

2021 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIPS

July 29th through August 1st, 2021

Wisconsin Swimming Sanction #WI2021-278S

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

GENERAL MEET INFORMATION

- Meet Host: Southwest Aquatic Team (SWAT)
- Location: Pleasant Prairie Rec Plex, 9900 Terwall Terrace, Pleasant Prairie, WI 53158
Entrance to the Aqua Arena for all participants is on the south side of the building (West Entrance)
- Meet Director: Brian Temke temke@yahoo.com
Meet Referee: Mike Mellock mikemellock@gmail.com
Admin Referee: Michael Harbert aquaymca@yahoo.com
Asst Admin Referees: Chadd Chatterton/Jacqueline Jugenheimer
Admin Official: Sarah Olson
Team Lead CJ: Andrew Olson arogop@tds.net
- Entry Chair: Brian Temke entrychair@swimswat.org
- Meet Website: www.swimswat.org (look for 2021 LCM 13+ State Meet link on the main page)
- General Meeting: The General Meeting will be held virtually on Wednesday July 28th, 2021 at 7:00 PM via Zoom. It will be recorded and posted on the host teams' website. Additional coaches' meetings may be held as determined by the Meet Referee. It is the responsibility and obligation of each team or unattached swimmer to be represented at all coaches' meetings. Coaches or other team representatives are responsible for all information presented at these meetings including changes to the meet format or conduct. Coaches should check their team mailboxes prior to each session and look for postings where they pick up heat sheets.
- Facility: The competition pool is a 10-Lane, 50-meter pool ranging from 7'0" - 7'1" in depth. Lanes are 7'4" wide with 6" Kiefer Wave Eater Lane Lines and Kiefer Elite Starting Platforms. CTS Backstroke Start Wedge system may be used. Colorado Timing System and Display will be used. The competition Course has been certified in accordance with USA Swimming Rules.
- Scratch Table: All scratches, including scratches for finals, will be done online. More information will be presented at the coaches meeting and on the Meet Landing Page.
- Parking: Free Parking is available at the following locations: 1) Auxiliary Lots across the street from the pool; 2) Lot on the Northeast side of Building; and 3) street parking in front of the facility.
- Deck Access: Deck access is restricted to participating athletes, coaches, working officials, volunteers and other meet personnel (marshals, timers, etc.) All athletes, coaches, working officials,

volunteers and other meet personnel will be issued a credential tag. This tag must be visible at all times when on the pool deck. Deck Pass is an acceptable proof of membership in USA Swimming to receive credentials.

Spectator Admission: **Update 7/1/21: Each athlete will be allowed one spectator in the balcony seating area. To avoid the transfer of cash, SWAT will add a \$20 admission surcharge to each athlete entered in the meet.** The full spectator policy is posted at www.swimswat.org. The meet will be live streamed via YouTube at www.swimswat.org

Concessions: Athletes can bring refreshments (liquids) but NO GLASS containers are allowed. There may be concessions available at the RecPlex Splash Bar on the east end of the facility.

Lost and Found: Please check the lost and found area near the entry desk and automatic sliding doors. Check in the Shark Room for valuable lost items. The facility and the meet host are not responsible for lost items. Items not picked-up by the end of the meet will be discarded or donated.

RULES AND PROCEDURES

Official Rules: Official Current USA Swimming and Wisconsin LSC rules shall prevail for this meet except as otherwise specified in this meet information. Swimming Athlete Members with their age as of the first day of the meet. Deck Pass is acceptable proof of USA Swimming membership – All Coaches and Officials are required to check in and prove that their USA Swimming Membership is in Good Standing.

Disability Swimmers: Please note any special requirements and/or requests for a swimmer with disability with your meet entry. All requests for swimmers with disabilities must be received before the start of the meet.

MAAPP Acknowledgement: All applicable adults participating or associated with the respective meet to which this information applies, acknowledge that they are an applicable adult, subject to the provisions of USA Swimming's MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS.

Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Further, those participants not proficient with a backstroke ledge may not use the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Protests: For consideration of all protests lodged at the meet, the Meet Referee may appoint a meet jury. The jury shall consist of not fewer than three (3) and not more than five (5) persons, at least one of whom shall be a coach and one an athlete.

Video and Photo: On-Deck image recording, videotaping, and photography are allowed during this competition by approved USA Swimming Member Coaches, Media, Webcasting staff and Host Photographer in their professional capacities. Those individuals MUST agree to and follow MAAPP policy and act in a manner consistent with Wisconsin Swimming Policy 27. To withhold consent, please complete the withdrawal of consent form located on the host team's website (copies of this form will also be available with Meet Management).

Conduct: Please follow the athlete and parent conduct guidelines below. Anyone not following these rules may be subject to removal from the meet and facility.

- Each team is responsible for the conduct of its swimmers and spectators.
- ***Teams are asked to pick up any garbage in their immediate team area after each session.***
- No coolers, chairs, blankets or large bags will be allowed in the spectator area.
- No chairs or sleeping bags are allowed in the hallways.
- Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, locker rooms or behind the blocks. No filming or picture taking under water is allowed.
- Deck Changing is prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No underwater video recording equipment is allowed at any time during the meet.
- No parents are allowed on deck at any time, except when serving as counters for distance events, timers, or other meet volunteers.
- No glass containers of any kind are allowed on deck or in locker room areas. Violators are subject to removal from meet and/or a meet disqualification.

COVID 19 Information: **COVID -19 RISK ACKNOWLEDGEMENT**

In applying for this sanction(ed event), the Pleasant Prairie Rec Plex and Southwest Aquatic Team agree to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Wisconsin Swimming, Inc., the State of Wisconsin and the Kenosha County Health Department

We have taken enhanced health and safety measures – for you, the other participants, and meet staff. You must follow all instructions while visiting RecPlex. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the RecPlex, you voluntarily assume all risks related to exposure to COVID-19.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND WISCONSIN LSC AND EACH OF THEIR OFFICERS,

DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP

ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

OFFICIALS INFORMATION

Officials Meetings: Officials Meetings and Timers Meetings will be held 30 minutes before the start time of each session.

Application to Officiate: Please check the Meet Landing Page for the application to officiate.

Officials Qualifying Meet: This meet will be an "Officials Qualifying Meet," for certification and recertification evaluations for N2 Administrative Official, Stroke and Turn and Chief Judge positions, as well as N3 Stroke and Turn certification. Officials interested in an evaluation should request an evaluation by sending a request to Jacky Jugenheimer at officialschair@wisconsinswimming.org. Requests will be honored based on availability.

Questions: Please contact the Team Lead CJ with questions or concerns about assignments and/or availability.

WARM-UP AND MEET SCHEDULE

Pre-Session Warm-Up: Warm up times and lanes for both prelims and finals will be assigned unless otherwise noted. Assignments will be posted on the meet landing page and communicated accordingly to the "lead" coach for each team.

Circle swimming only, entry into the water shall be feet first three-point entry for all competition, except in designated lanes and times. All entry to pools during open warm-up cool down periods must be from the start end. Teams should plan to do starts, sprint and pace work within their assigned warm-up time. No snorkels, kickboards or other training devices are allowed during warm-ups.

Swimmer(s) without a coach present are to report to the Meet Director prior to warm-ups for lane assignment.

In-Meet Warm-Up: Four 25y lanes will always be available in the waterpark area throughout the meet.

ENTRY INTO THE MEET

Swimmer Eligibility: All swimmers must be Current Wisconsin LSC registered athlete members of USA Swimming and in good standing. All individual swimmers entered in the meet shall be eligible to swim in the meet, having at least one verifiable qualifying time. Swimmers who cannot verify qualification for the meet with a proof of time will be withdrawn from the meet. Any swimmer who swims in the meet and is found ineligible will be disqualified from the meet, forfeit all awards and points achieved and their club fined \$200. There will be no deck entries or registration. The representative submitting entries shall be responsible for verifying that all swimmers satisfy these requirements.

