



The practice schedule can be viewed on the SWAT website. You **MUST BE LOGGED IN** to the website to see the schedule. We do not post the schedule publicly to comply with Safe Sport regulations.

If a black menu bar pops up on the left side of the screen when you log in, choose "View Team Website" from the very bottom left of the screen, then look under "Swim Team" near the top of the page to find the "Practice Schedule" option.

If that black menu bar does not appear, you should be able to go right to "Swim Team," then "Practice Schedule."