	Tuesday	Wednesday	Thursday	Friday
NO PRACTICE	6:00 – 7:00 @ the YMCA	NO PRACTICE	6:00 – 6:30 @ the YMCA	6:00 – 6:45 @ the Aquatic Center

**No practice on September 24th*

Bronze Practice Group Practice Times and Locations

Monday	Tuesday	Wednesday	Thursday	Friday
6:00 – 6:45 or 6:45 – 7:30 @ the YMCA	NO PRACTICE	6:00 – 6:45 or 6:45 – 7:30 @ the YMCA	6:30 – 7:00 @ the YMCA	6:00 – 6:45 @ the Aquatic Center

**No practice on September 24th*

Silver Practice Group All Practice Times at the Aquatic Center

Monday	Tuesday	Wednesday	Thursday	Friday
Swim 6:45 – 8:00	Swim 6:45 – 8:00	Dryland 5:45 – 6:45 Swim 6:45 – 8:00	Swim 6:45 – 8:00	Swim 6:45 – 8:00

**No practice on September 21 and September 24th*

Gold Practice Group All Practice Times at the Aquatic Center

Monday	Tuesday	Wednesday	Thursday	Friday
Swim 6:00 - 8:00	Dryland 5:00 – 6:00 Swim 6:00 – 8:00	Swim 6:00 – 8:00	Dryland 5:00 – 6:00 Swim 6:00 – 8:00	Swim 6:00 – 8:00

**No practice on September 21 and September 24th*

Important Dates for this Session:

September	October	November
11 th "Try"-athlon	16 th Home Meet (1 work session)	22 nd Winter Registration Begins
13 th First Day of Practice		
17 th Elmore Store Night		
17 th New Family Registration		
20 th Annual Parent Meeting		
21st NO PRACTICE Silver and Gold		
24th NO PRACTICE ALL GROUPS		