- Qualifying Times: **QUALIFYING TIMES MUST BE ACHIEVED AFTER SEPTEMBER 1ST, 2018.** Qualifying time standards are included in this packet. Qualifying times will be accepted in Short Course Yards, Short Course Meters, or Long Course Meters.
- Seeding: Non-conforming times will be seeded after LCM times. The order used for seeding will be LCM-SCM-SCY. Bonus entries will be seeded after qualified swims in the same order.
- Disability Swimmers: Swimmer athletes can enter any event (up to the limit of the meet information) but they must have achieved a Wisconsin Swimming State Time Standard OR the Disability Para Motivational Championship Time Standards (P1, P2, P3). Both sets of time standards can be found on Wisconsin Swimming's website (www.wisconsinswimming.org) Although swimmers with disabilities can enter any event(s) the only events that will be scored and awarded in Para categories are noted on the event page.
- When entering an athlete with a disability to the designated Disability events or any other events, email the Entry Chair so they can be verified and seeded properly. If coaches have any questions regarding the Disability inclusion at the State Championship, please email Wisconsin Swimming's Disability Chair. Information can be found on the Wisconsin Website (www.wisconsinswimming.org). Meet Management may combine entries based on gender and/or age groups.
- USA Swimming defines a Disability as a permanent life affecting impairment/disability. This would include everything from a club foot through to children on the spectrum where it affects their reaction times, severe learning disabilities, etc and everything in between. The two key components are that it must be permanent (recovery from surgery, a bad sprain, etc is not acceptable) and it must affect their performance.*
- Age Groups: There will be two age groups: 13-14 and Open. The Open age group is open to swimmers of all ages. Swimmers under the age of 15, with Senior Qualifying times, wishing to compete in the Open age group must do so for all entered events and will be scored as part of the Open age group.
- Entry Limits: A swimmer may compete in not more than six (6) individual events total for the meet, excluding time trials events. A swimmer may compete in no more than three (3) individual events per day including time trial events.
- Bonus Events: Any swimmer who has entered with one qualifying time may enter two bonus events for which they do not have a qualifying time. Any swimmer entered with two qualifying times may enter one bonus event. A swimmer must be qualified, by time and age restrictions, in an age group to earn a bonus swim in that age group. Any swimmer with three or more entered qualifying times is not eligible for bonus events.
- Relay Events: All relay events will consist of only A relays. The 200- and 400-meter events will have two age divisions, 13-14 and Open. The 800-meter event will only offer Open.
- A team must have four individual qualifiers to enter a relay in Open relay events. A team must have three individual qualifiers to enter a relay in 13-14 relay events.
- Entry Fees: \$12.00 per individual event
\$20.00 per relay event
\$5.00 Wisconsin Swimming "Splash Fee"
\$10.00 Rec Plex Facility Fee
Added 7/1/21: \$20.00 Admission Fee

Submitting Entries: Submit entries via email using Hy-tek or Team Unify entry files. ***Entries are due by 8:00 PM CST on Tuesday, July 20th*** and must be emailed to entrychair@swimswat.org. USA Swimming SWIMS Verification will be used through a RECON to verify all entries into the meet. Entries received after the deadline will be accepted if space allows and upon remittance of a \$100 late fee. Confirmation of your entries will be sent. If you do not receive confirmation, please email the Entry Chair.

Contact entrychair@swimswat.org if you cannot submit an entry via Hy-Tek or Team Unify entry file. Manual entries will include a \$20 per swimmer admin fee.

Corrections after the preliminary psych sheet posting will be for administrative errors only.

When entering a disabled athlete into the meet, please be sure to include any needed documentation used to determine P1, P2 or P3 designated disability placement. If coaches have any questions regarding the Disability inclusion at the State Championship, please email Wisconsin Swimming's Disability Chair.

Payment: A non-refundable check for entry fees and surcharges must be received before the start of the meet. All payments must be made via cash or check. Credit cards will not be accepted. Checks should be made payable to SWAT.

