



2022 LONG COURSE (SPRING/SUMMER) REGISTRATION INFORMATION

Mission/Philosophy

The SWAT mission statement is, “Empowering swimmers of all ages and abilities to become the best they can be in the sport of competitive swimming.” Our club prides itself on providing a place for ALL swimmers, from those just starting to elite-level athletes. Swimming is a unique sport in that you get out of it what you put into it. Our coaches pride themselves on the results that come from hard work and dedication to the sport.

Group Placement/Tryouts

Returning swimmers have been assigned to a group for the upcoming season by the coaching staff. The list of groups is located on the Practice Schedule tab of the SWAT website.

If you are new to SWAT, plan to attend a brief evaluation. We will be offering three evaluations:

Monday 3/14/22 at Whitnall HS 6:30 PM
Wednesday 3/16/22 at Greenfield HS 6:00 PM
Friday 3/18/22 at Muskego HS at 5:00 PM

To sign up for an evaluation, please visit:

https://docs.google.com/forms/d/e/1FAIpQLSeafBFNw5jDn8UOJPYR2KgOr-lcMcoN1r4yKddGXAuLZDIQow/viewform?_ga=2.247029380.1455763240.1642463291-204317382.1628791539

If you cannot attend these options, please contact the Operations Manager to set up another time.

Registration

All registration is completed through the SWAT website (swimswat.org). The Long Course season consists of a spring (March 28th through May 29th) and summer (May 30th through July) session. Registration will open on Monday, February 14th. Any returning swimmer not registered by March 29th may have a \$25 late fee assessed to their Team Unify account.

All payments must be made on the team website with a credit card. A credit card must be kept on file to cover recurring costs such as meet entry fees.

The spring session is nine weeks long. The summer session is seven weeks long, longer if your swimmer(s) qualify for state, zone, or end of season travel meets.

If you are only registering for one session, full payment is due at the time of registration. If you are registering for both the spring and summer sessions, you will have the option to pay in full, or break the fee into three payments. These payments will be automatically charged to your account on the day you register, May 1st, and June 1st. **Note:** Registering for both sessions and paying in full offers the best value!

Fees

All fees are non-refundable. SWAT does not offer cash or credit card refunds of any type.

If a swimmer is injured and misses over three weeks of training time, SWAT will offer a credit toward the next session the swimmer participates in. An excuse from a doctor must be presented to the Operations Manager to be eligible for any credit. SWAT also offers credit for time missed due to COVID-19. If your swimmer becomes ill or is quarantined by their school, please contact the Operations Manager with a copy of what you received from the school and/or health department for an appropriate credit.

Fees will not be prorated unless you are a new swimmer to the program. Returning swimmers who choose to register late will be charged the full session fee.

In addition to training fees, each swimmer must be a registered member of USA Swimming. USA Swimming provides liability insurance for all registered members, among other things. The current annual fee is \$78.00. Only swimmers that did not participate during the 2021-22 short course season will be charged the USA Swimming fee.

When your swimmer chooses to participate in meets, there are also fees associated with that. These **ARE NOT** part of the regular training fees. More information about meet fees is on the SWAT website.

2022 Long Course Season Fees

GROUP	SPRING & SUMMER (paid in full)	SPRING & SUMMER (3 payment plan)	SPRING ONLY (9 weeks)	SUMMER ONLY (7 weeks)
Senior National	N/A	N/A	\$675	N/A
Senior Blue	\$1,200	\$415	\$640	\$640
Senior Red	\$825	\$290	\$445	\$445
Senior White	\$625	\$220	\$340	\$340
Age Group Blue	\$875	\$310	\$470	\$470
Age Group Red	\$725	\$260	\$390	\$390
Age Group White	\$425	\$150	\$230	\$230
8 & Under Blue	\$425	\$150	\$230	\$230
8 & Under Red	\$275	\$95	\$150	\$150

Fundraising

All SWAT fundraising is optional. We currently offer a 50/50 split with families who choose to participate in fundraisers. SWAT keeps 50% of the profit and the family receives the other 50% to use as a credit toward training fees the next season.

Any fundraising credit earned during the spring/summer (Long Course) season will be applied to the upcoming fall/winter (Short Course) training fees.

SWAT historically holds a flower sale in April/May, a Kringle sale in November, and participates in the SCRIP program year-round.

Please contact our fundraising coordinator if you have additional questions about fundraising.

