**Please Circle One**

**Roasted Vegetable Sandwich Trade Out**

Freshly roasted bell peppers, squash, carrots and onions with a hummus spread on your choice of Sub Roll or Kaiser Roll with Lettuce and Tomato and packets of Mustard and Mayonnaise. Includes a bag of Chips, Fresh Whole Fruit, two Cookies, Soda or Bottled Water, a Mint, plastic knife and napkin.

**Ham Sandwich Trade Out**

Two ounces of Sliced Ham, Sliced Swiss Cheese on your choice of Sub Roll or Kaiser Roll, with Lettuce, Tomato, packets of Mustard and Mayonnaise. Includes a bag of Chips, Fresh Whole Fruit, two Cookies, Soda or Bottled Water, a Mint, plastic knife and napkin.

**Turkey Sandwich Trade Out**

Two ounces of Sliced Turkey, Sliced Swiss Cheese on your choice of Sub Roll or Kaiser Roll, with Lettuce, Tomato, packets of Mustard and Mayonnaise. Includes a bag of Chips, Fresh Whole Fruit, two Cookies, Soda or Bottled Water, a Mint, plastic knife and napkin.

**Peanut Butter and Jelly Sandwich Trade Out**

Peanut Butter and Jelly Sandwich served on Sliced Wheat Bread. Includes a bag of Chips, Fresh Whole Fruit, two Cookies, Soda or Bottled Water, a Mint, plastic knife and napkin.