Psych Sheet: A preliminary psych sheet will be posted to the meet landing page and LSC page no later than 6:00 PM on Friday, July 23rd. Any changes after the preliminary psych sheet posting will be for administrative errors only.

Proof of Time: Entry times will be compared against the SWIMS database. Any entry time that is not in SWIMS must be proven with printed results. You must provide all proof of times by **Tuesday, July 27th at 6:00 PM**, or these entries will not be seeded into the meet.

Reference POLICY 2.7.4 in the Wisconsin Policy manual for Rules and Procedures:

A swimmer, who does not swim equal to or faster than the meet qualifying time standard or is disqualified from an individual event, must prove his/her time, i.e., must provide documentation that he/she has swum at least as fast as the entry qualifying standard, or pay a fine in the amount of two hundred dollars (\$200). Non-Championship meets with qualifying times may establish other proof of time penalties or fines.

Acceptable proof of time includes the USA Swimming SWIMS database and printed or viewable Meet Final Results from any USA Swimming sanctioned, approved or observed meets, high school meets, YMCA closed competition, and NCAA closed competition. Acceptable proof of time identifies the swimmer by name, his/her time, and the meet name and the date on which the swimmer previously achieved the qualifying time. High school meets include any season ending meet (Conference, Sectional, State Championship).

The results of a Time Trial, conducted at or in conjunction with the meet for which the proof is required, is not acceptable.

A team with an unresolved proof of time must prove the time or pay the fine by the conclusion of the meet.

A team owing a proof of time penalty or an unattached swimmer owing a proof of time penalty may not enter an LSC sanctioned or approved meet until the proof of time fine is paid. The Meet Director shall inform the Sanction Coordinator about the team or unattached swimmer owing the outstanding fine and provide contact information. The Sanction Coordinator shall advise the team or the unattached swimmer regarding the fine and inability to participate in another sanctioned or approved meet.

CONDUCT OF THE MEET

- Format:** The meet will be a combination of prelim/final events and timed final events. Flyover starts will be used. Swimmers will report to a bullpen with multiple staging points before going behind the blocks for all prelim and final events. Any procedures requiring the use of masks will be based on facility and municipality restrictions at the time of the meet. These procedures will be clearly explained at the coaches meeting.
- Breaks:** Breaks may be inserted and removed at the discretion of the Meet Referee.
- Prelims:** Preliminary heats will be split into two groups, by team. Groupings will be announced when the psych sheet is posted. Group A will swim the early prelim session on Thursday and Saturday. Group B will swim the early prelim session on Friday and Sunday. All preliminary heats will be seeded by time and all age groups will swim together. A 10-minute buffer will be afforded between the end of the A prelim session and the start of warm-up for the B prelim session. Results will be displayed by age group.
- Timed Finals:** All relay events and any individual event 400 meters or longer will be a TIMED FINAL event. All other events will be prelim/final events. See below for qualifying requirements.
- Finals:** The top 20 of each gender for 13-14 events will advance to finals in prelim/final events.
The top 30 of each gender for Open events will advance to finals in prelim/final events.
Designated Disability Events will be completed in a separate heat, combined by classification and gender, but separated for scoring and awards. These events will take place between the female and male sections of the corresponding event.

SCRATCHING AND DOWNSEEDING

- Scratch from Prelims:** Swimmers may scratch from an event in which they are entered by submitting a scratch form. The "scratch box" will be online for this meet. Information about the online scratch box will be communicated to coaches and available on the meet landing page.
- Swimmers may scratch from an event in which they are entered by following the procedures set forth in the meet announcement.
- In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in accordance with above will be barred from all further individual and relay events of that day.

The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events.

No penalty shall apply for failure to withdraw or compete in the Prelims or Timed Finals heat of an individual or relay event if the swimmer or coach notifies the Administrative Referee or the Deck Referee prior to the swimmer's assigned heat of a Declared False Start.