Volunteering

Hosting meets is a vital source of revenue for SWAT. It is one of the major factors keeping our training fees as low as possible. We are well-known in the Wisconsin swimming community for hosting some of the best meets in the state and were asked to host the 2021 Summer 13 and Over State Meet when there were no volunteer clubs to host.

We ask all SWAT families to help at our meets, even if your swimmer is not swimming in that specific meet. Most meets will require each family to help 1-2 times. There are many different opportunities to volunteer at meets, and 2 or more family members can help at the same session if they wish.

If you do not complete the required number of sessions, you will be charged \$100 for each session your family was short. If you sign up and “no show” for a volunteer shift, your account will be charged \$150 for each “no show” session.

A complete list of this season’s meets and expectations is listed below:

SPRING SESSION

Spring Fling at Greenfield HS: April 29-30 (1 session required)

SUMMER SESSION

SWAT Summer Grand Prix at Rec Plex: June 17-19 (2 sessions required)

Wisconsin Swimming Regional Meet at Rec Plex: July 15-17 (2 sessions required)

Practice Schedule / Info

SWAT uses many local high schools to conduct practices. We are currently planning to practice at Franklin, Greenfield, Muskego, New Berlin Eisenhower, New Berlin West, West Allis Central, and Whitnall. We also hope to once again use the outdoor 50m pool at Wilson Park.

The coaches and staff do their best to keep practice schedules as consistent as possible, but in many cases we are third in line behind schools and recreation programming for usage.

The practice schedule is always posted and updated in real time on the SWAT website. Due to Safe Sport restrictions, you must be logged in to view the practice schedule. Our coaching staff encourages swimmers to attend every practice offered, but practice is not mandatory. Practice requirements may be put in place for top-level swimmers. Those requirements will be communicated with all members of those groups before the start of the season. The following is a rough suggestion of how many practices swimmers from each group should attend:

8u Red: 2-3 (3 practices offered per week)

8u Blue and AG White: 2-4 (4 practices offered per week)

AG Red: 3-4 (4-5 practices offered per week)

AG Blue: 4-6 (5-6 practices offered per week)

SR Red: 4-5 (4-5 practices offered per week)

SR Blue: 5-6 (5-6 practices offered per week)

SR National: Only available at the invitation of the Competitive Program Director

There are occasions where pools become unavailable or weather causes a practice to be cancelled. These changes and cancellations will be communicated via e-mail and text message. Please make sure your e-mail address and cell phone numbers are updated and current in Team Unify.

Practice Equipment

Swimmers are expected to bring their own training equipment to practice. Most pools do not have equipment available for our swimmers to use. Please check out the SWAT website for a list of what items your swimmer should bring. Each group has slightly different requirements, so please double check the list if your swimmer is “moving up” to a new group.

Swimmers may wear any style or color of suits and swim caps during practice. We do not require it, but we suggest swimmers wear SWAT swim caps during practice.

A3 Performance is a team sponsor and the preferred vendor for purchasing training equipment. Check out the “Team Gear” tab on the SWAT website for more information.

Team Gear/Meet Apparel

SWAT swimmers should wear a solid black suit and red SWAT cap at all meets. Black suits with the SWAT logo printed on it are available to purchase from the SWAT website.

If your athlete is going to wear a championship (“tech”) suit, we highly suggest purchasing a black suit, but we also understand that not all styles of championship suits come in black. All swimmers should consult with their coach before purchasing a championship meet suit. These should only be worn at meets the coaches designate, and there are new restrictions in place for swimmers age 12 and under wearing “tech” suits.

Once again, A3 performance is a team sponsor and our preferred vendor. They even offer discounts if you purchase your suits through them!

Important Dates

March 14th: Flower Sale Order Forms Available

March 28th: First Day of Practice for ALL GROUPS!

April 10: Swim Cap and Team Gear Order Due

April 15: Flower Sale Order Forms Due

April 29-30: Spring Fling at Greenfield HS

May 21: Flower Pick Up

May 29: End of Spring Session

May 30th: Start of Summer Session

June 17-19: SWAT Summer Grand Prix at Rec Plex

July 15-17: Regional Meet at Rec Plex

July 22-24: 12 and Under State Meet (at WSAC)

July 28-31: 13 and Over State Meet (at WSAC)

August 4-7: 14u Zone Meet (qualifiers only...in MPLS)