Scratch Deadlines:	Thursday Events	30 minutes after the coaches meeting on Wednesday
	Friday Events	Thursday by 6:00 PM
	Saturday Events	Friday by 6:00 PM
	Sunday Events	Saturday by 6:00 PM

Down-Seeding: Down-seeding will only be allowed for Individual and Relay Timed Final events. Down-seeding must be declared by the scratch deadline for that event. Down-seeding procedures will be announced at the general meeting.

Declared False Starts: A DFS can be made by the coach or swimmer to the Administrative Referee or Deck Referee at any time prior to the start of a heat in which the swimmer is seeded, in an event for which they have checked in or failed to scratch, during the preliminary sessions. During warm-ups (prior to the start of the session), the DFS is given to the Administrative Referee in the glass office. After the start of the session, the DFS is given to the Deck Referee.

A DFS may be made in a Timed Finals event and for swimmers in the fastest heat swimming with Finals in a Timed Finals event. No explanation for the DFS is required, and all requests shall be granted. A DFS is a disqualification for the swimmer and counts towards the total allowed events per day and per meet.

DFS is not allowed in Finals. If a swimmer fails to compete in finals (except due to injury, illness or circumstances beyond the control of the swimmer, as determined by the Meet Referee), it is a failure to compete and the swimmer is barred from the remainder of the meet.

Relays: All relay events will consist of only A relays. The 200- and 400-meter events will have two age divisions, 13-14 and Open. The 800-meter event will only offer Open.

A team must have four individual qualifiers to enter a relay in Open relay events. A team must have three individual qualifiers to enter a relay in 13-14 relay events.

A relay team member failing to appear ready to swim for the relay event shall be barred from the next individual event in which the swimmer is entered, on that day or the next meet day, whichever is first. The relay team members who do appear ready to swim shall not be penalized for failure of the other team members to appear.

Scratching Timed Finals Events in Finals: Scratches from heats competed during Finals shall be made directly with the Administrative Referee.

NOTE: Do not use the online scratch process to scratch from timed finals heats competed during Finals.

A Declared False Start is allowed for all heats of Timed Finals events, including heats swum in preliminary session and fastest heats swum with Finals.

Scratch from Finals: After the preliminary heats from both preliminary sessions have swum, results will be announced. After announcing is complete swimmers will have thirty (30) minutes to scratch or declare their intentions to scratch. Once events close there is no scratching from finals.

Failure to Compete: Any swimmer qualifying for a Finals race in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet. Disqualification under this section shall apply only to swimmers qualifying based on the original preliminary results. However, if a swimmer or coach is notified that the swimmer has scratched into a Finals race in an individual event, accepts the position, and then fails to compete, the swimmer shall be barred from further competition for the remainder of the meet.

In the event of withdrawal or barring of a swimmer from competition, the Meet Referee shall fill the Consolation Final or Championship Final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the Final qualifiers. These alternates shall not be penalized if not available to compete in Finals.

When Consolation Finals have not yet been swum and a barring or withdrawal is known to the Meet Referee, the Meet Referee shall reseed the Consolation Final and Championship Final, if necessary, by inserting the alternate(s) in the appropriate lane(s), filling all lanes in the Championship Final race. If a Consolation Final has been contested, the companion Final shall be swum without reseeding for empty lanes.

Finals Check-in procedure will be discussed at the coaches meeting.

No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Meet Referee is notified in the event of illness or injury and accepts the proof thereof.
2. Bonus, Consolation, or Championship Final based upon the results of the preliminaries notifies the referee within thirty (30) minutes after the announcement of the qualifiers for that race that they will not compete.
3. A swimmer qualifying for a Bonus, Consolation, or Championship Final race based upon the results of the preliminaries notifies the Administrative Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
4. It is determined by the Meet Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

AWARDS AND SCORING

- Awards:**
- Individual Events: Medals for 1st to 10th Place. Ribbons for 11th to 20th Place
 - Designated Disability Events: Medals for 1st to 3rd place in each category.
 - Relays: Medals for 1st to 3rd Place. Ribbons for 4th to 10th Place.
 - Individual High Point: 1st to 3rd Place for each gender and age group.
 - Team Champions: The LSC will provide an award for the overall 1st place team in each of the three divisions. 2nd and 3rd place team finishers will have an opportunity to purchase awards if they wish.
 - State Champion T-Shirts: TBD pending availability
- Award Presentations:** Please refer to the order of events for award presentation times. Awards will be presented on the starting blocks on the lake end of the pool.
- Scoring:**
- 20 Place Scoring will be used for all events. Relays will score double.
 - Individual Events: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
 - Relay Events: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2
- Results:**
- Live Results will be available on Meet Mobile if technology allows. Live results with scratches will be available via Google Sheets. A link to live results will be posted on the meet landing page.
 - Results will be posted on the Meet Landing Page and LSC website. Hard copies of results will be posted in the hallway between the Aqua Arena and the Rec Plex Gymnasium.

ORDER OF EVENTS

NOTES

- # - 800 and 1,500 Free will have the top 10 OVERALL swim in finals. All others will swim in prelims fast to slow.
 % - 400 Free and 400 IM will have top 10 in each age group (13-14 and Open) swim in finals. All others will swim in prelims slow to fast.
 \$ - Disability Events (separate finals heat will take place between the women's and men's finals)
 ALL relays will be swum to completion in prelim session(s). Awards given at the start of the finals session.

Breaks may be added/removed to prelim session(s) at the discretion of the Meet Referee and will be communicated accordingly.

THURSDAY HEATS

1	13-14 200 MEDLEY RELAY	2
3	OPEN 200 MEDLEY RELAY	4
BREAK		
5	200 IM	6
7	50 FREE - \$	8
9	200 FLY	10
BREAK		
11	800 FREE - #	XXX
XXX	1,500 FREE - #	14

SATURDAY HEATS

27	13-14 200 FREE RELAY	28
29	OPEN 200 FREE RELAY	30
BREAK		
31	400 FREE - % \$	32
BREAK		
33	200 BACK	34
BREAK		
35	OPEN 800 FREE RELAY	36

THURSDAY FINALS

AWARDS/ANTHEM 15 MINS BEFORE
200 MEDLEY RELAY AWARDS

5	200 IM	6
BREAK - 200 IM AWARDS		
7	50 FREE - \$	8
BREAK - 50 FREE AWARDS		
9	200 FLY	10
BREAK - 200 FLY AWARDS		
11	800 FREE	XXX
XXX	1500 FREE	14

800/1500 AWARDS ON FRIDAY

SATURDAY FINALS

AWARDS/ANTHEM 20 MINS BEFORE
100 BREAST AWARDS

200 FREE RELAY AWARDS		
800 FREE RELAY AWARDS		
31	400 FREE - % \$	32
BREAK - 400 FREE AWARDS		
33	200 BACK	34

200 BACK AWARDS ON SUNDAY

FRIDAY HEATS

15	13-14 400 FREE RELAY	16
17	OPEN 400 FREE RELAY	18
BREAK		
19	200 FREE	20
21	400 IM - %	22
23	100 FLY - \$	24
25	100 BREAST	26

SUNDAY HEATS

37	13-14 400 MEDLEY RELAY	38
39	OPEN 400 MEDLEY RELAY	40
BREAK		
41	100 FREE	42
43	200 BREAST	44
45	100 BACK - \$	46
BREAK		
XXX	800 FREE - #	12
13	1,500 FREE - #	XXX

FRIDAY FINALS

AWARDS/ANTHEM 15 MINS BEFORE
800/1500 AWARDS
400 FREE RELAY AWARDS

19	200 FREE	20
BREAK - 200 FREE AWARDS		
21	400 IM - %	22
BREAK - 400 IM AWARDS		
23	100 FLY - \$	24
BREAK - 100 FLY AWARDS		
25	100 BREAST	26

100 BREAST AWARDS ON SATURDAY

SUNDAY FINALS

AWARDS/ANTHEM 15 MINS BEFORE
200 BACK AWARDS
400 MEDLEY RELAY AWARDS

41	100 FREE	42
BREAK - 100 FREE AWARDS		
43	200 BREAST	44
BREAK - 200 BREAST AWARDS		
45	100 BACK - \$	46
BREAK - 100 BACK AWARDS		
XXX	800 FREE - #	12
13	1,500 FREE - #	XXX

800/1500 FREE AWARDS

TEAM AWARDS

2021 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIPS

July 30-31, 2021 (Friday and Saturday Only)
Wisconsin Swimming Sanction #WI2021-266TT

TIME TRIAL SCHEDULE

Time trials may be offered Friday, July 30th and Saturday, July 31st and Sunday at the conclusion of the B prelim session at the discretion of Meet Management. Meet Management has the right to limit the length of time trials to 60 minutes.

EVENTS OFFERED

All events offered at the 2021 LCM state meets will be offered on both days of time trials.

The order of events in time trials will be determined by Meet Management. Meet Management reserves the right to combine any stroke, distance, gender, or age group in order to expedite the event.

If an athlete signs up for multiple time trial events, there is NO GUARANTEE there will be "rest time" between the events.

REGISTRATION

Registration for Time Trials will be done completely online. A link to registration will be posted on the Host Club homepage (www.swimswat.org) and posted throughout the pool area.

The entry fee for time trials is \$20 per event.

Swimmers MUST be registered in the meet to participate in Time Trials per current Wisconsin Swimming rules and guidelines. Deck registration into the meet WILL NOT be allowed.

PROCEDURE

The competition pool will be available for at least 15 minutes of warm-up time at the conclusion of the afternoon session. Athletes are encouraged to use a lane in the waterpark pool if more warm-up time is needed.

There will be a general meeting held on the pool deck after the warm-up session. All athletes and timers are required to attend the meeting.

SWAT will provide officials, a timing system operator, meet management, and stopwatches.

The athlete must provide TWO (2) timers and a lap counter (if applicable).

ENTRY LIMITS

Swimmers may not enter more than SIX (6) events per day including time trials, per USA Swimming 102.2.3 and 102.27. Swimmers may enter unlimited time trial events as long as the daily limit of six (6) total events is not exceeded.

Time trial events DO NOT count as an event for the State Meet. The State Meet and State Meet Time Trial are two separate events.

WAIVER AND ENTRY SUMMARY FORM

2021 WISCONSIN 13 & OVER LONG COURSE STATE CHAMPIONSHIPS

July 29th through August 1st, 2021

Wisconsin Swimming Sanction #WI2021-278S

Please mail waiver and payment to: Brian Temke, 5010 S 37th St, Greenfield, WI 53221

In consideration of the acceptance of this entry, I/we hereby for myself, ourselves, my/our heirs, administrators, and assigns, waive and release any and all claims against USA Swimming, Wisconsin Swimming, Inc., the Village of Pleasant Prairie, the Pleasant Prairie Rec Plex, and the Southwest Aquatic Team, their staff and volunteers for injuries and expenses incurred by me/us at the meet or while on the road to and from the meet. I/we are bonifide amateur athletes and eligible to compete in all events I/we have entered.

I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes at the meet. All athletes entered are current members of USA/Wisconsin Swimming, Inc.

Club Name: _____ Abbreviation: _____

Entry Chair Name: _____

Entry Chair Phone and E-Mail: _____

Head/Lead Coach Name: _____

Head/Lead Coach Phone and E-Mail: _____

Coaches Attending (please list all...required for deck access)

Signature of Team Representative: _____ Title: _____

Entry Fee Summary

Total Individual Events: _____ x \$12.00 \$ _____

Total Relay Events: _____ x \$20.00 + \$ _____

Total Athletes in Meet: _____ x \$15.00 (\$5 LSC Fee, \$10 Rec Plex Fee) + \$ _____

Total Athletes in Meet: _____ x \$20.00 (admission fee) + \$ _____

TOTAL DUE = \$ _____